

# FNA Cytology of Metastatic Malignancies of Unknown Primary Site

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# Pathologic Diagnosis of Metastasis

- Smaller specimens, less invasive techniques
- FNA cytology is highly accurate
- Determine primary site
  - No previous history of malignancy
  - Prior pathology not available
  - Unpredictable pattern of metastasis
- Accurate Dx → modify patient management

# Metastatic Malignancies of Unknown Primary Site (MUP)

- 8<sup>th</sup> most common malignancy
- 5-10% of all non-cutaneous malignancies
- Up to 15% of new referrals to hospital based oncology centers
- Standard panel of multi-agent chemotherapy
- Poor prognosis. Median survival  $\approx$  4-12 mo.

# Metastases of Unknown Primary Site

*Definition:* Bx confirmed. 1° site not found after rigorous, but limited initial clinical and radiographic evaluation

– careful Hx, physical exam, lab, x-rays, etc..

# Is Workup of MUP Necessary?

- Optimal management may be organ-specific, and rely on accurate determination of primary site
- Inability to ID a primary → major clinical challenge
  - Patient anxiety:
    - ? Inadequate evaluation by physician
    - ? Prognosis improved if primary is found

# Cost Effectiveness of Pathologic Workup

- Extensive radiological exams & serum tumor markers – often unsuccessful in finding 1<sup>o</sup> site
- Pathologic evaluation (including extended IHC panel) is more cost effective than clinical workup

	<i>Cost per patient</i>	<i>Success rate</i>	<i>Theoretical cost-effectiveness ratio</i>
<b>Clinical tests alone</b>	\$ 18,000 *	20 %	\$ 250,000
<b>IHC panel**</b>	\$ 2,000	70 %	\$ 2,900

\* *excluding physician charges*

\*\* *panel of 6 tests*

*Wick et al 1999*

# Cost Effectiveness of Pathologic Workup <sub>2</sub>

- Overutilization occurs in individual cases or by individual pathologists
  - Too many Ab's in 30% of cases
  - Unnecessary IHC in 10% of cases

# FNA Diagnosis of MUP

## *A Clinico-pathologic approach*

1. Cytomorphologic features
2. Ancillary studies: IHC
3. Clinical patterns of metastases

# FNA Diagnosis of MUP <sup>2</sup>

## *A Clinico-pathologic approach*

### 1. Cytomorphologic features

- *Histologic types* (specific cell lineage): adenoca, squamous ca, melanoma, etc.
- *Morphologic patterns* (non specific cell lineage): small cell, large cell, oncocytic, spindle, etc.

### 2. Ancillary studies: IHC

### 3. Clinical patterns of metastases

# CYTOMORPHOLOGIC PATTERNS OF MUP

## Specific Cell Lineage

Squamous CA

Adenocarcinoma

Sarcoma

Lymphoma

Melanoma

## Cell Pattern / Type

Small Cell

Oncocytic/Granular

Clear Cell

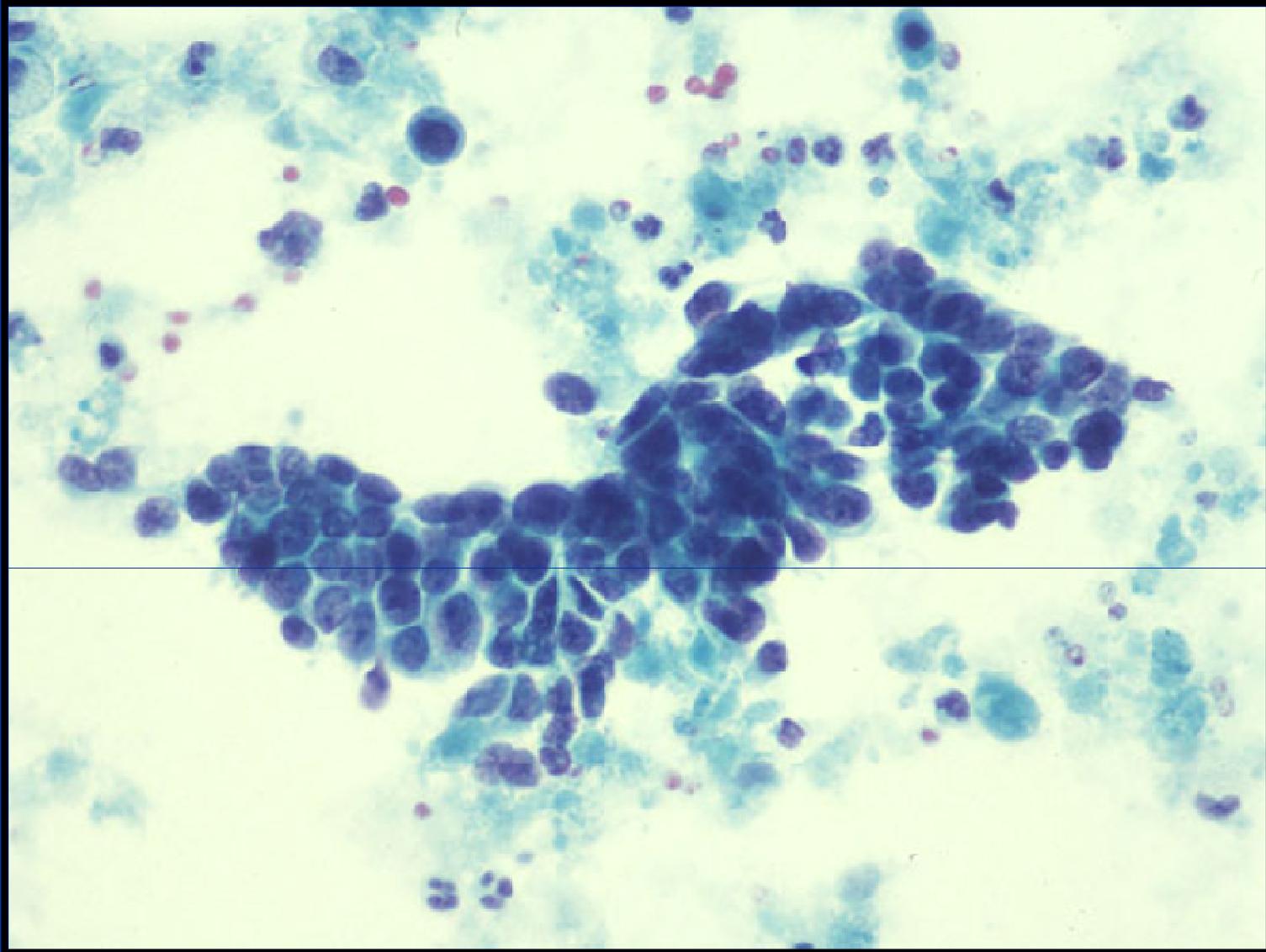
Pleomorphic/Giant Cell

Spindle cell

Polygonal, Large Cell

# Case 1

- CT guided FNA biopsy of a kidney mass in a 68 year old woman.



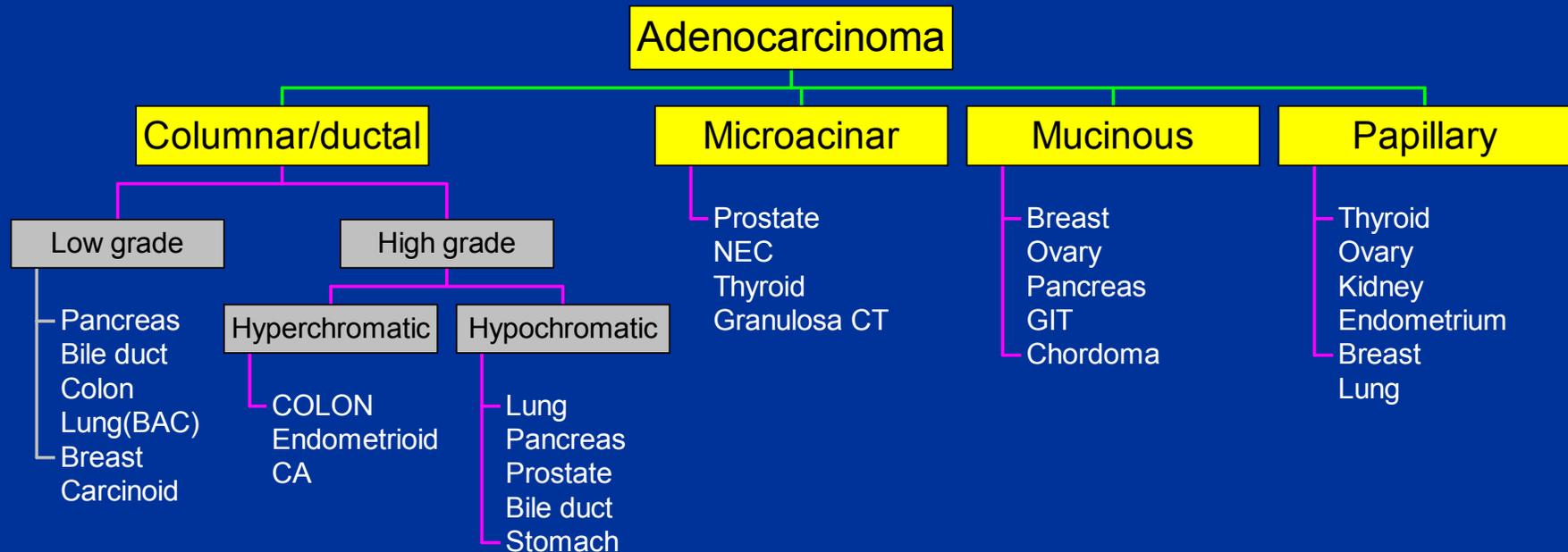
**Diagnosis:** Metastatic adenocarcinoma.

A lung primary was subsequently found

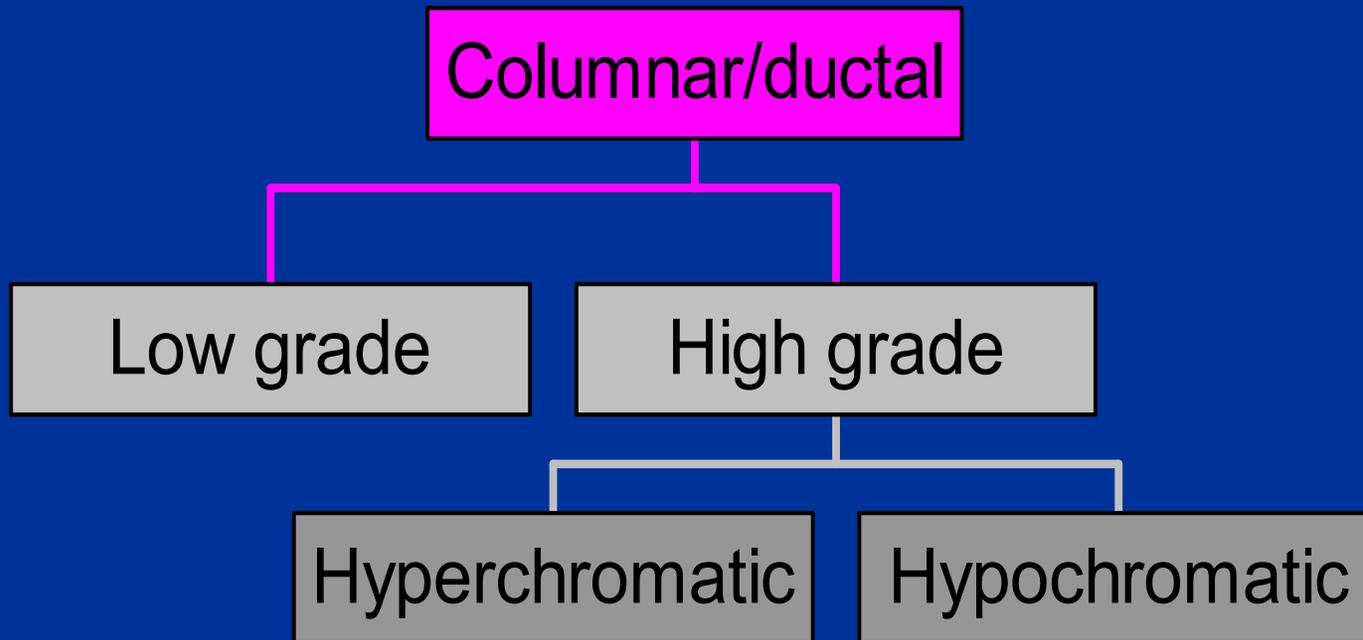
# Adenocarcinoma

- Most common MUP (60%)
- W-M differentiated adenocarcinoma → median survival  $\approx$  3-6 months
- Lung & pancreas: most common (40%)
  - GI tract
  - Liver
- Nonspecific diagnosis → 1° vs. MET

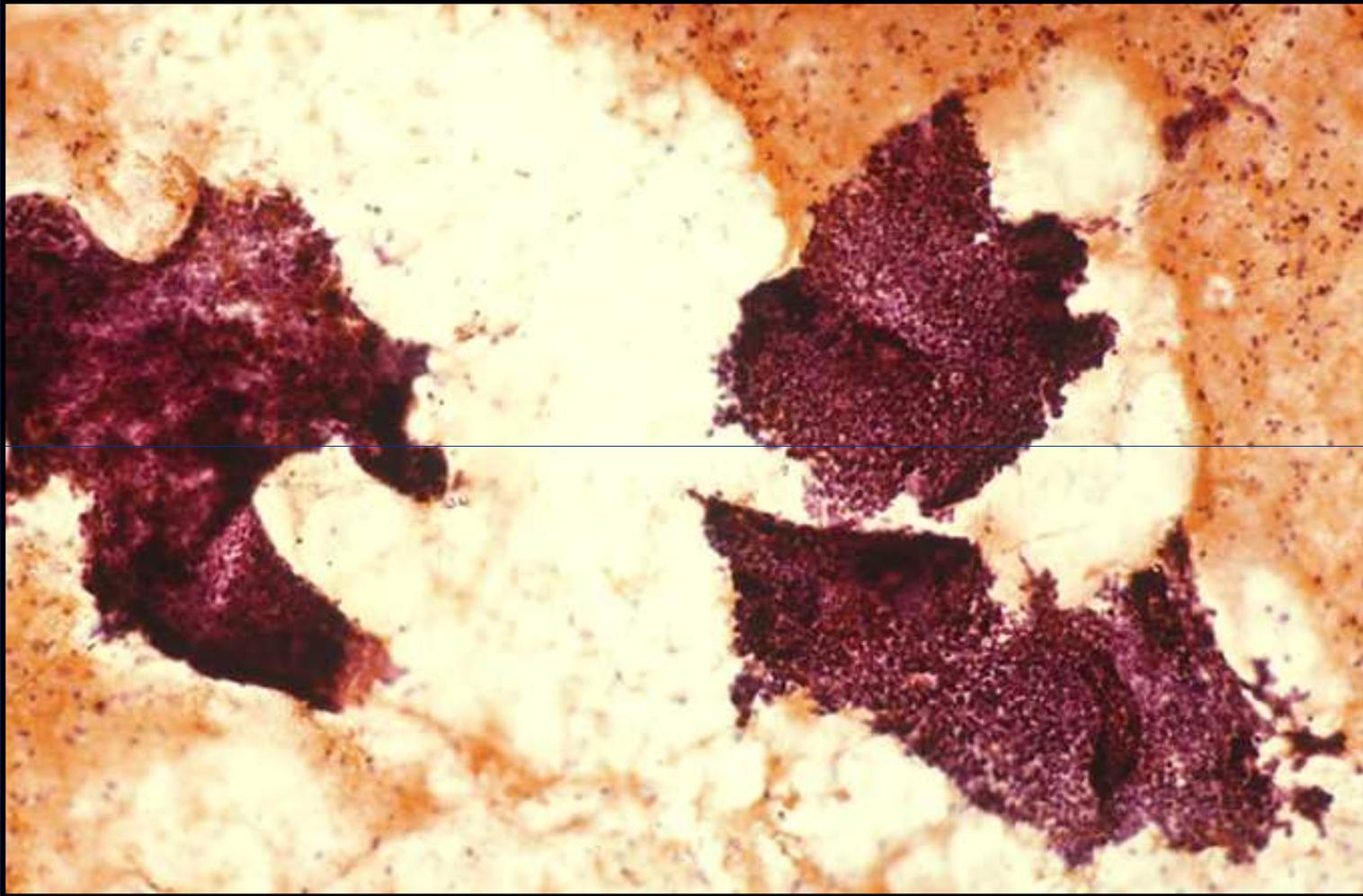
# Morphologic Patterns of Differentiated Adenocarcinoma (W-M)



# Adenocarcinoma

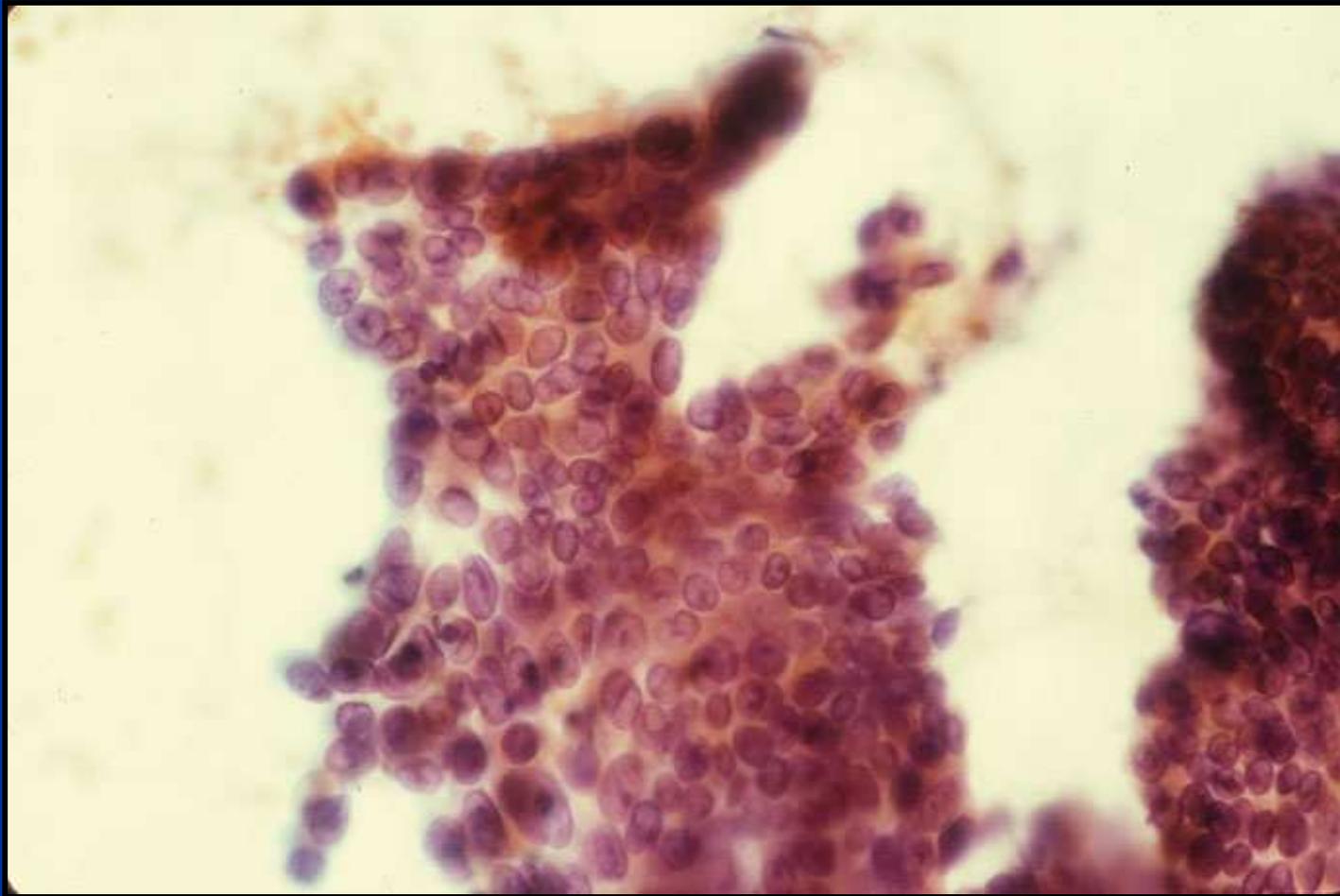


# Adenocarcinoma: Low Grade Columnar/ductal



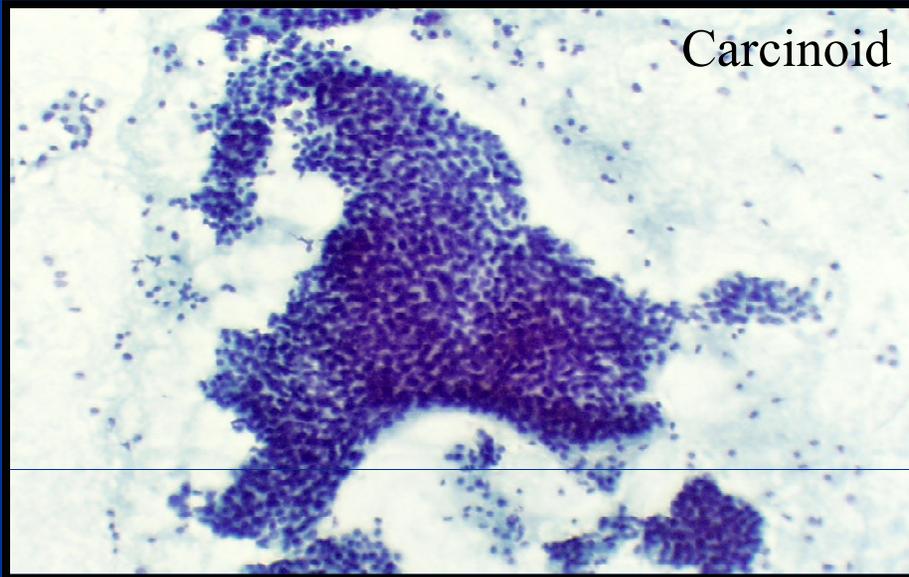
- Cohesive clusters and geographic flat sheets

## Low Grade Columnar/Ductal

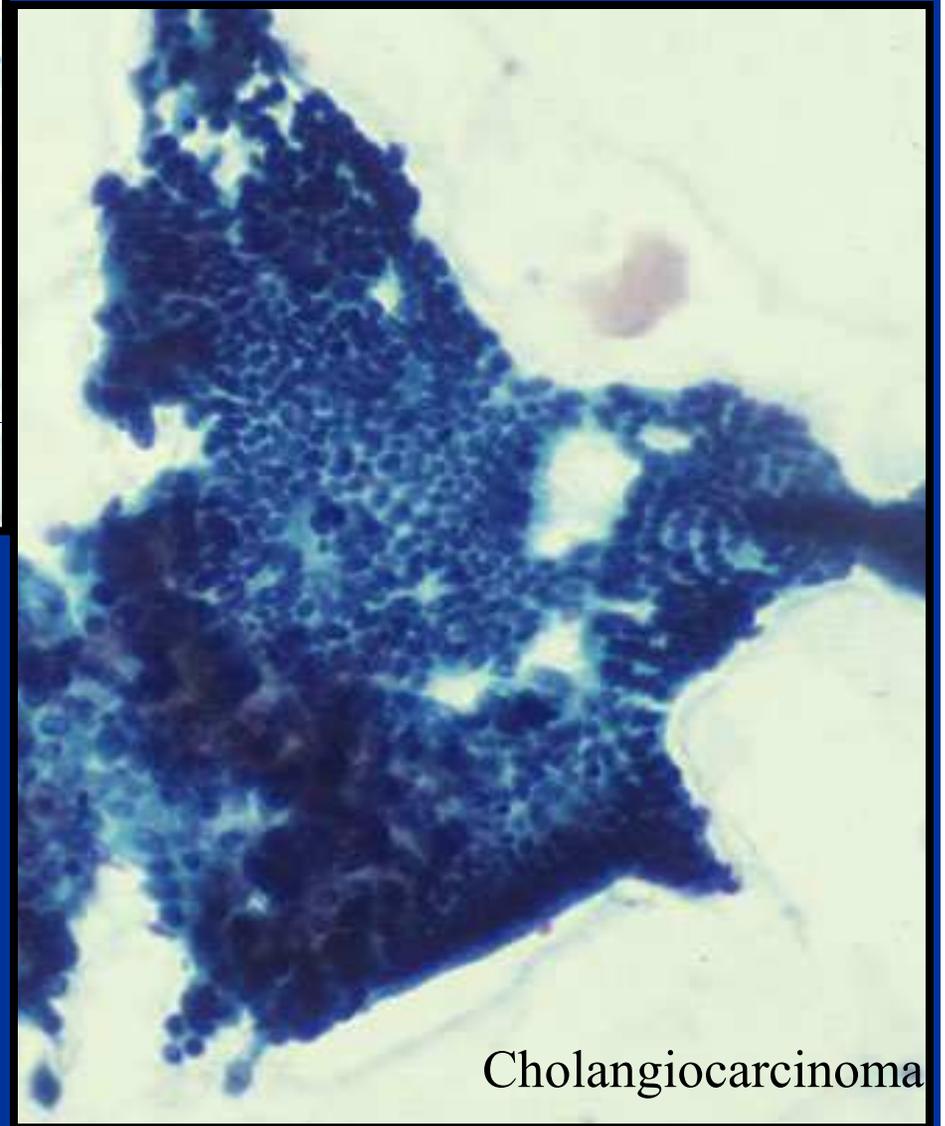


- Uniform cell population with bland appearance
- Low N/C ratio, finely granular chromatin, small nucleoli
- Round to elongated nuclei, luminal borders

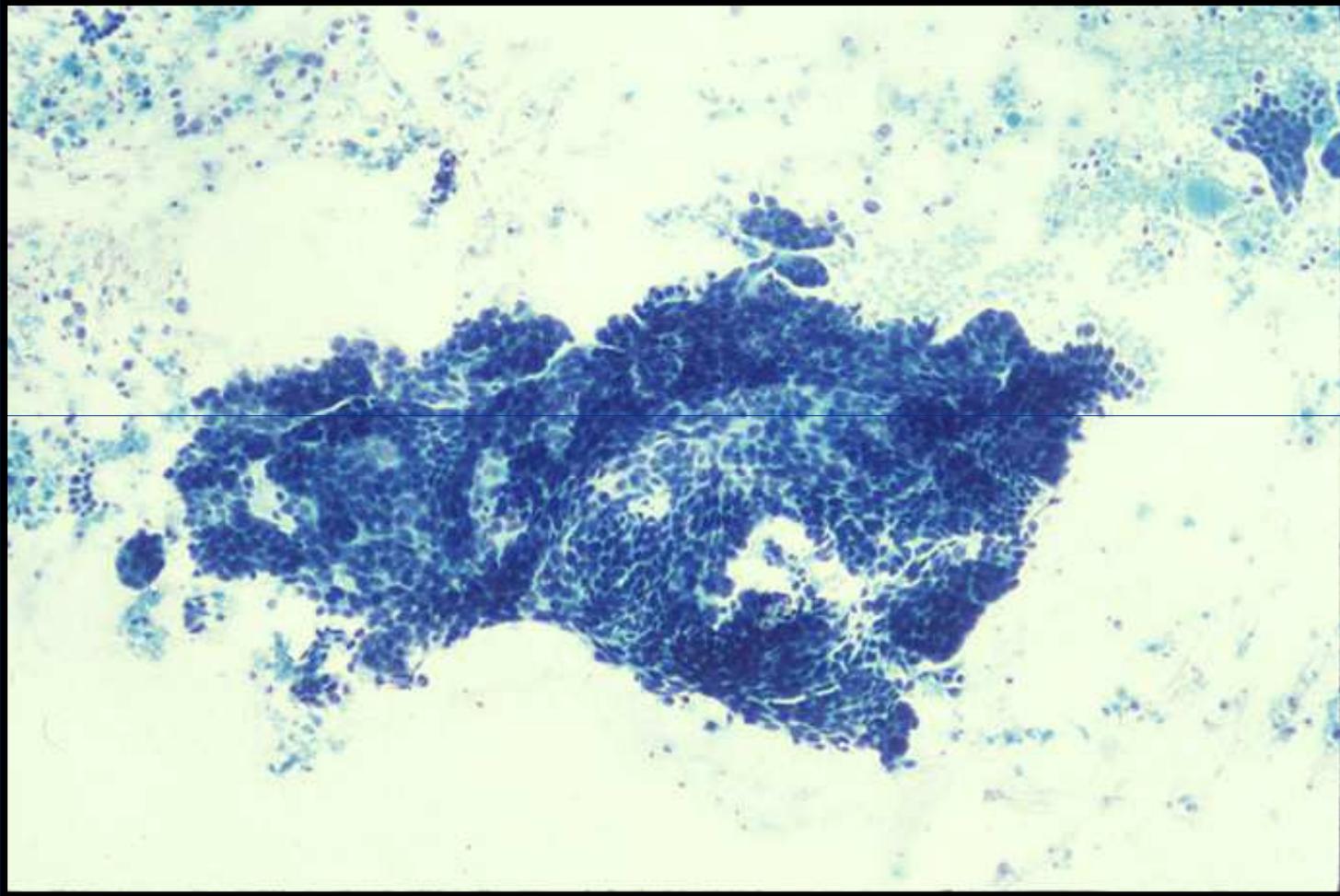
# Low Grade Columnar/Ductal Adenocarcinoma



- Pancreas
- Breast
- Bile duct
- Lung (BAC)
- Colon
- Carcinoid

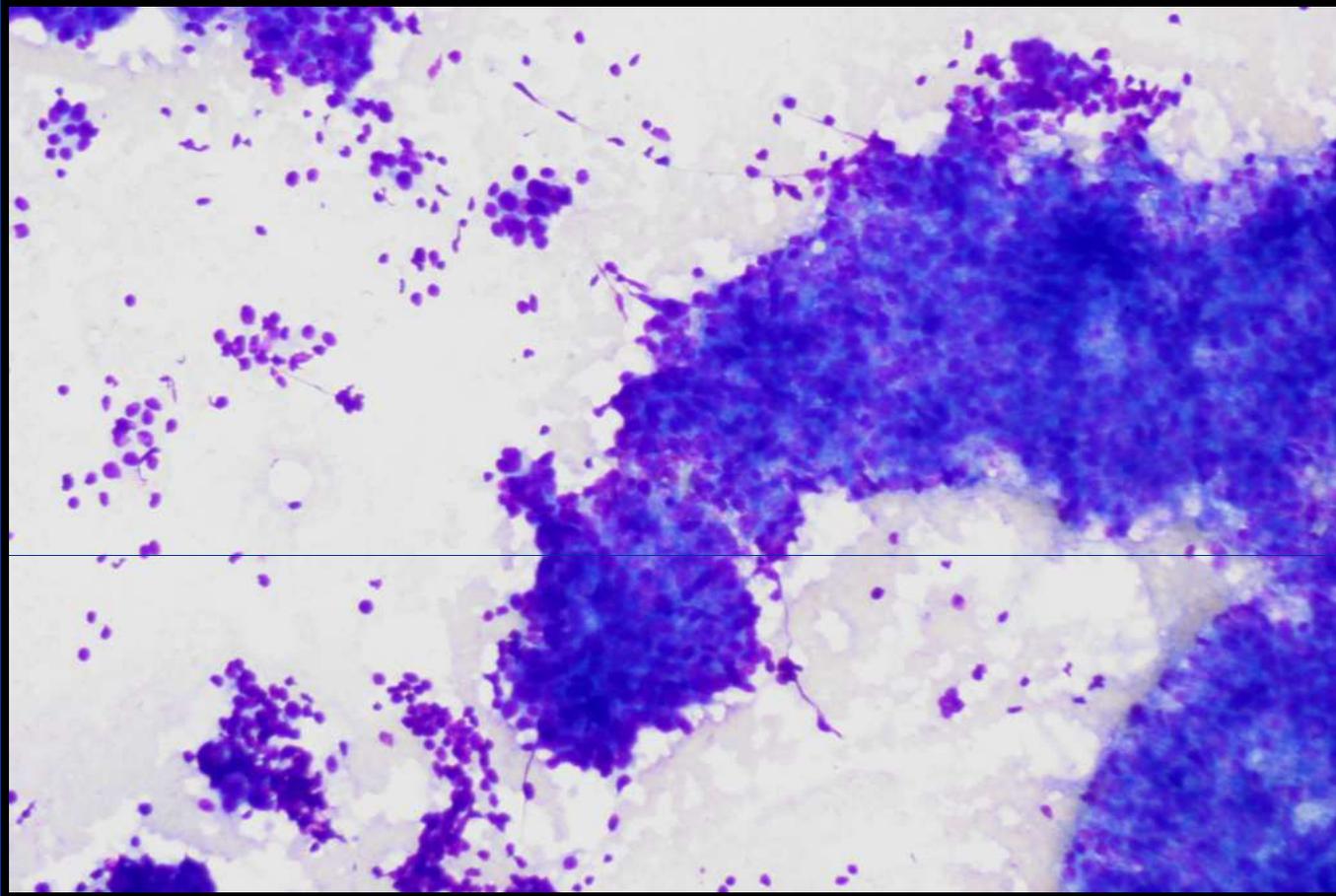


# High Grade Columnar/Ductal Adenocarcinoma



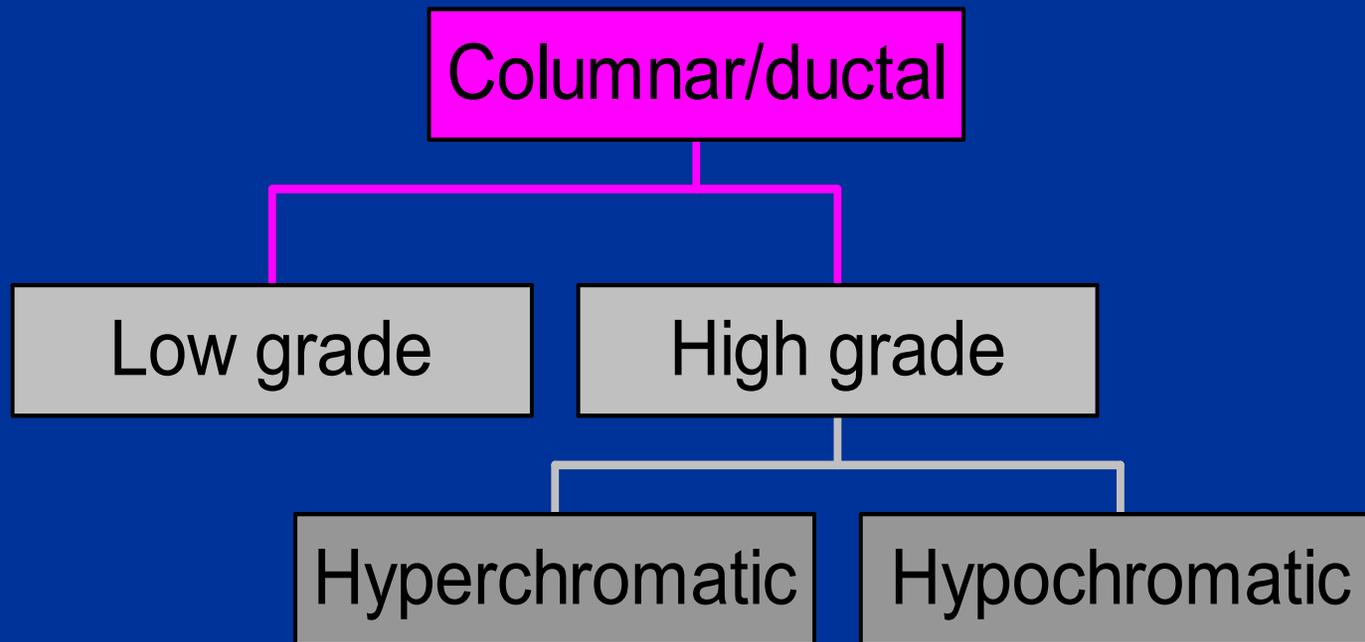
- Cohesive clusters and flat sheets

# High Grade Columnar/Ductal Adenocarcinoma



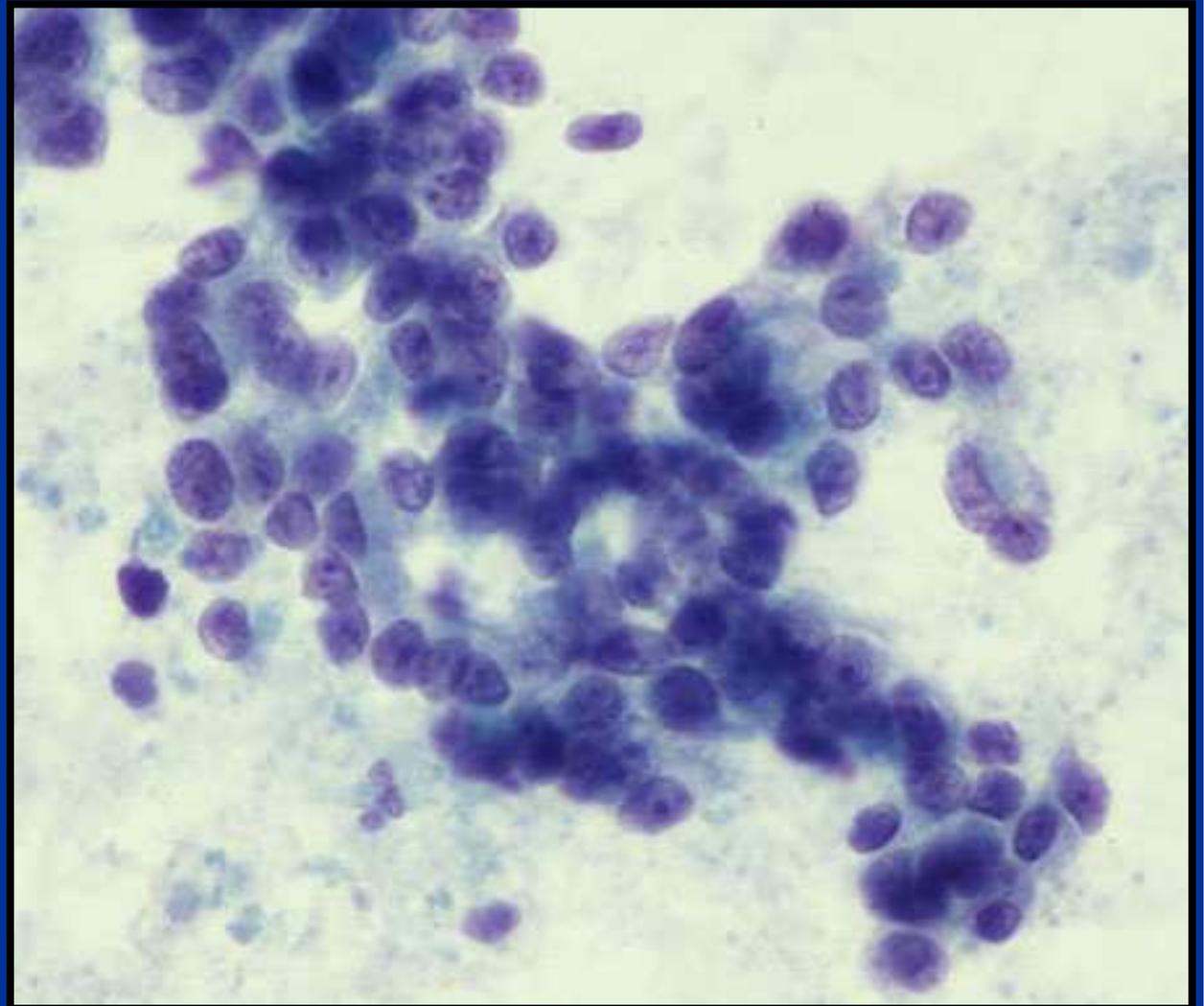
- Nuclear overlapping, haphazard arrangement, significant pleomorphism.
- Acinar formation may be seen.

# Adenocarcinoma



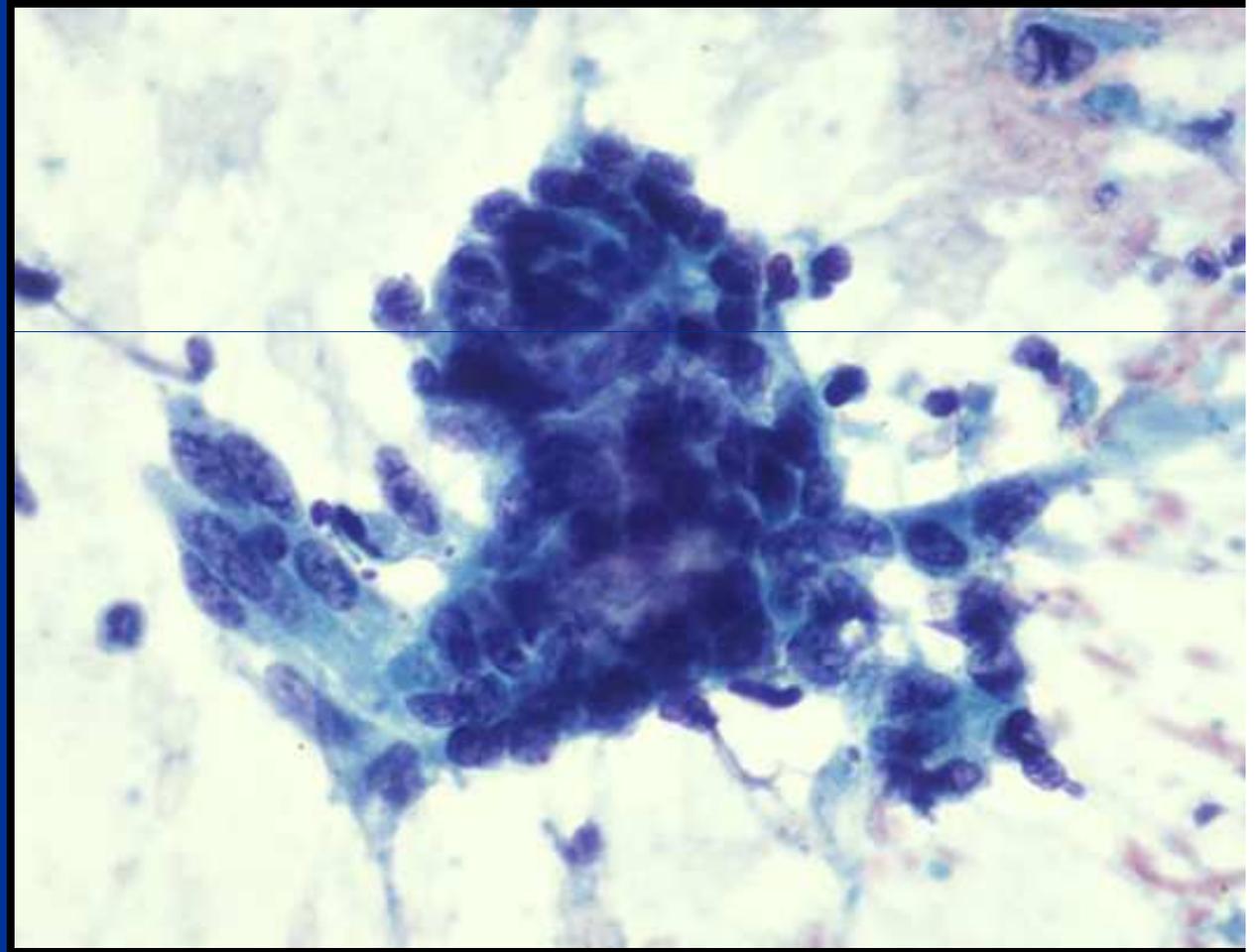
# High Grade Columnar/Ductal Adenocarcinoma

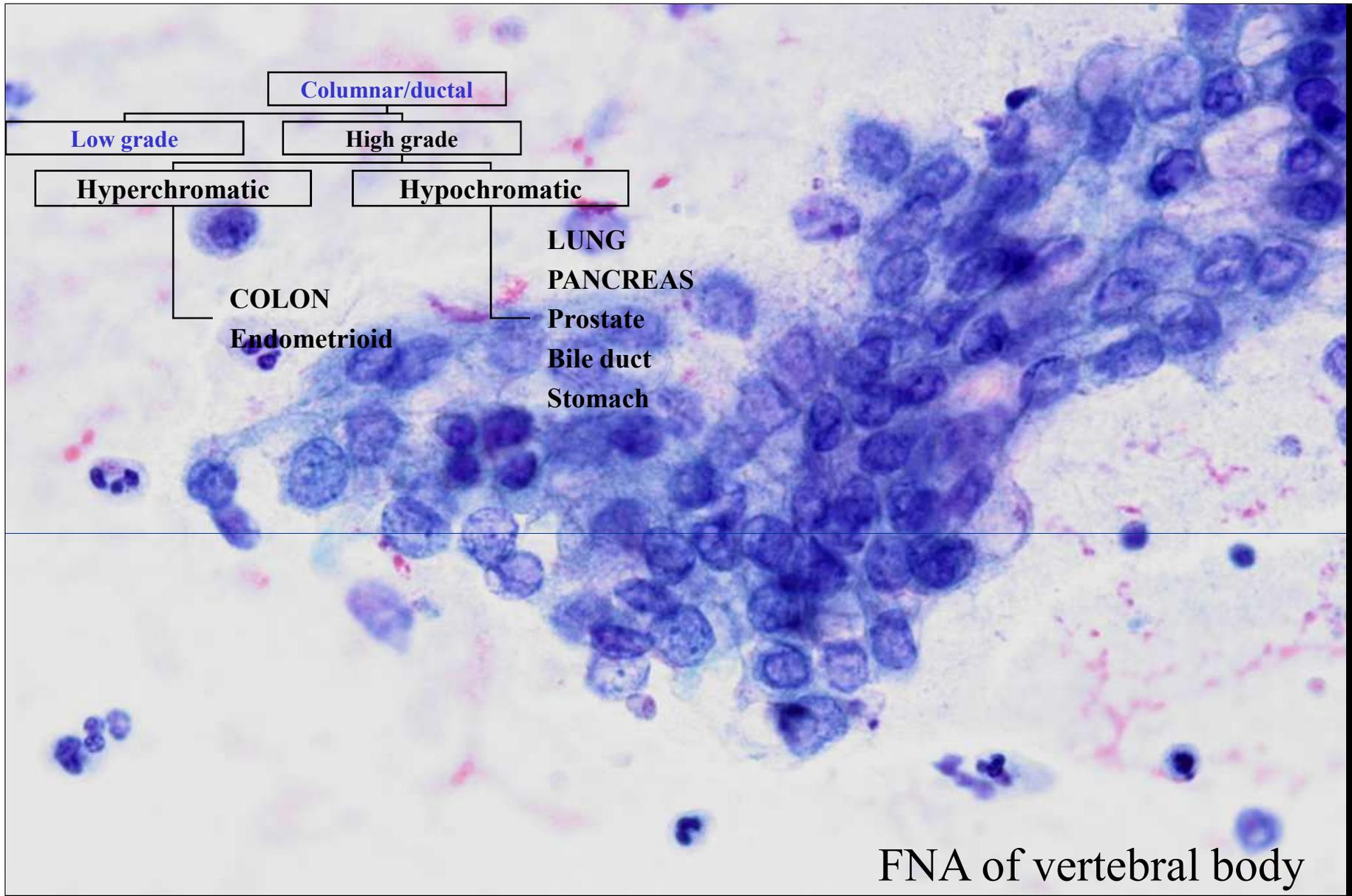
- *Hypochromatic*
  - Lung
  - Pancreas
  - Bile duct
  - Prostate
  - Stomach



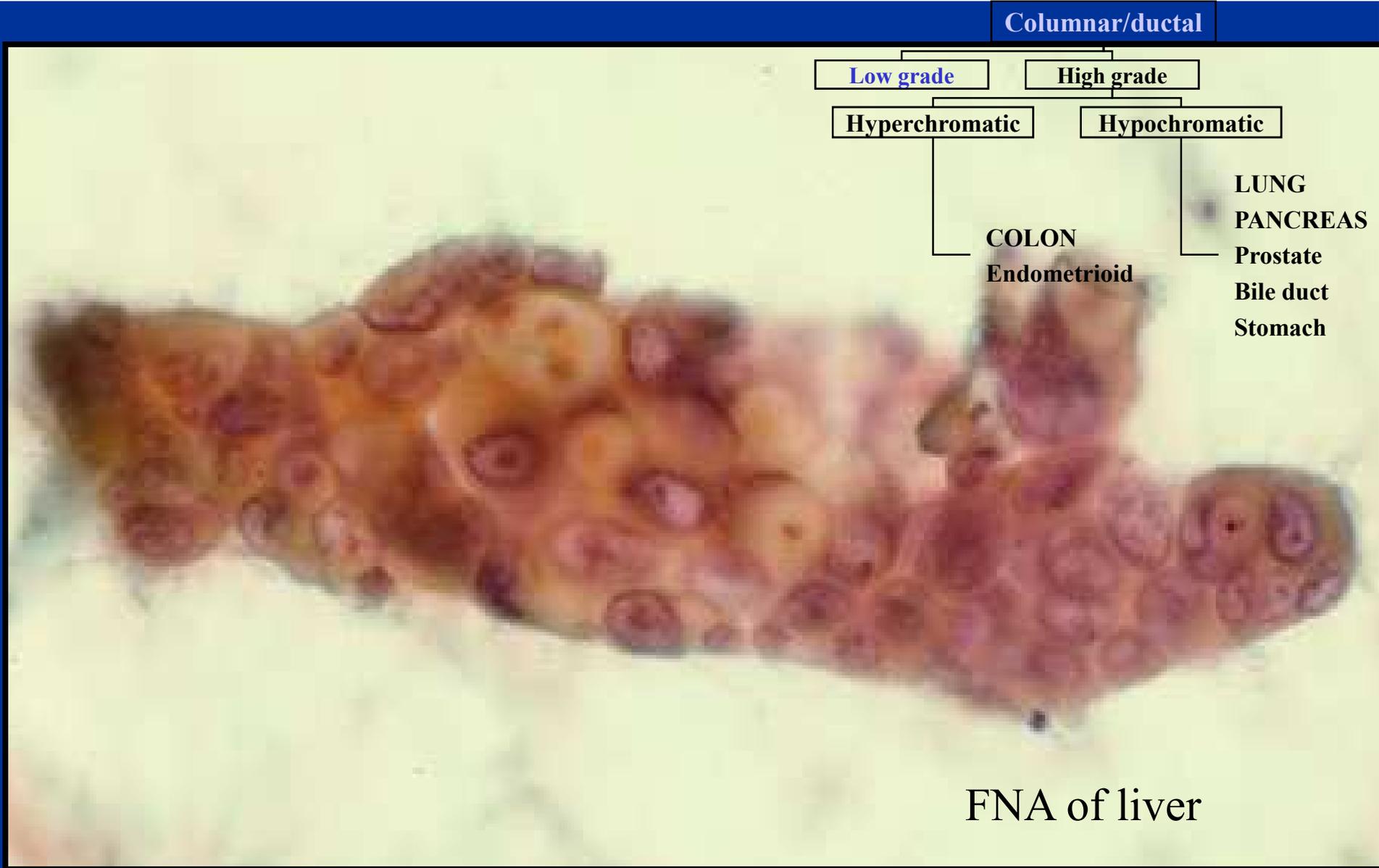
# High Grade Columnar/Ductal Adenocarcinoma

- *Hyperchromatic*
  - COLON
  - Endometrioid  
CA (endometrium,  
ovary, cervix)
  - Bile duct

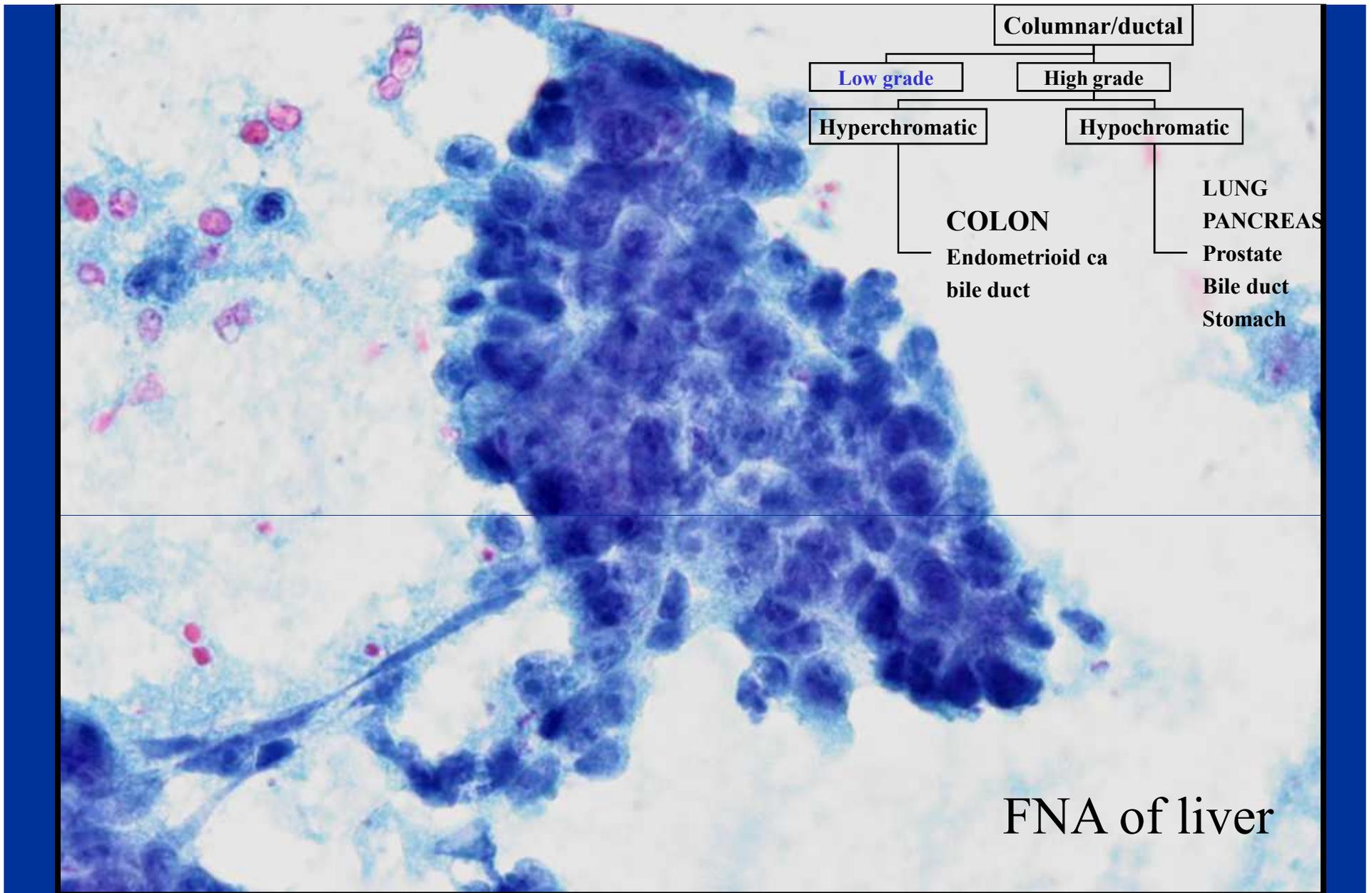




- High grade, columnar/ductal  
**Metastatic lung CA to bone**

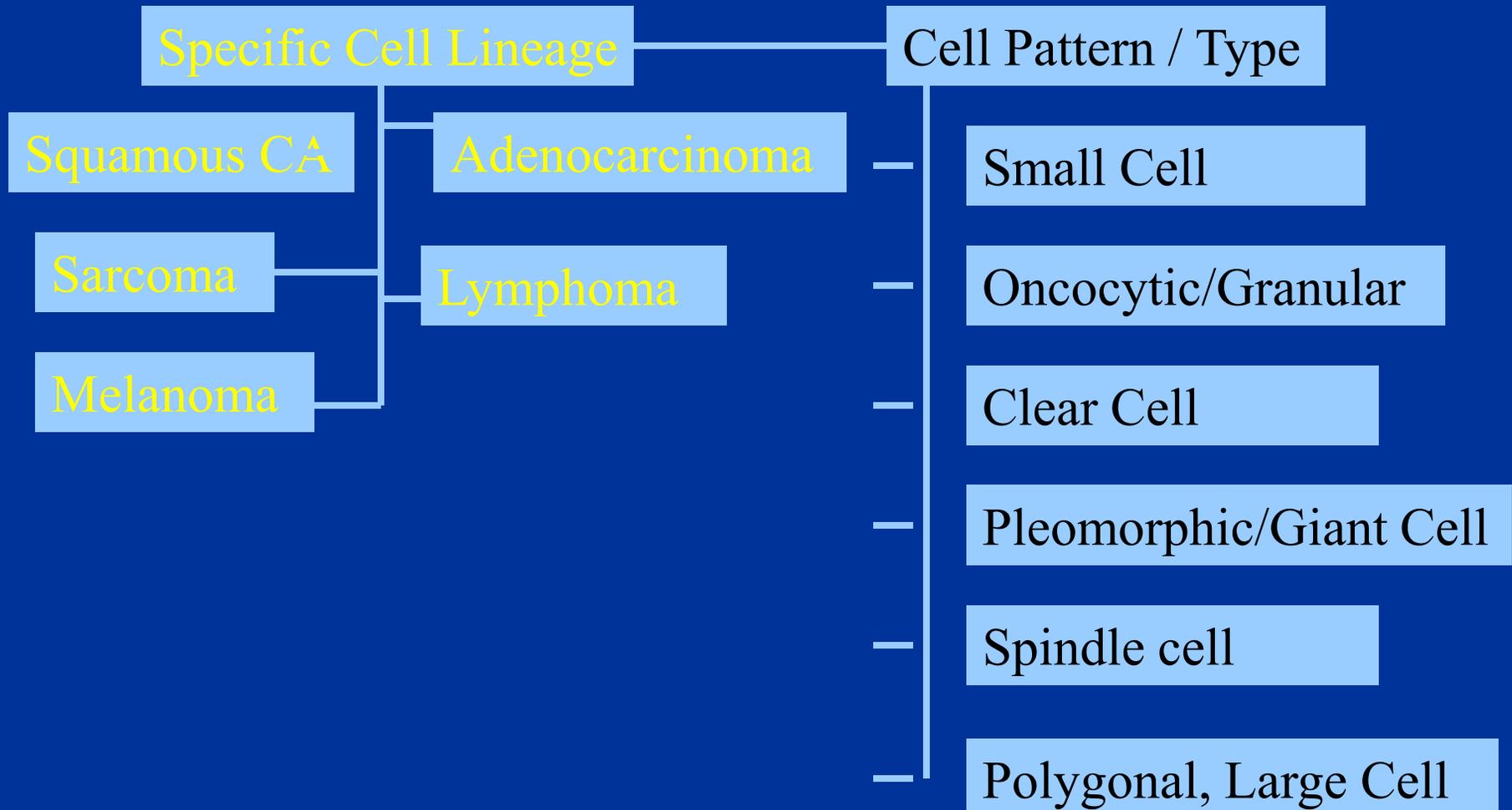


Metastatic pancreatic CA to liver



- High grade, columnar/ductal  
**Metastatic colon CA to liver**

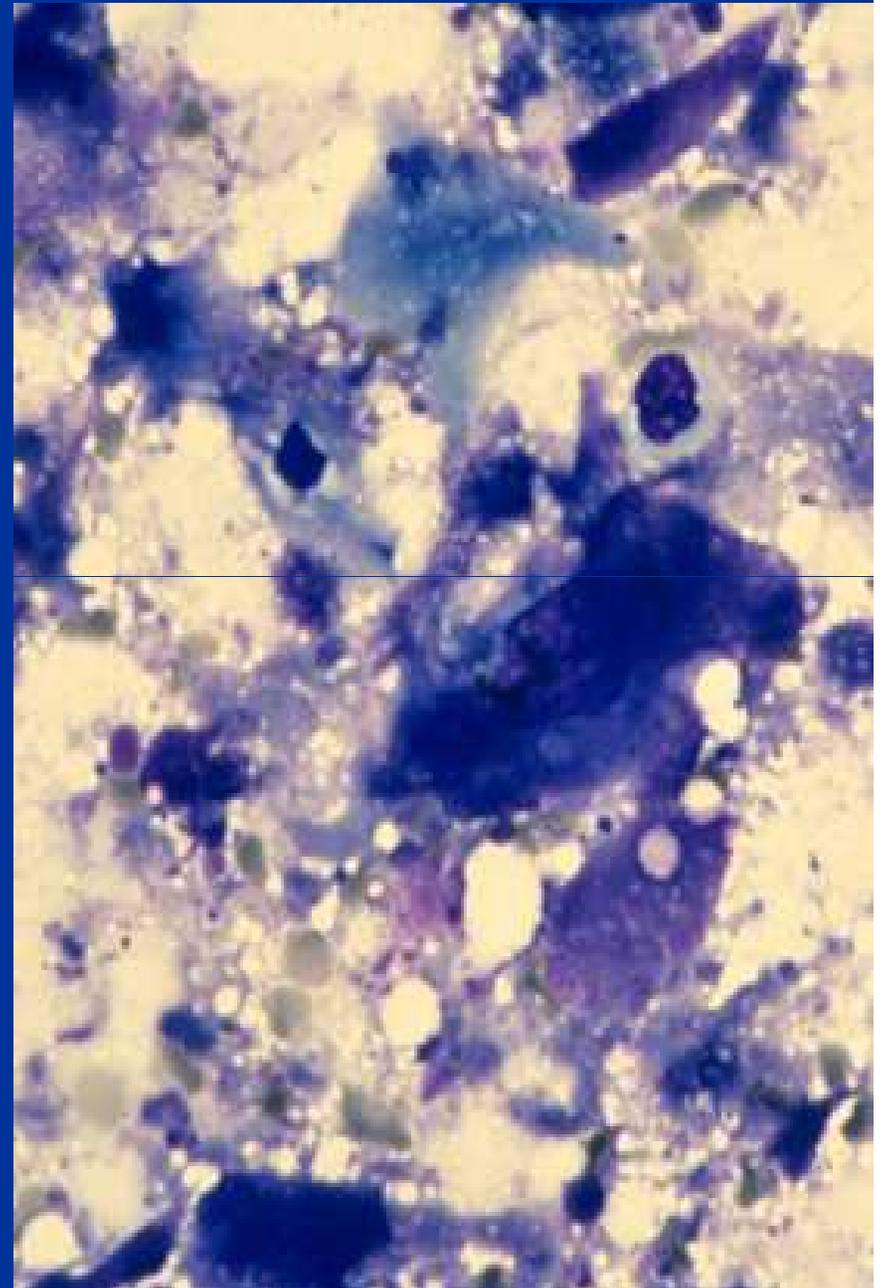
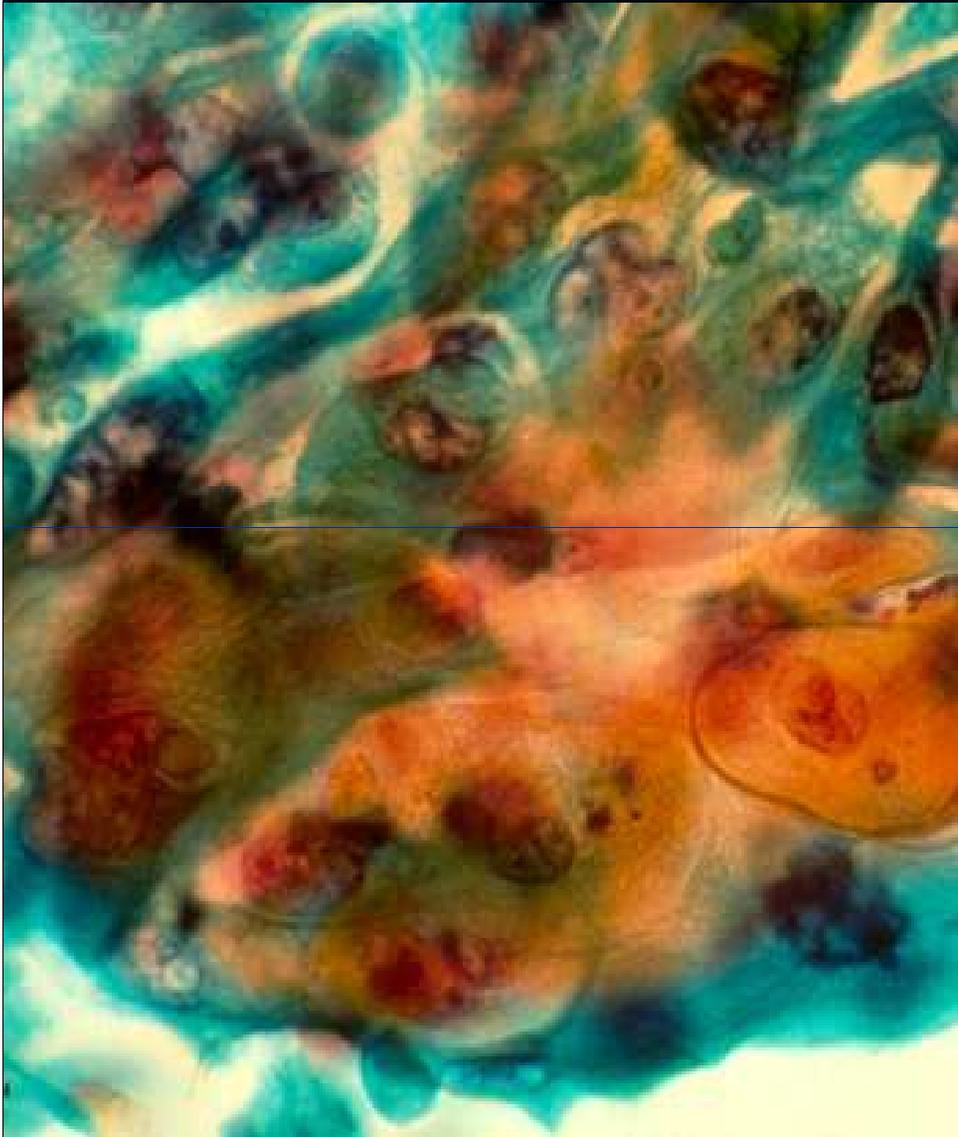
# CYTOMORPHOLOGIC PATTERNS OF METASTASIS OF UNKNOWN PRIMARY ORIGIN



# CARCINOMA

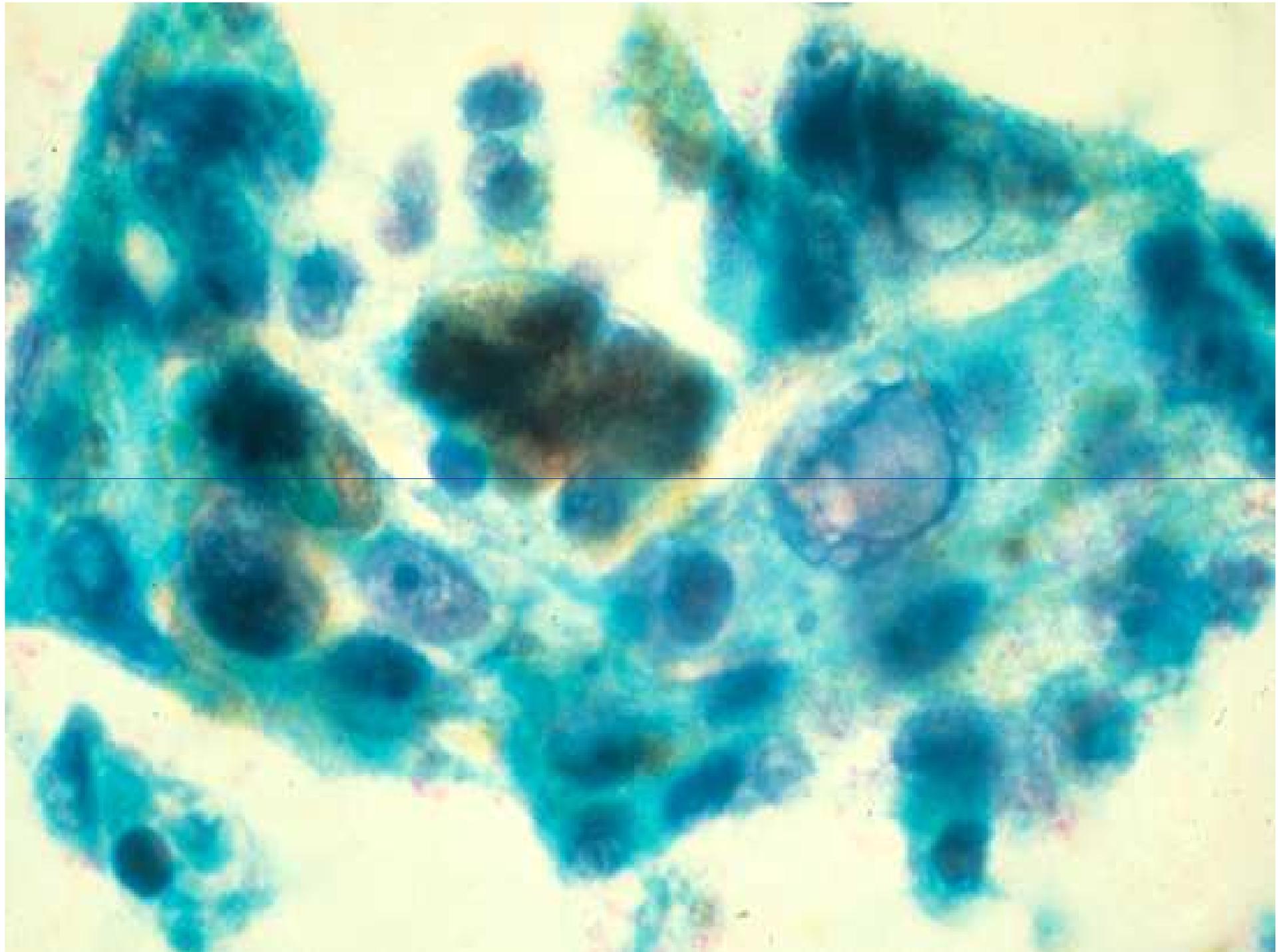
- Adenocarcinoma (60%)
- Squamous cell carcinoma (10%)
- Undifferentiated CA/P.D.
- Small cell/NE carcinoma
- Melanoma

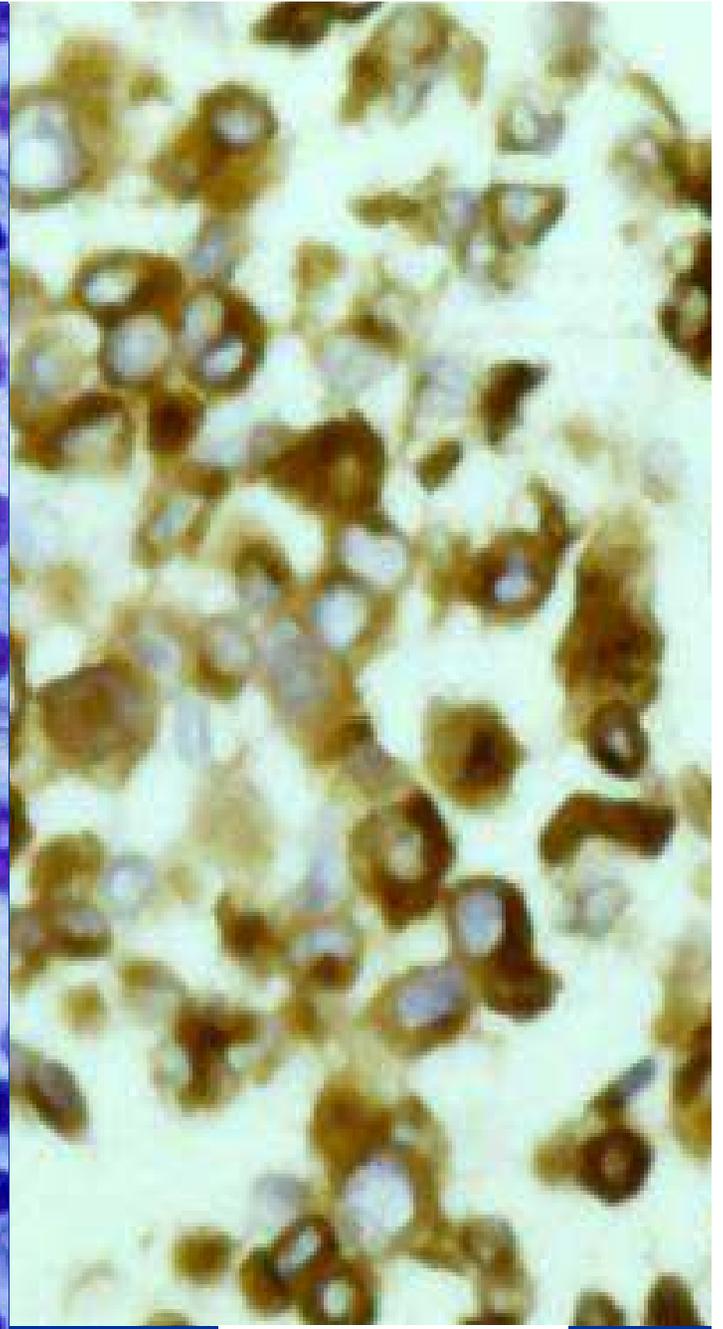
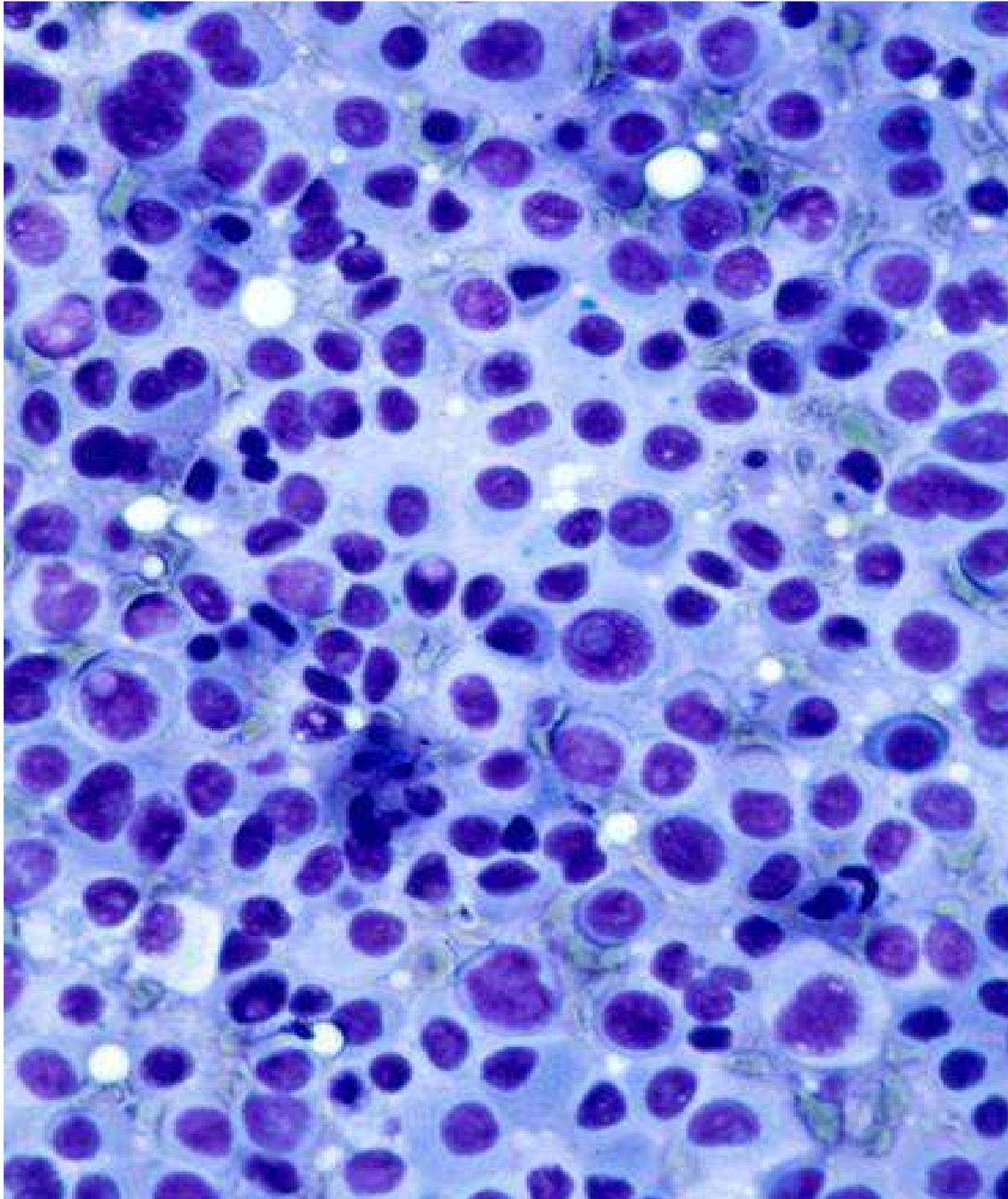
# Squamous Cell Carcinoma



# MELANOMA

- Metastasis to unusual sites
- Mimics other malignancies
- Primary occult or not apparent by history

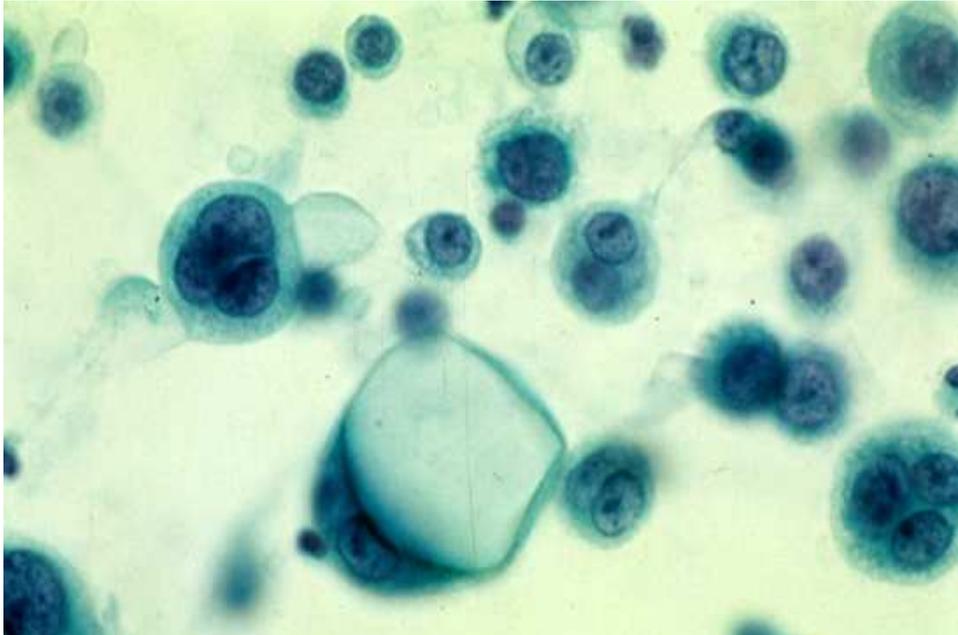




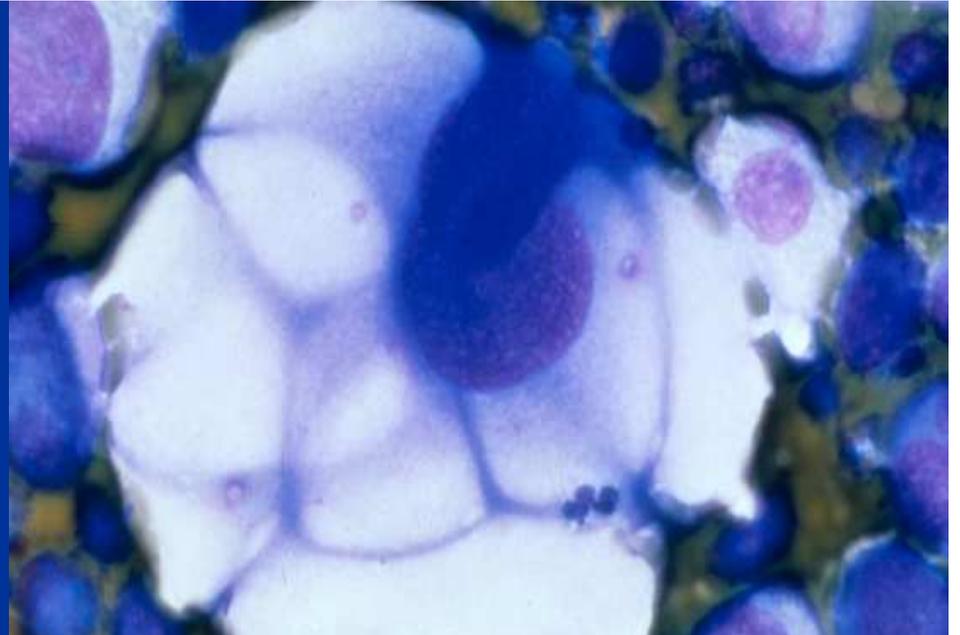
**Melan - A**

# Malignant Melanoma Variants

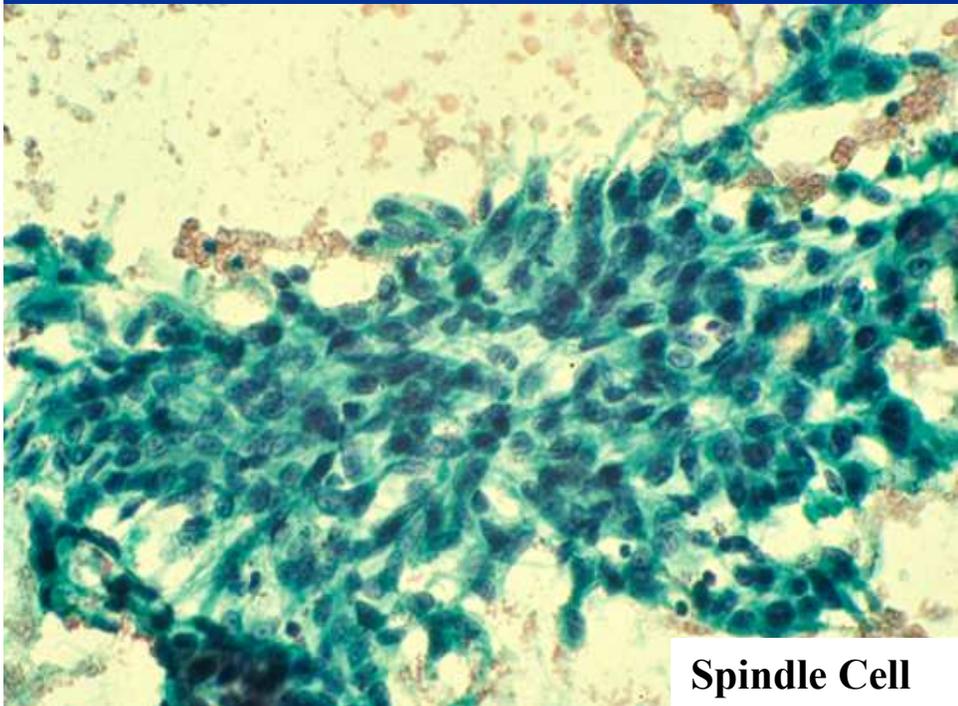
- Rhabdoid
- Signet-ring
- Spindle
- Myxoid
- Desmoplastic
- Balloon Cell
- Small Cell



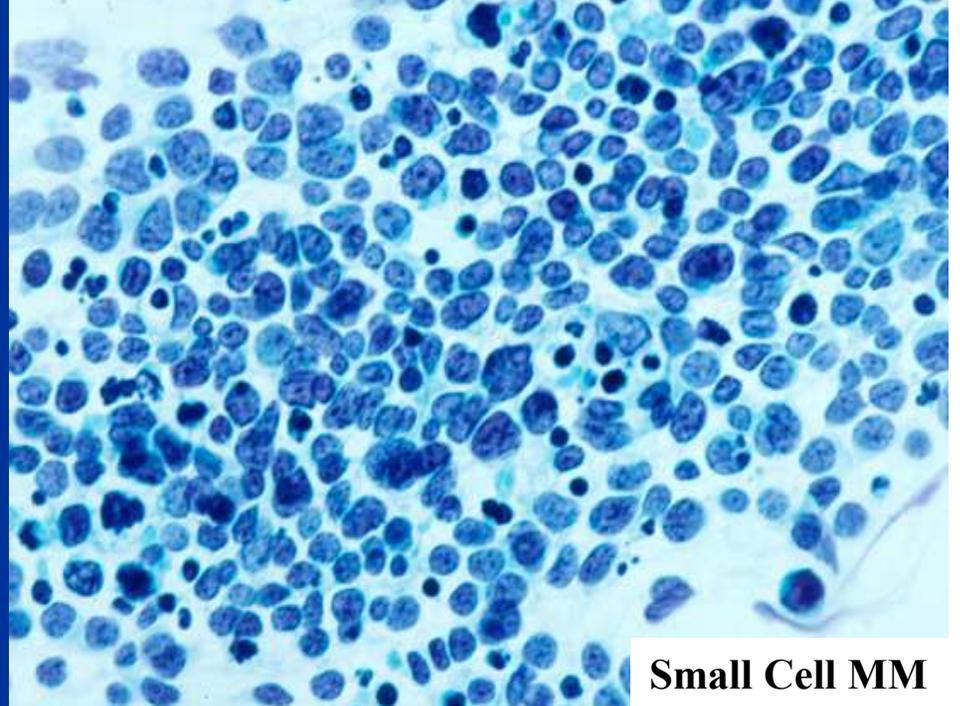
**Signet-Ring Melanoma**



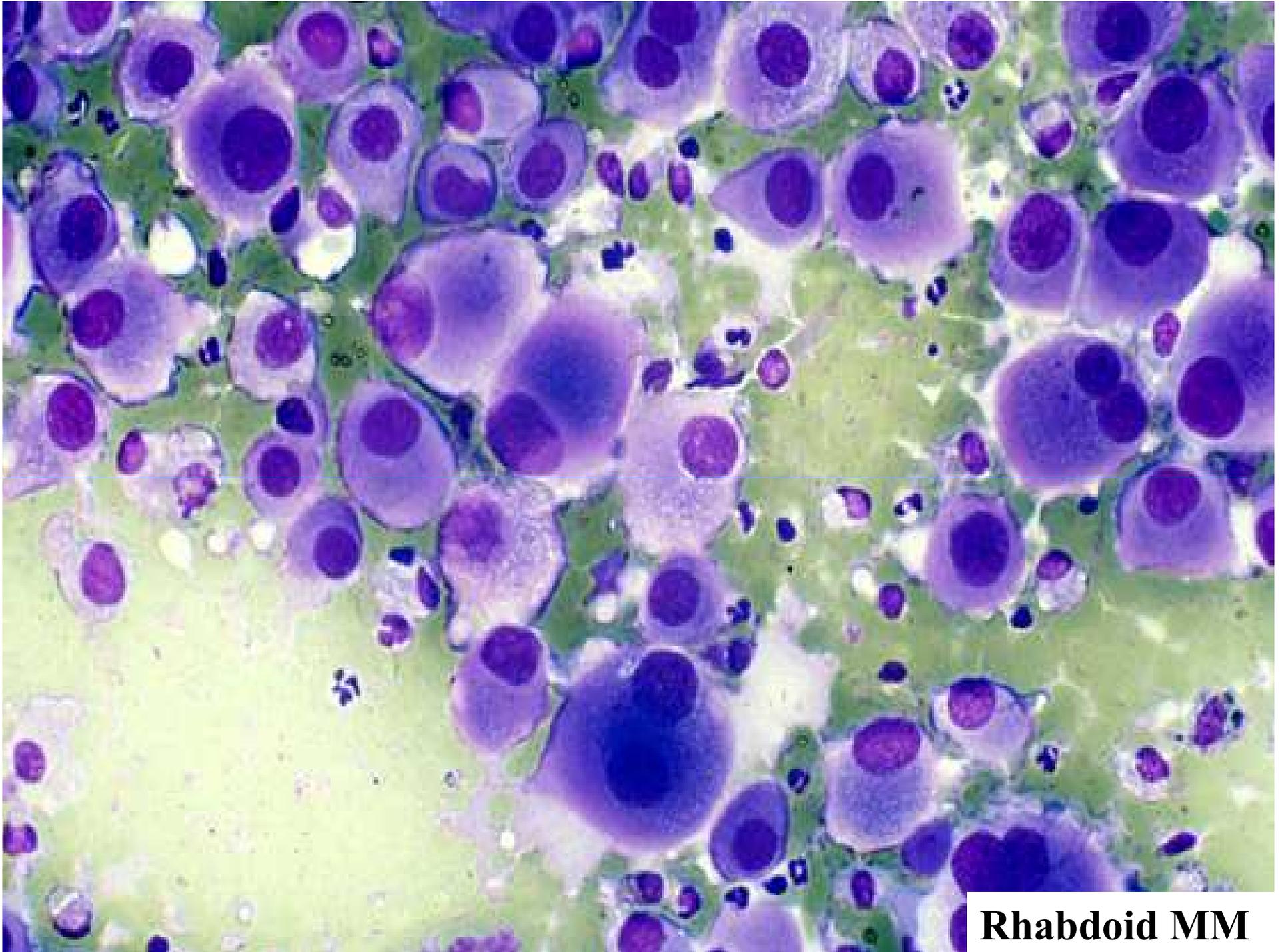
**Ballon Cell**



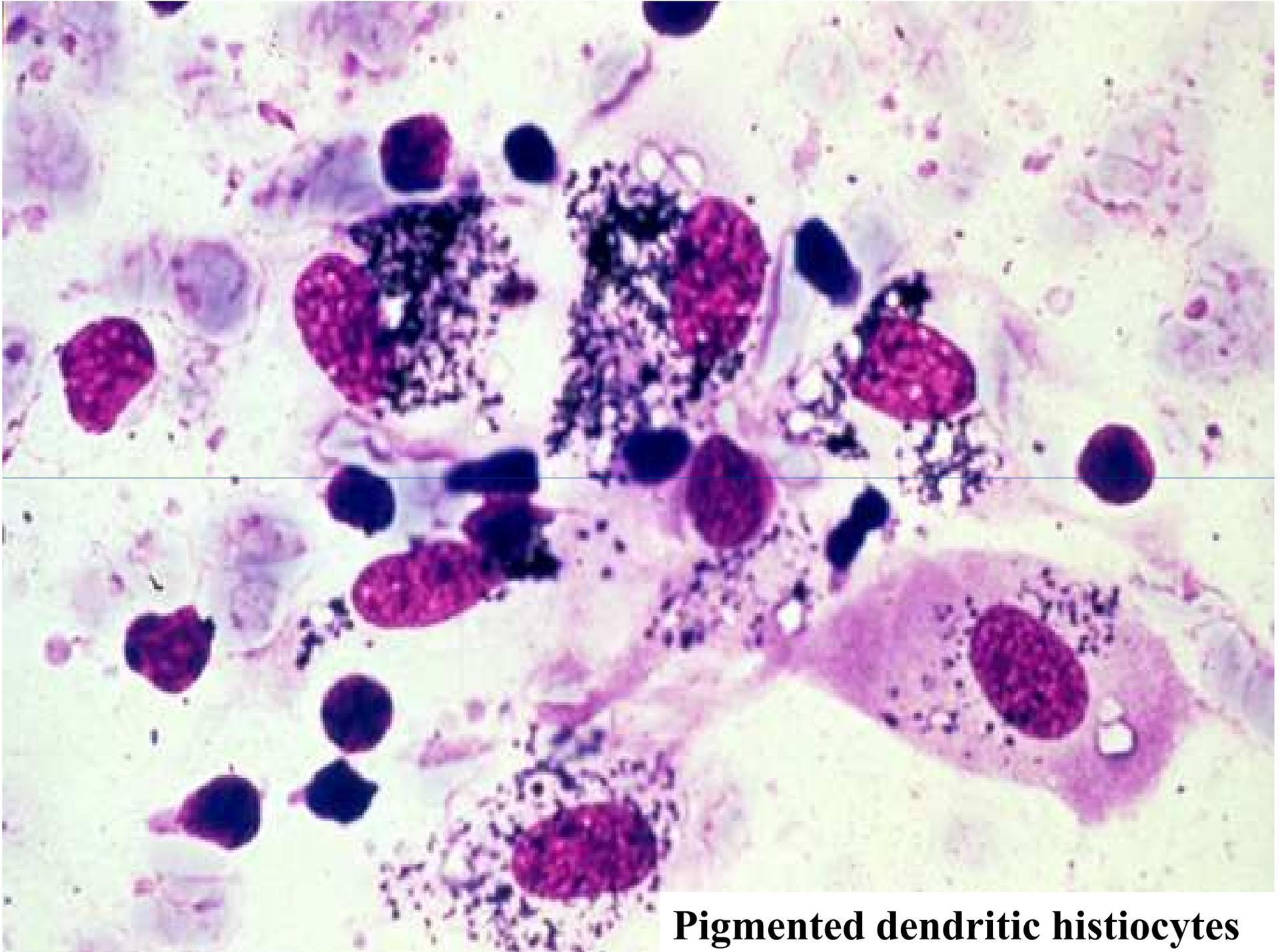
**Spindle Cell**



**Small Cell MM**



**Rhabdoid MM**



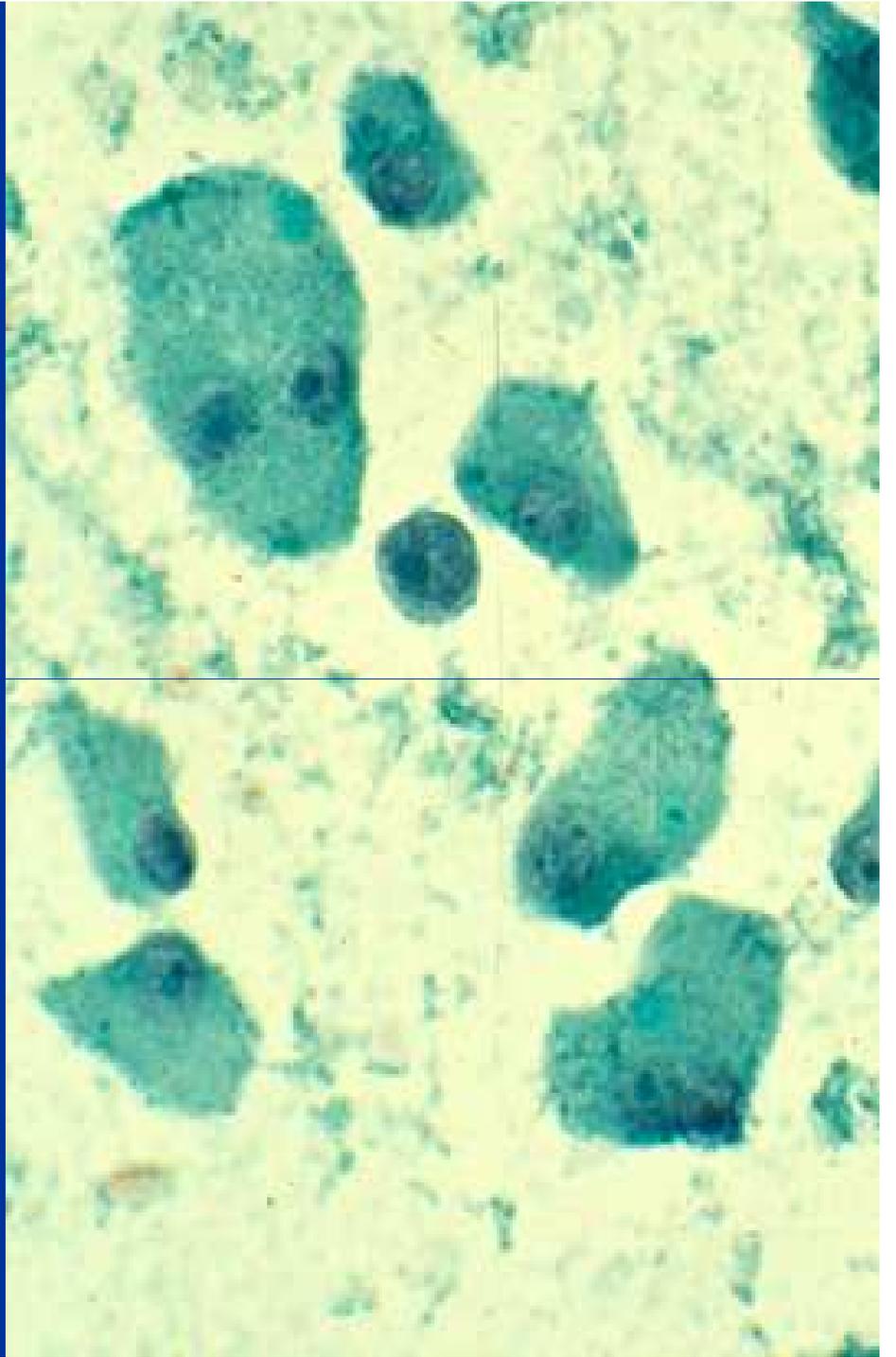
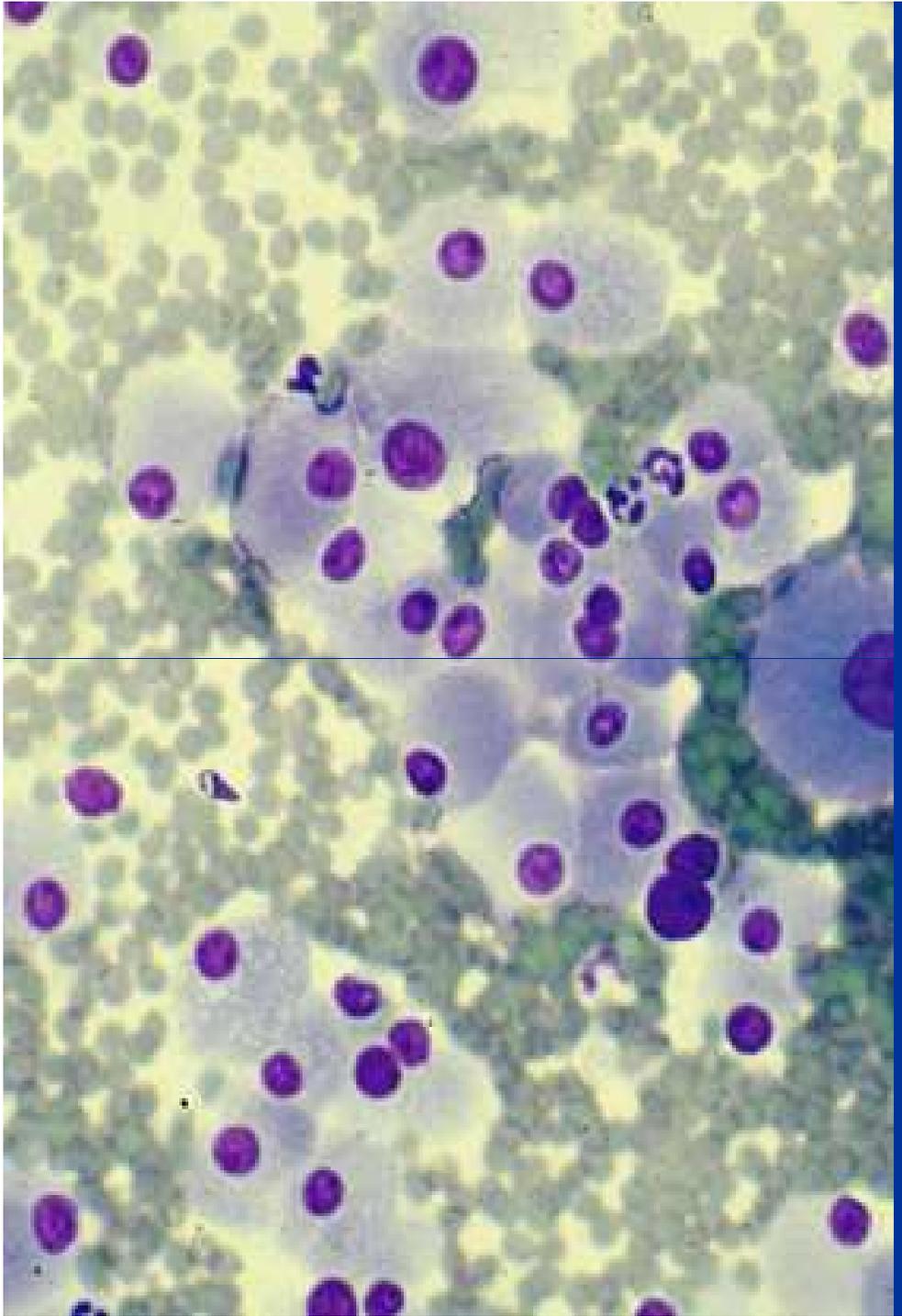
**Pigmented dendritic histiocytes**

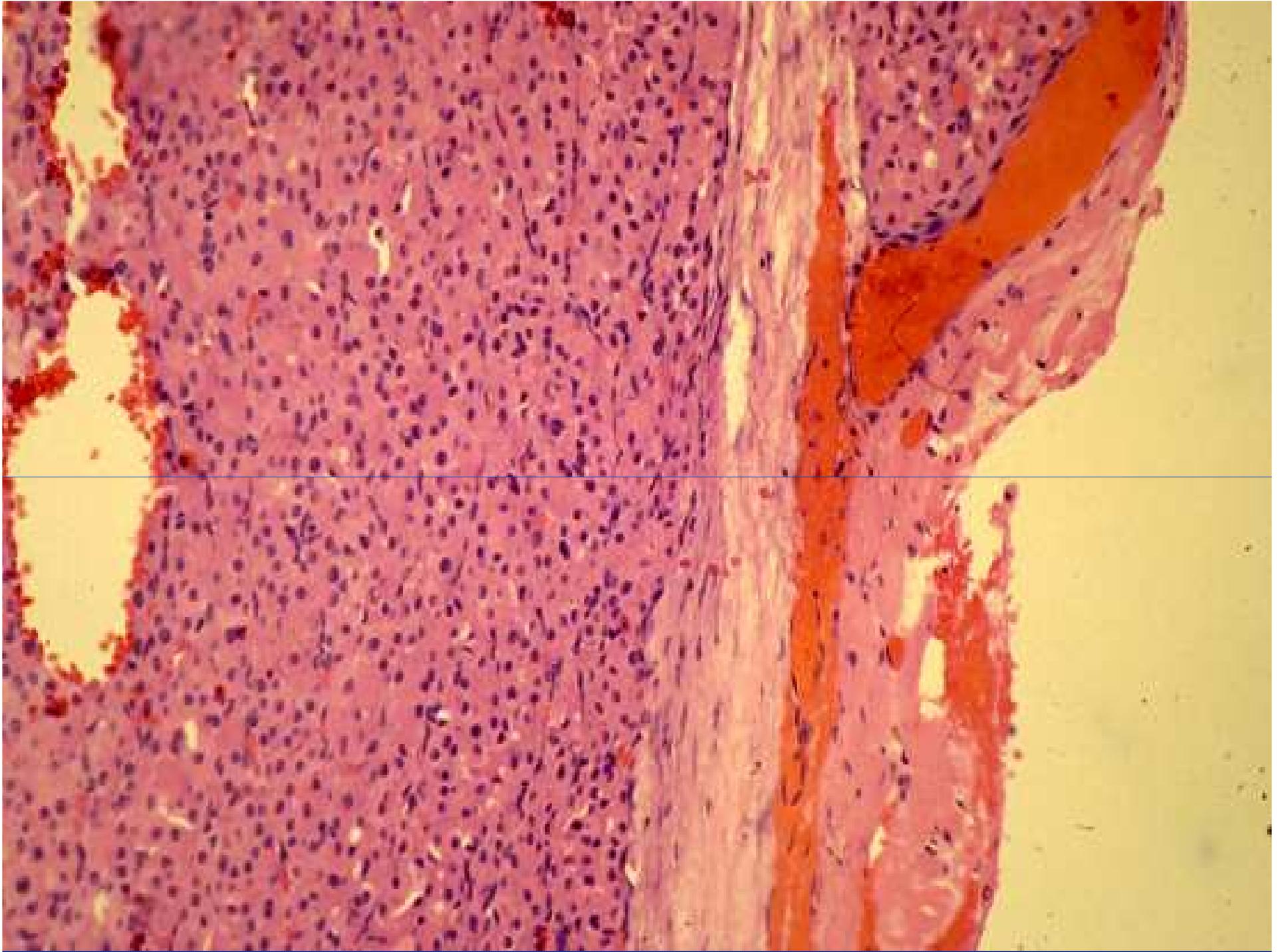
# SARCOMA

- Very unusual unknown primary
- Primary site usually obvious
- Diff Dx: Sarcomatoid carcinoma / melanoma
- Spindle, epithelioid, pleomorphic, small cell, myxoid

# Case 2

An 81 year old woman was identified as having a right hilar lung mass. FNA biopsy was performed.





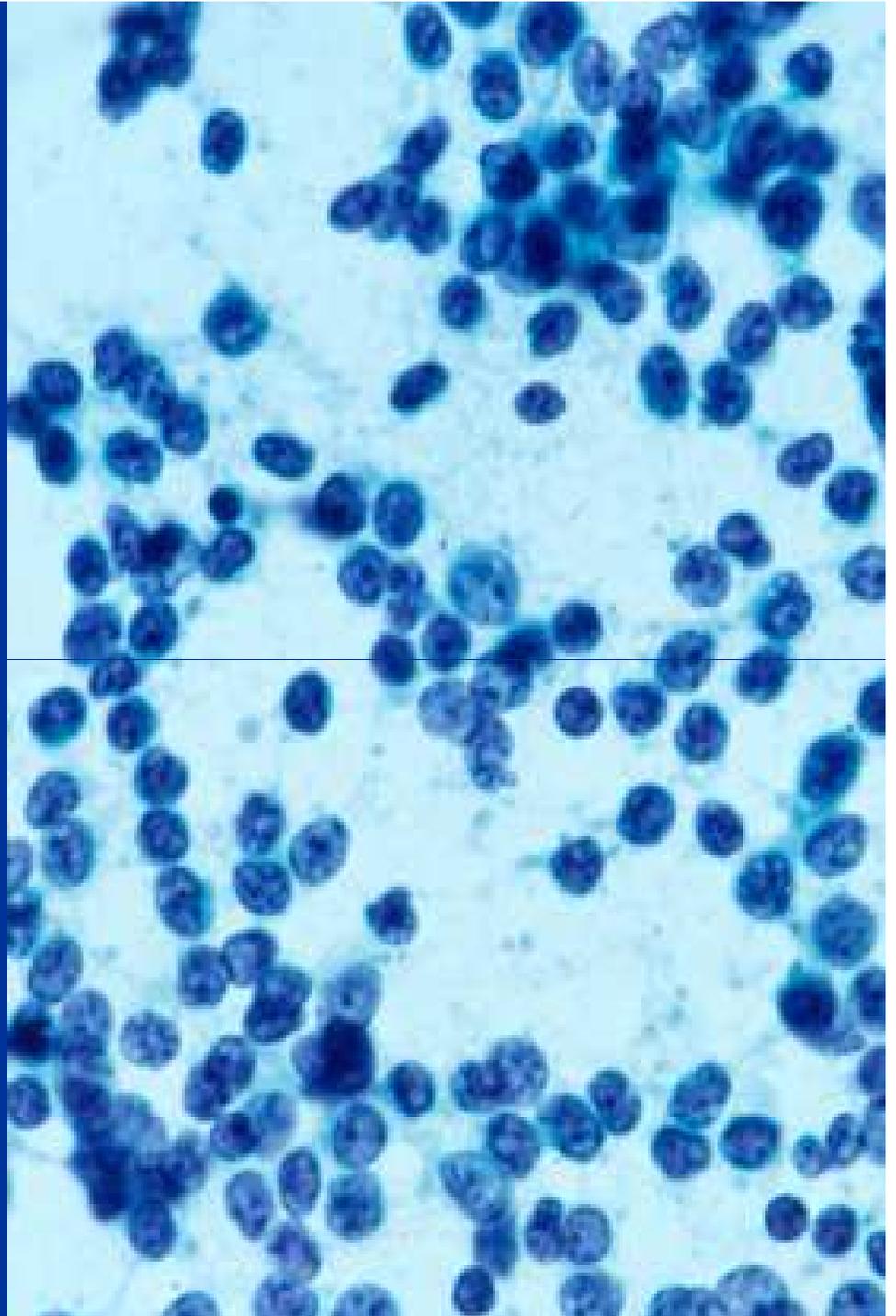
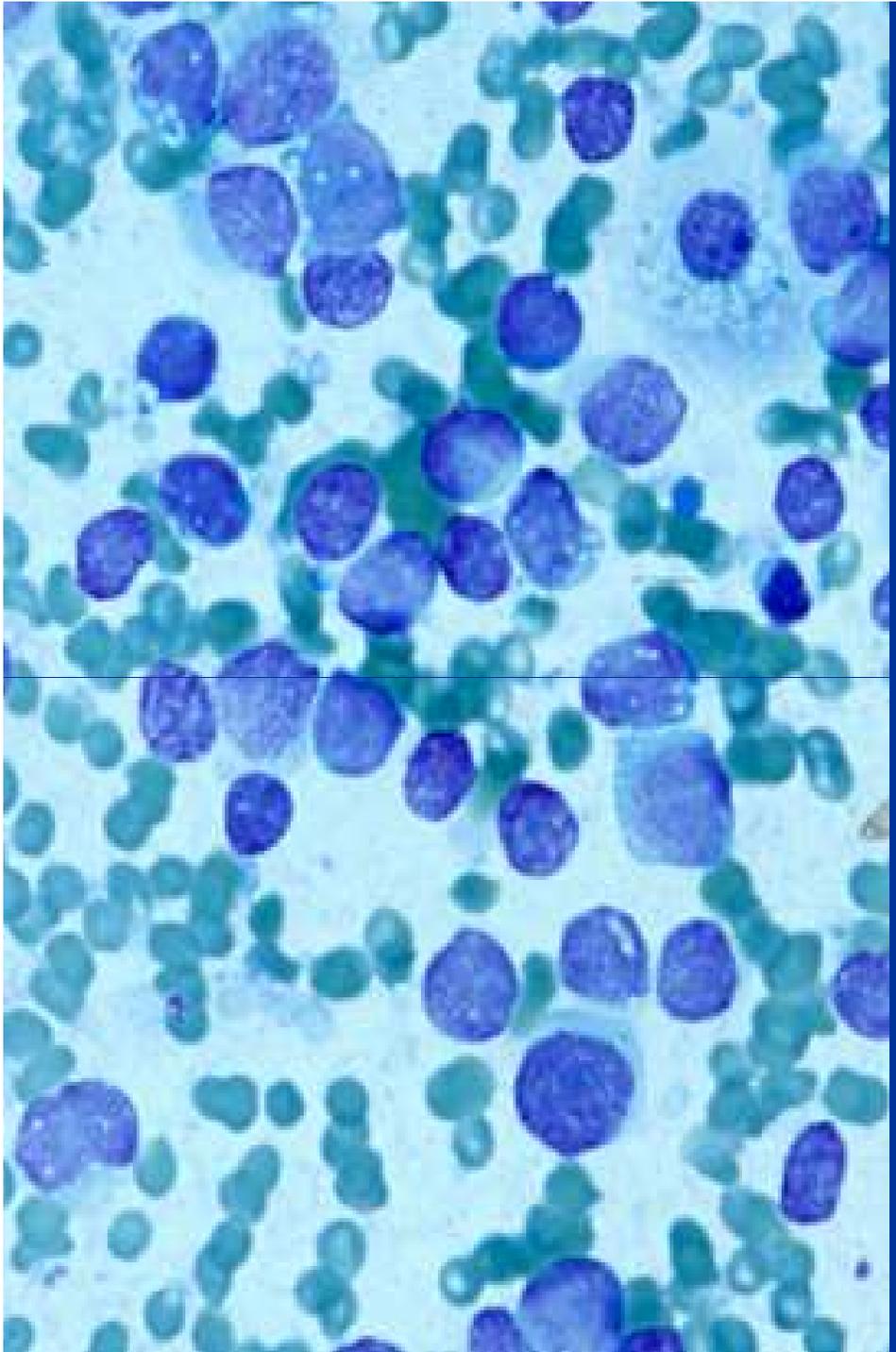
## Case 2

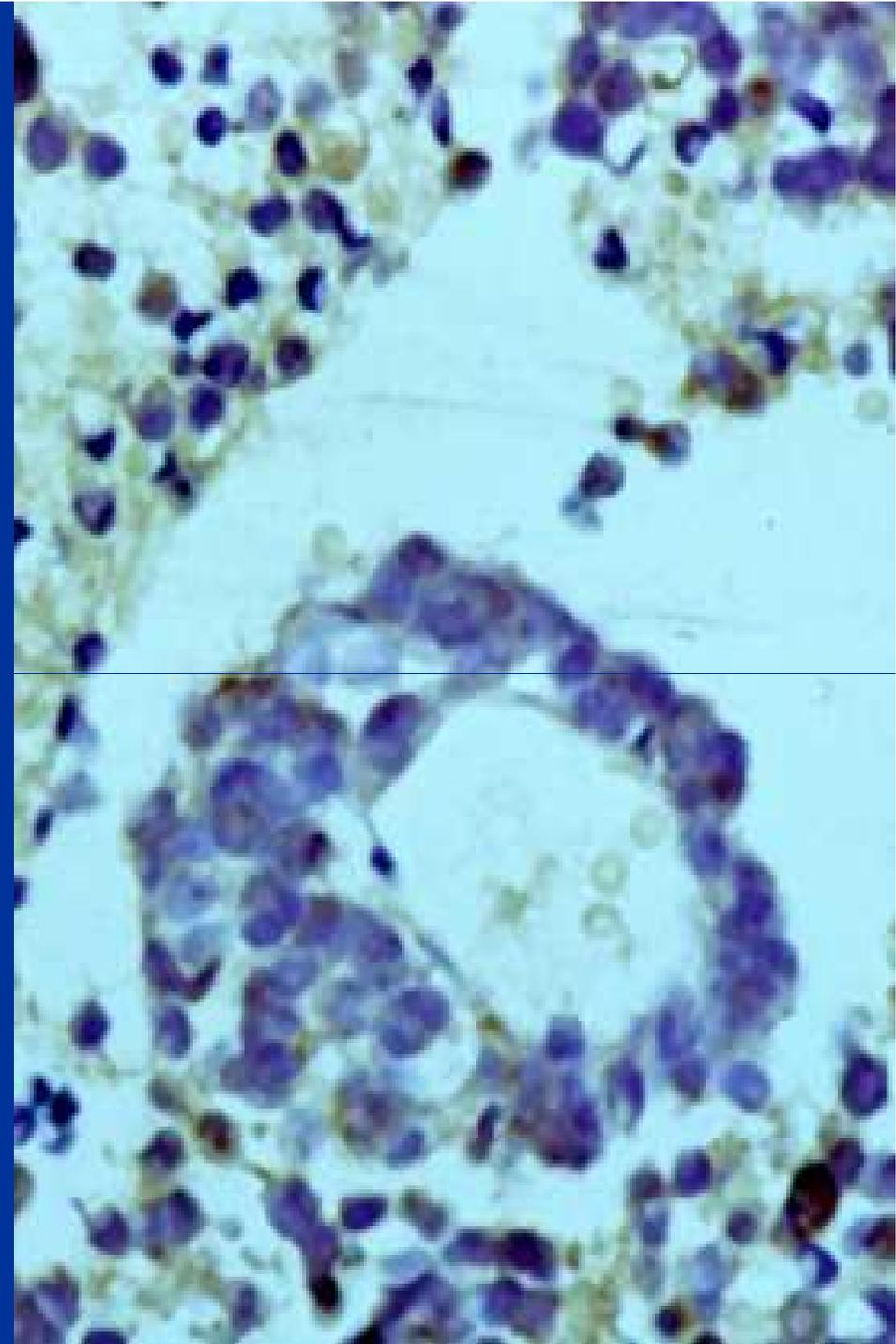
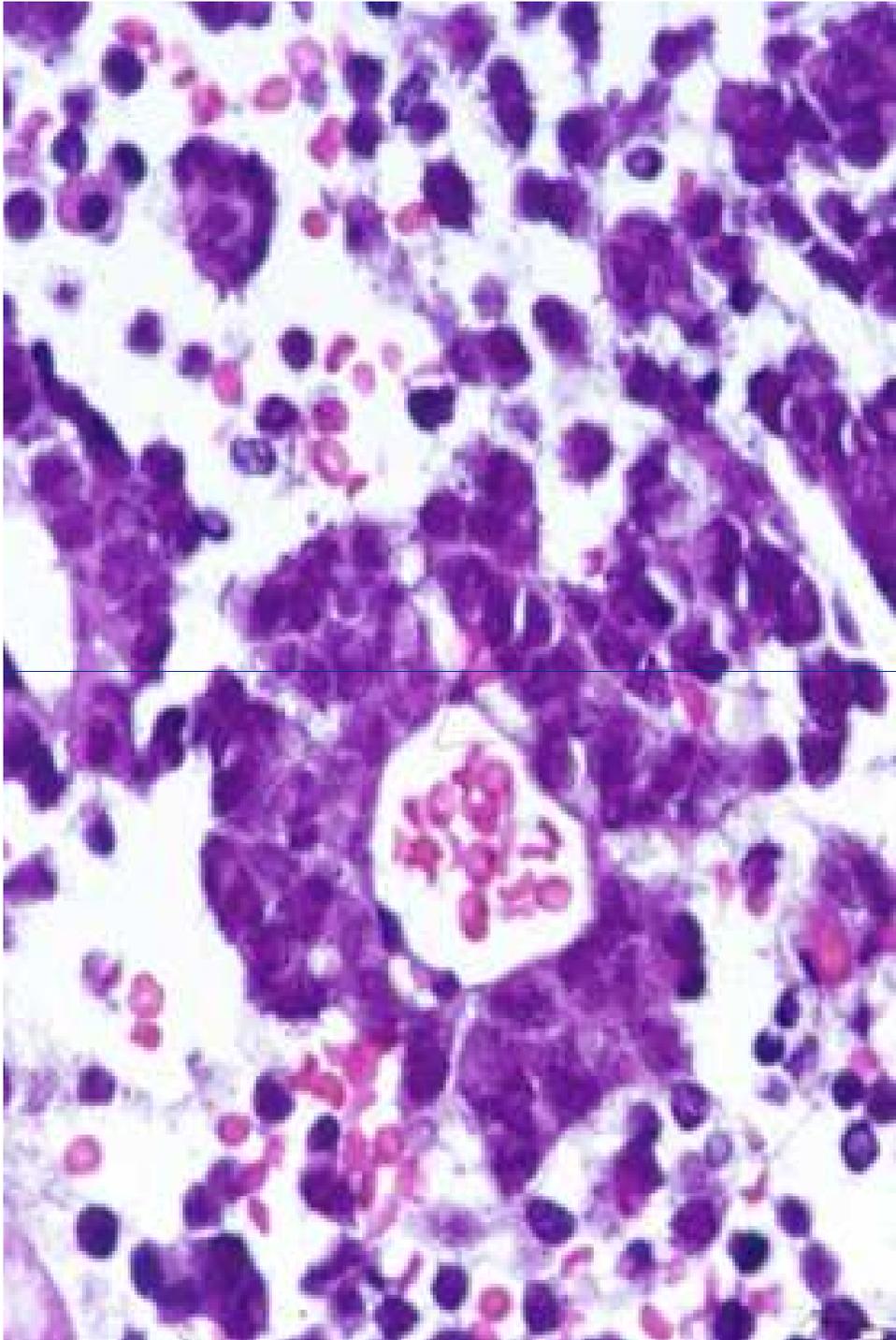
# DIAGNOSIS

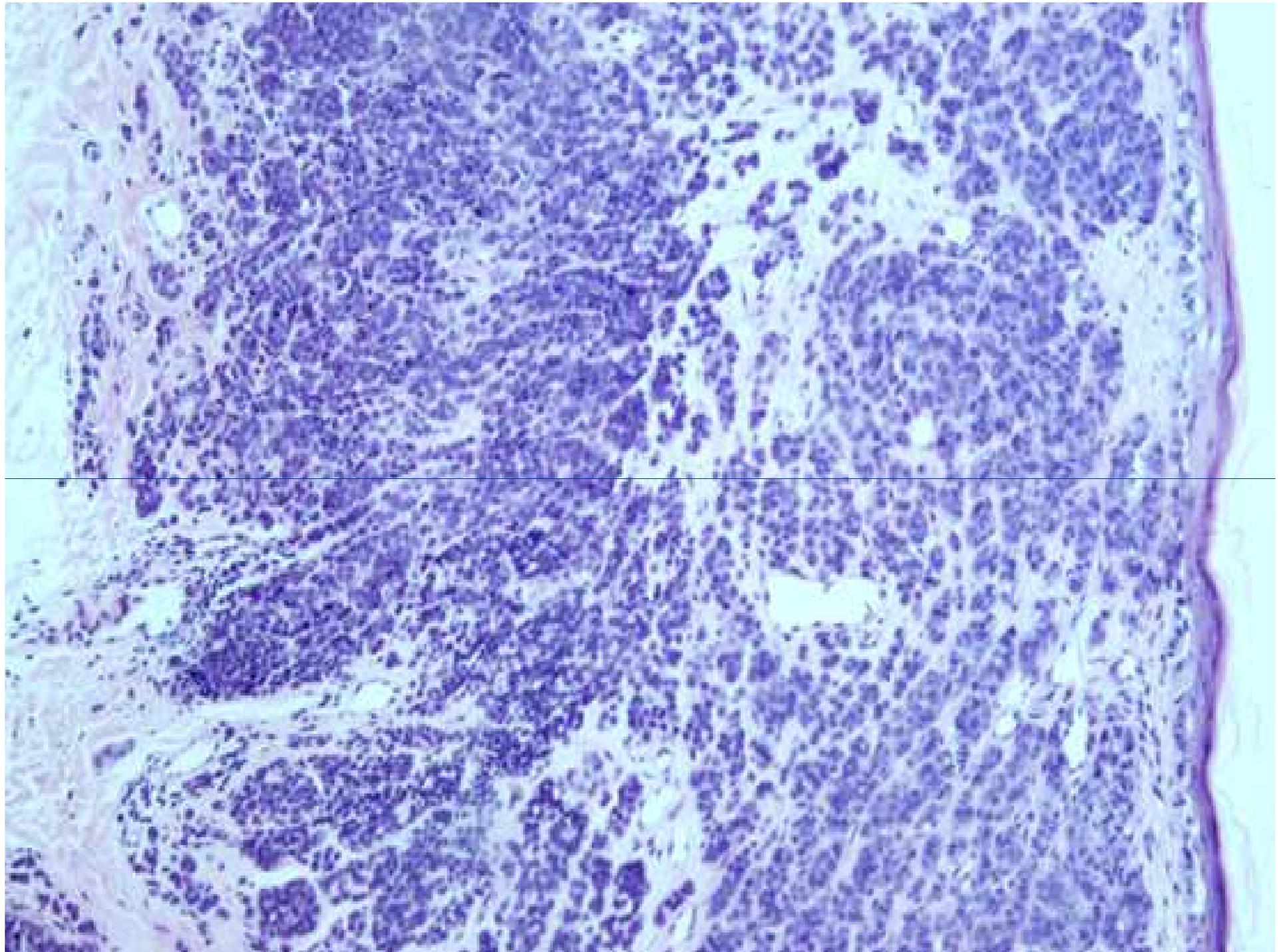
**Metastatic Hurthle cell carcinoma  
of the thyroid**

# Case 3

A CT guided FNA biopsy of a single mass involving the anterior right lobe of liver was performed in a 72 year old female







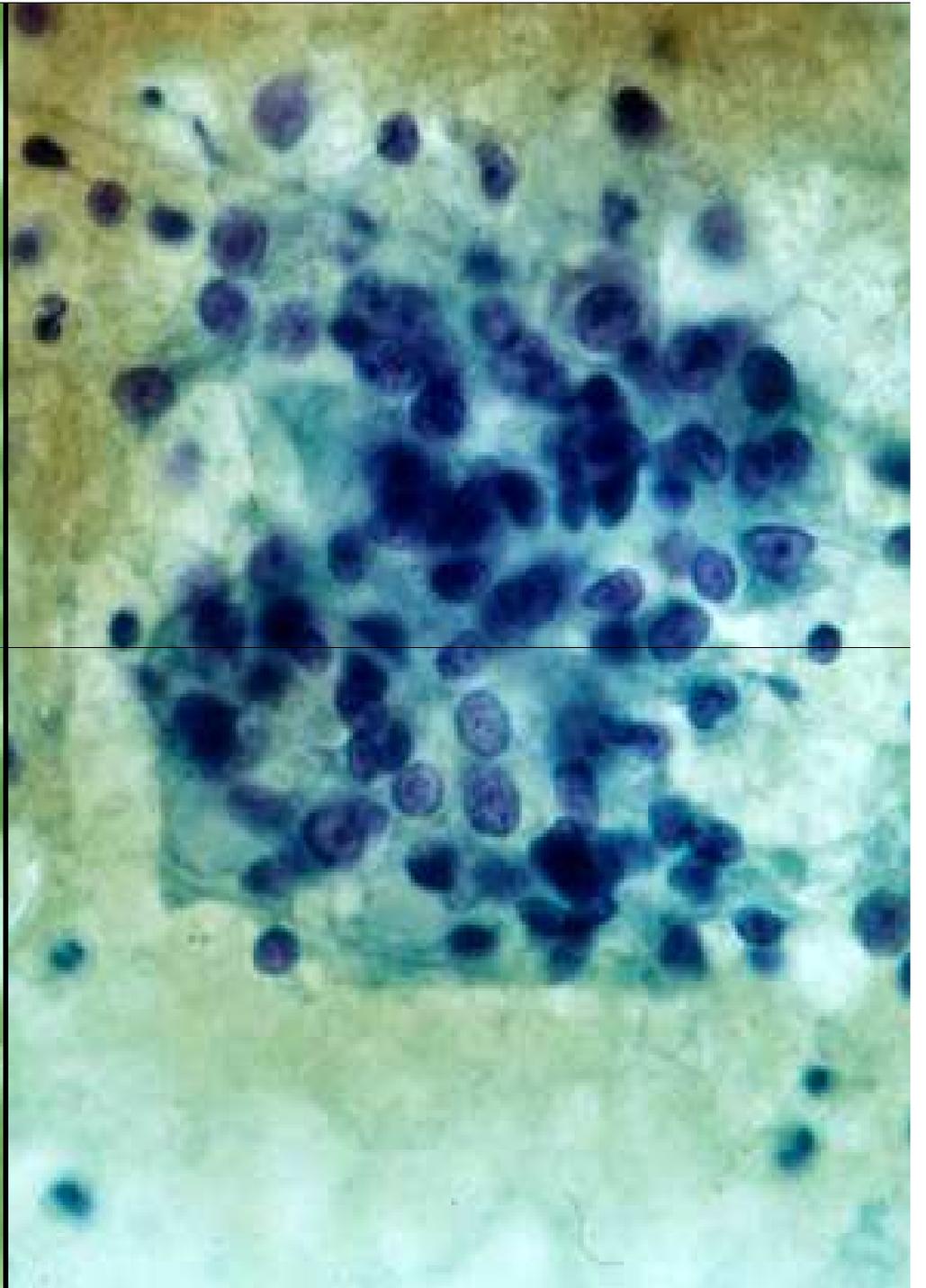
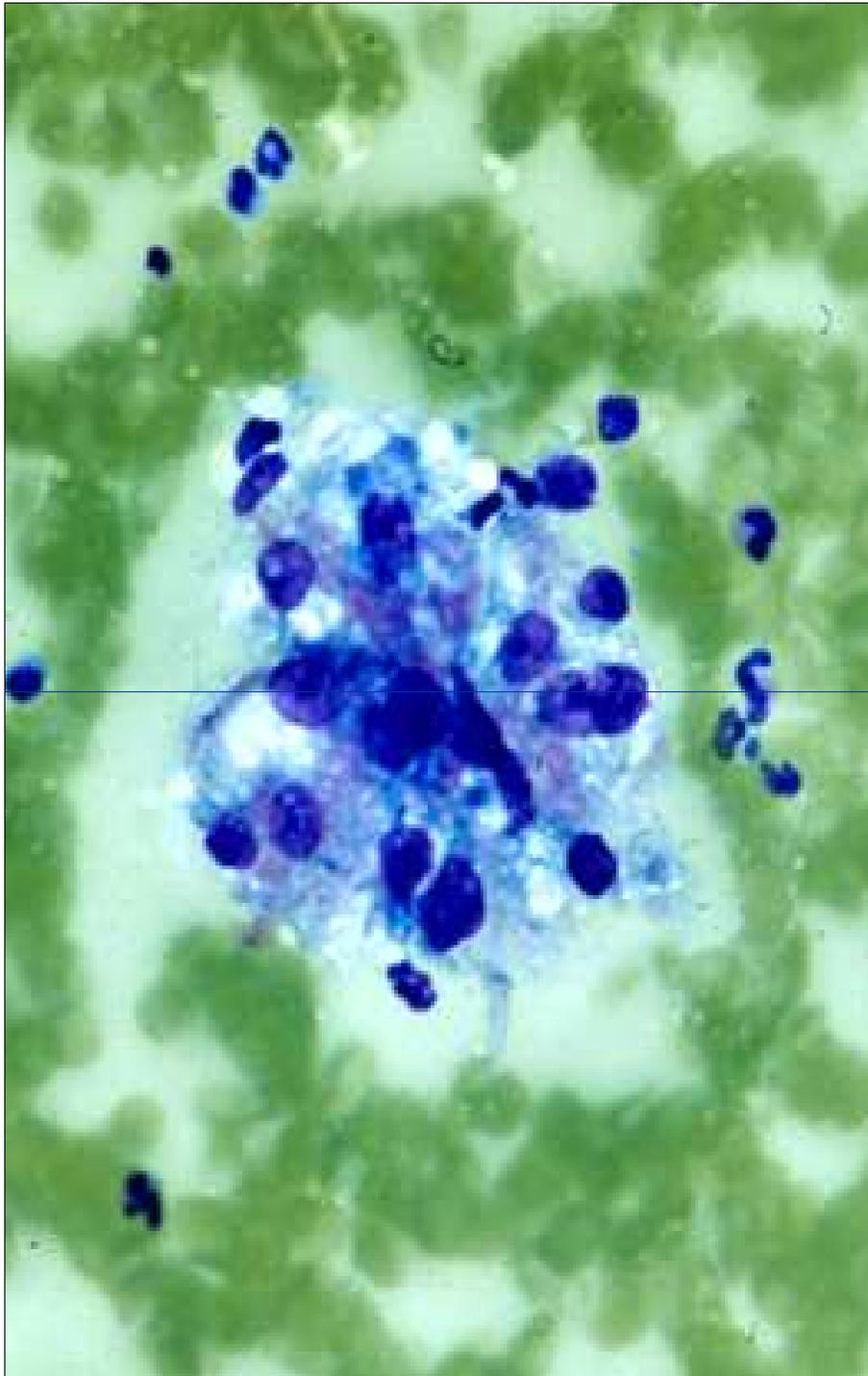
## **Case 3**

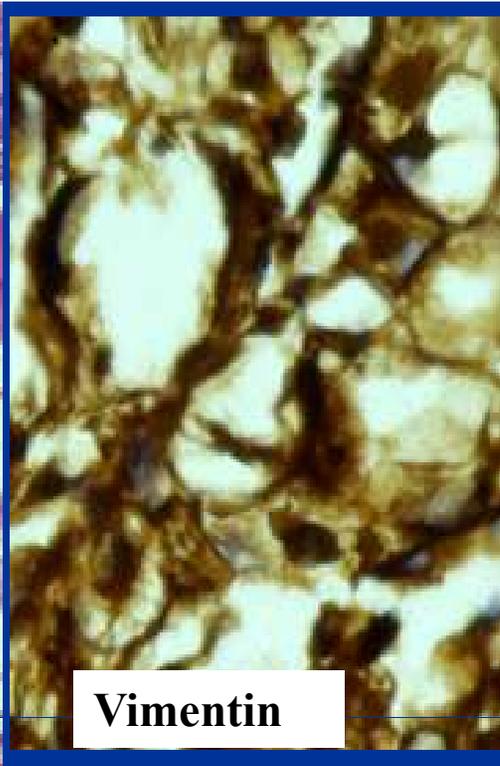
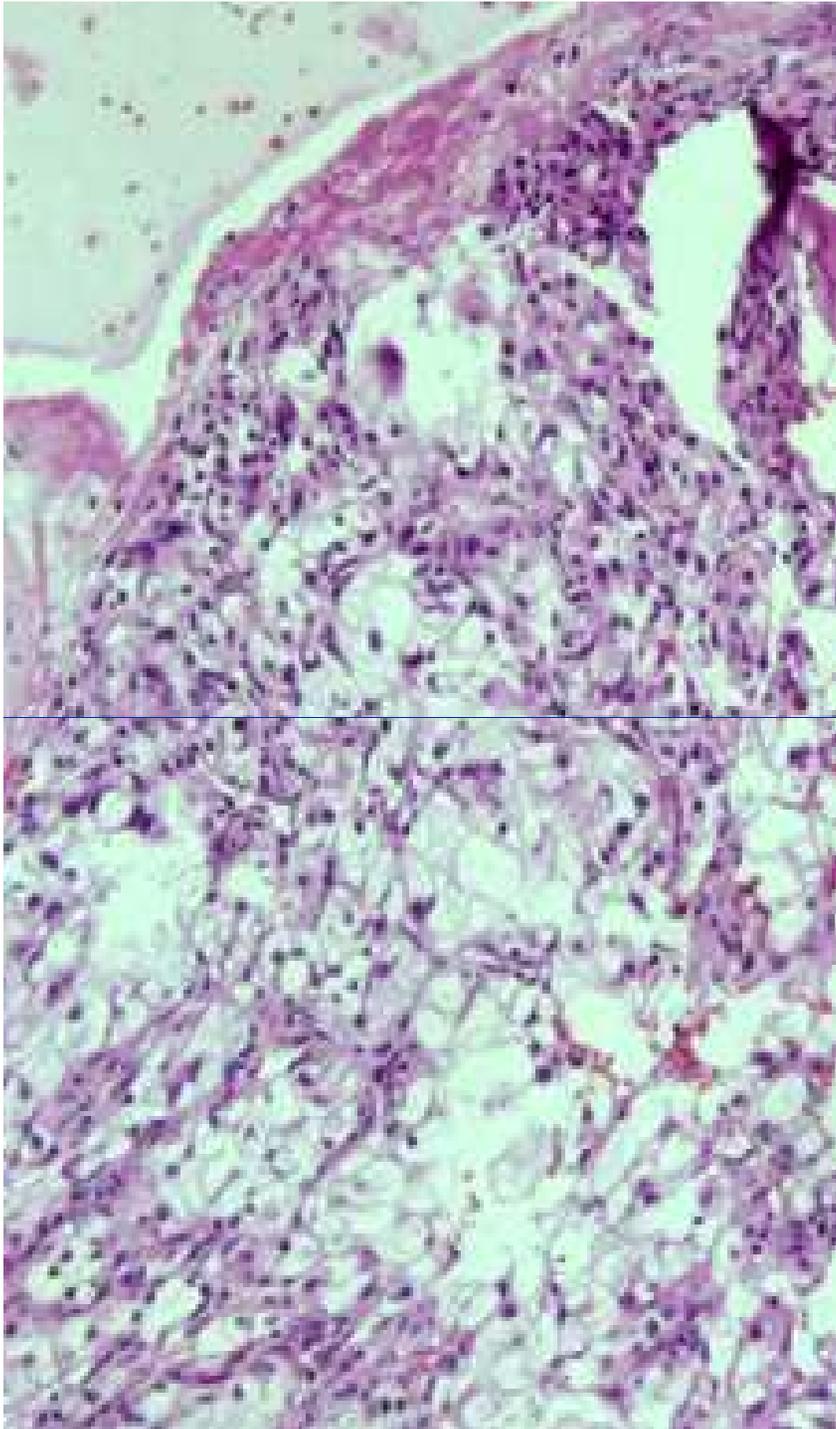
# **DIAGNOSIS**

**Metastatic small cell variant of  
malignant melanoma to the liver**

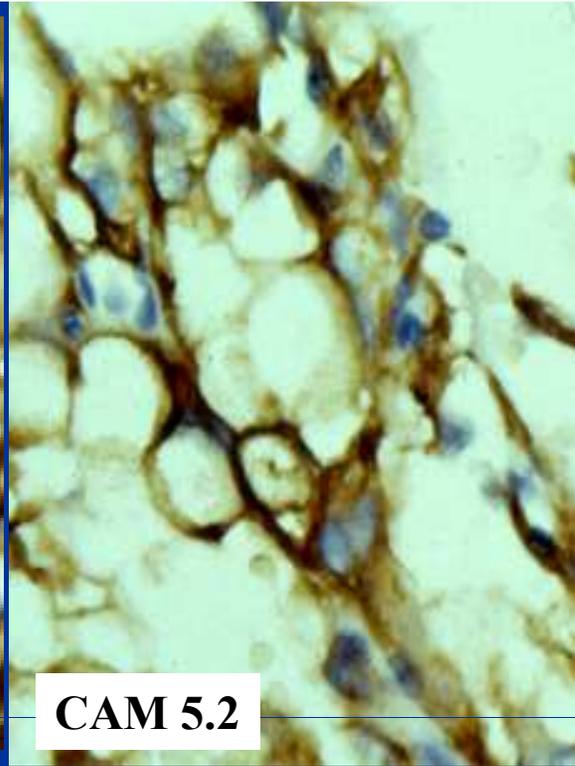
# Case 4

53 year old male presented with a 6 cm sacral mass and pain in his legs. A FNA biopsy was performed

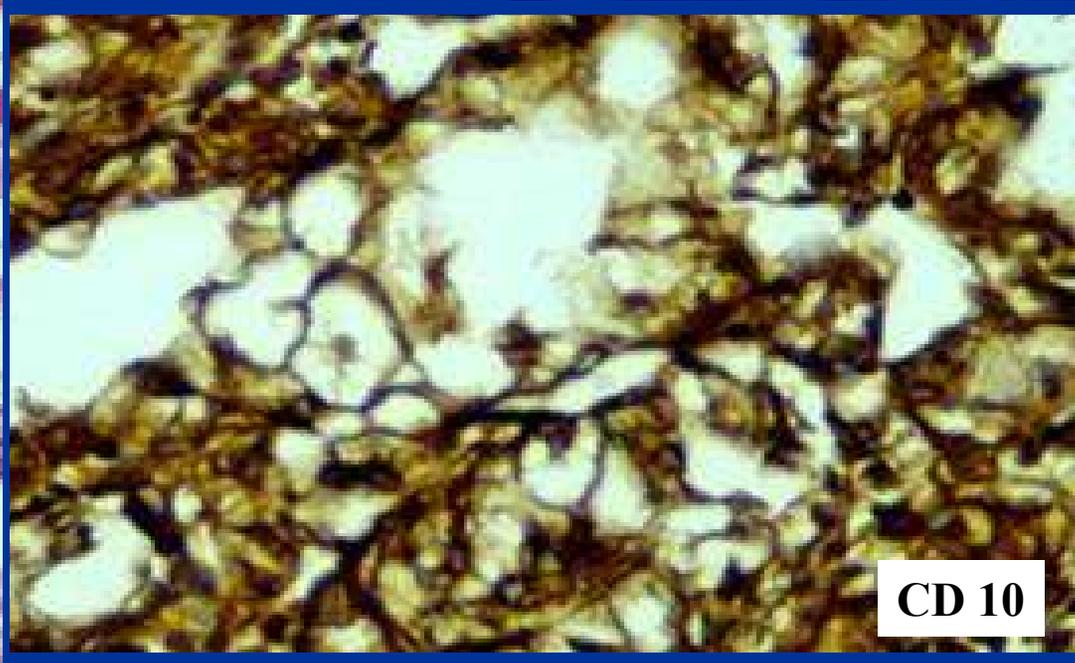




**Vimentin**



**CAM 5.2**



**CD 10**

## **Case 4**

# **DIAGNOSIS**

**Metastatic conventional clear cell carcinoma of the kidney**

# CYTOMORPHOLOGIC PATTERNS OF METASTASIS OF UNKNOWN PRIMARY ORIGIN

## Cell Pattern / Type

Small Cell

Oncocytic/Granular

Clear Cell

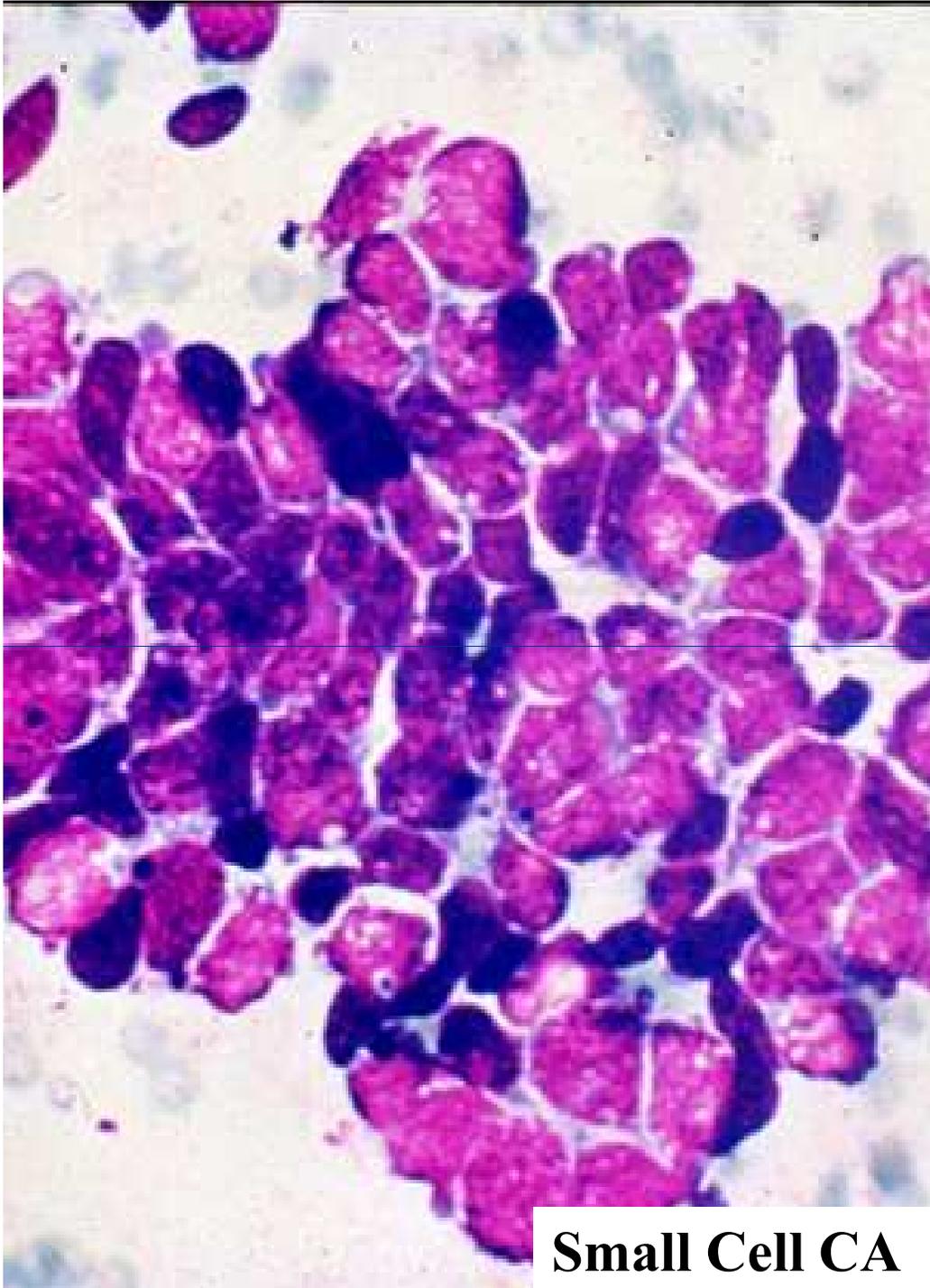
Pleomorphic/Giant Cell

Spindle cell

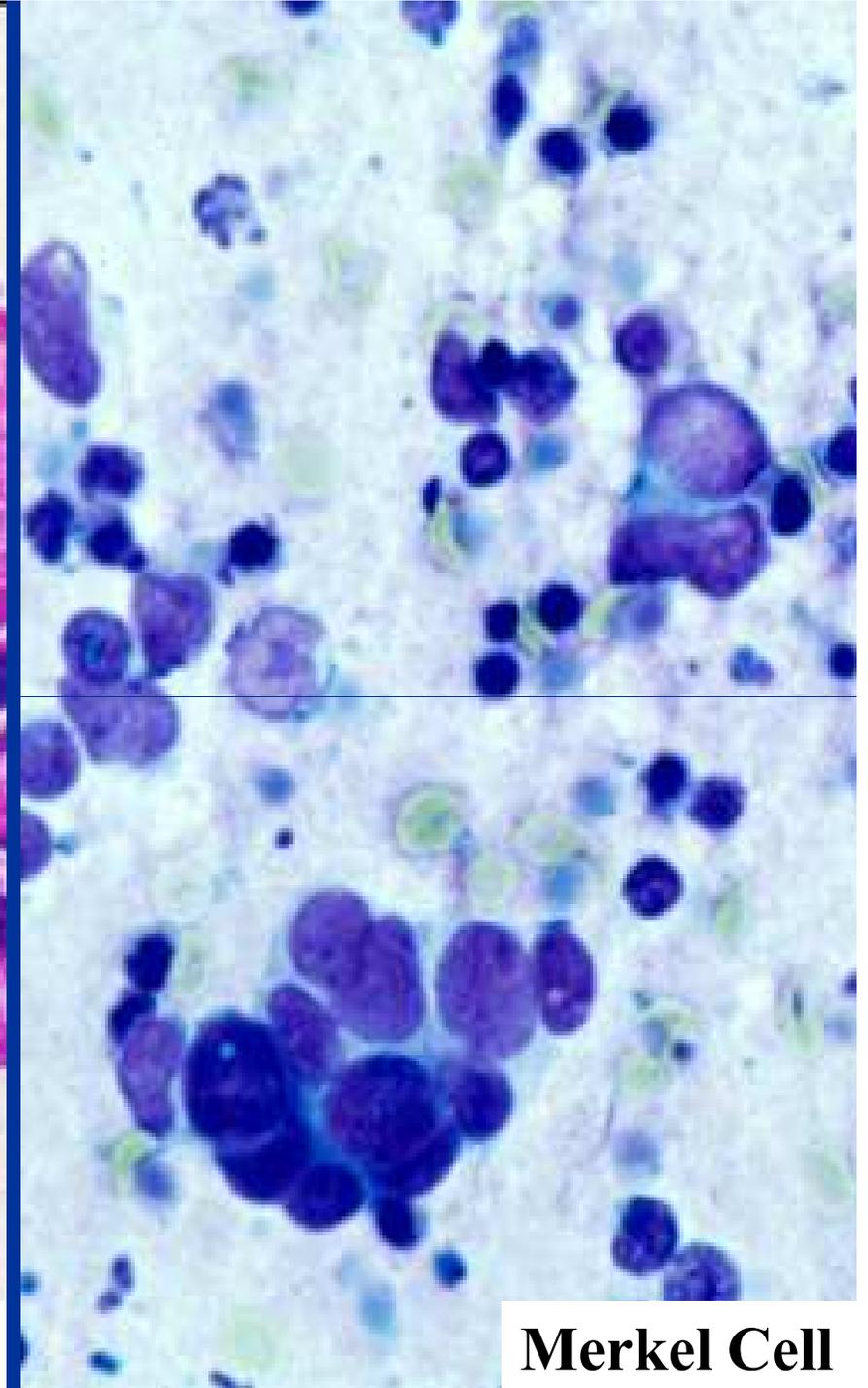
Polygonal, Large Cell

# Small Cell Tumors

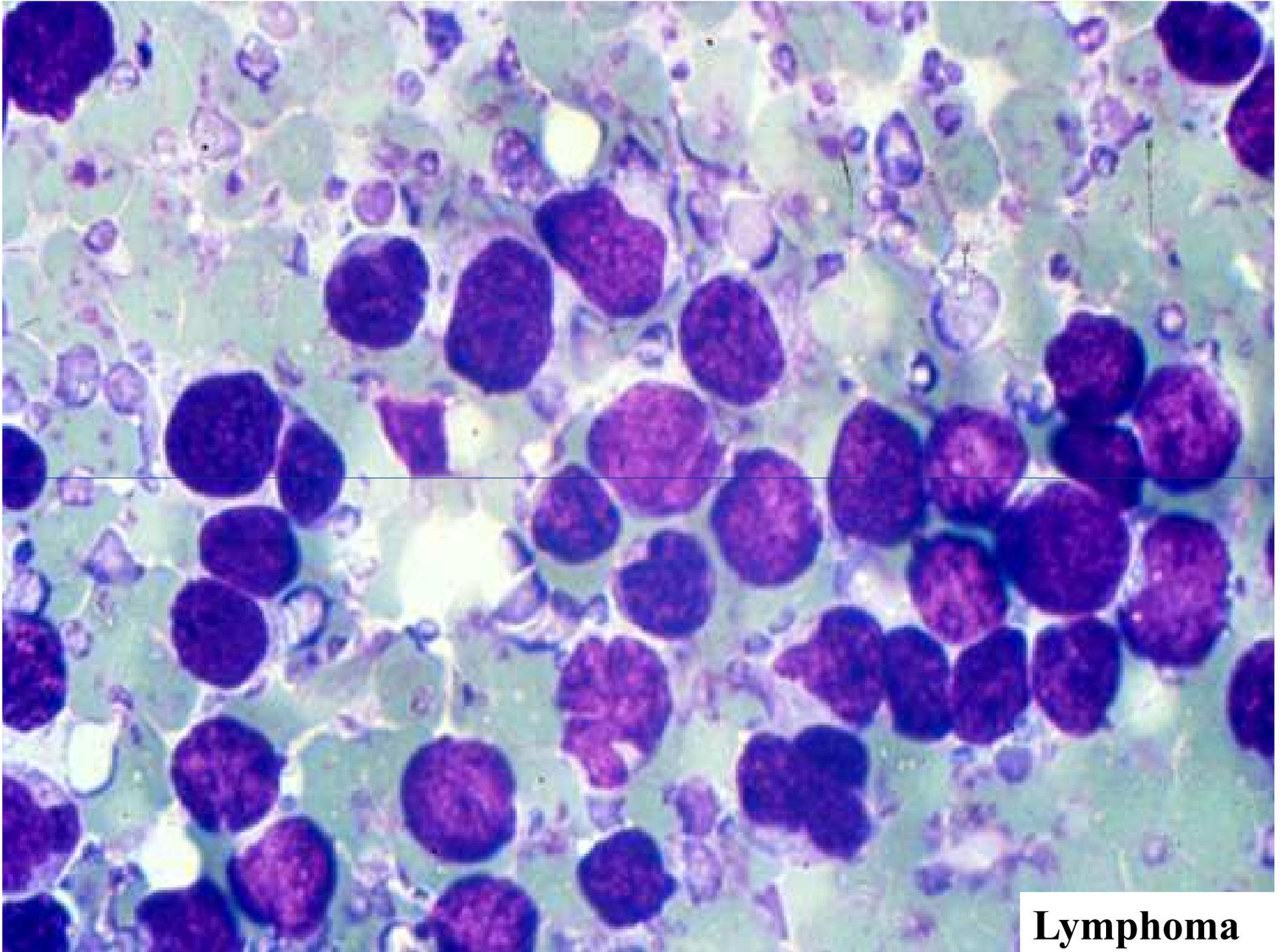
- Neuroendocrine tumors
  - Carcinoids / Islet cell tumors, ect.
  - Small cell (neuroendocrine) carcinoma
- Poorly differentiated carcinomas
  - Squamous Cell Carcinoma
  - Adenocarcinoma
- Lymphomas
- Small blue cell tumors of childhood
- Some sarcomas (synovial)
- Melanoma variant



**Small Cell CA**

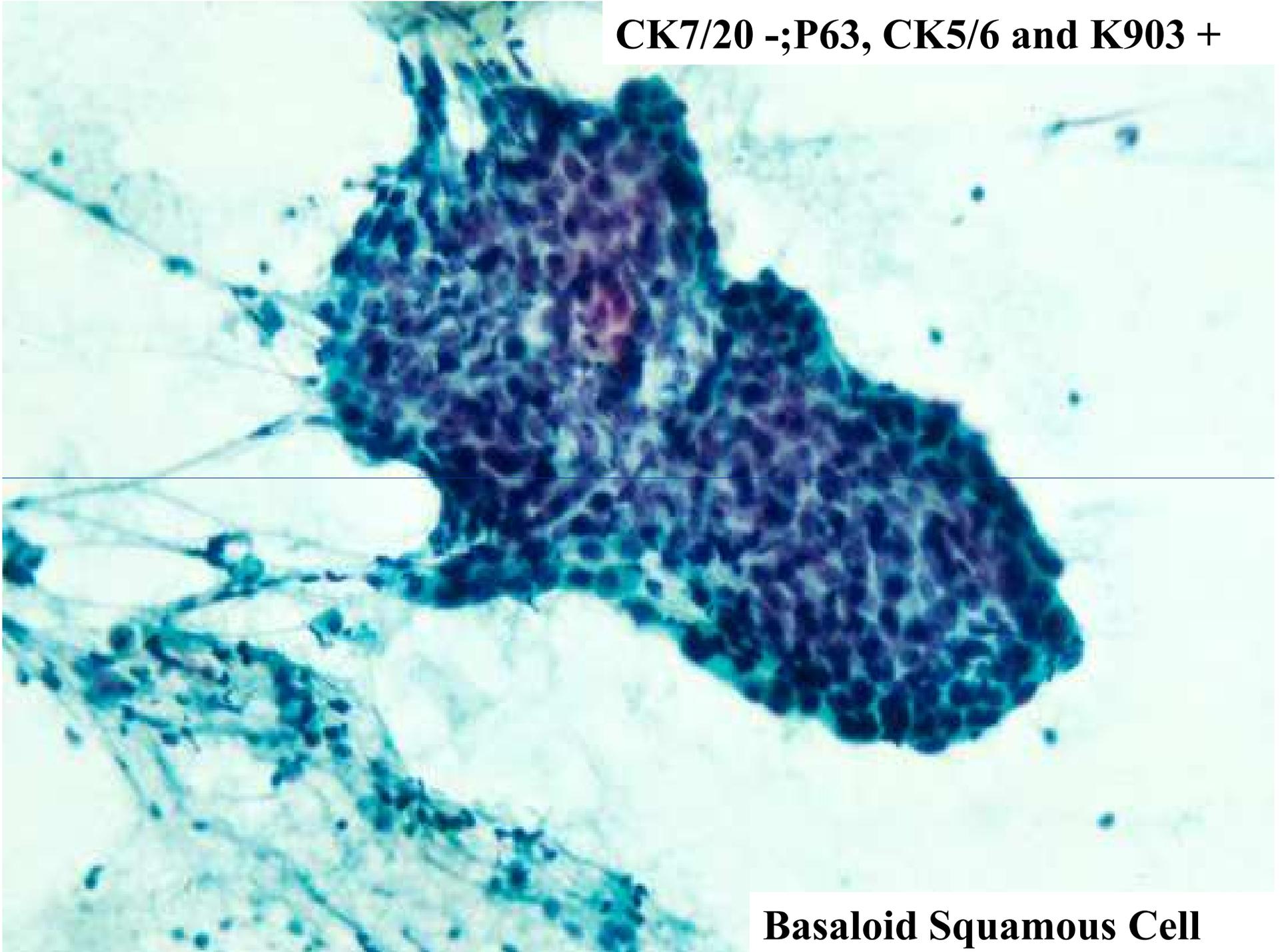


**Merkel Cell**



**Lymphoma**

**CK7/20 -;P63, CK5/6 and K903 +**



**Basaloid Squamous Cell**

# Pleomorphic / Giant Cells

- Carcinomas

  - Lung, Pancreas, Liver, Thyroid, etc.

- Sarcomas

  - i.e., Malignant fibrous histiocyoma, etc.

- Germ cell tumors

  - Choriocarcinoma

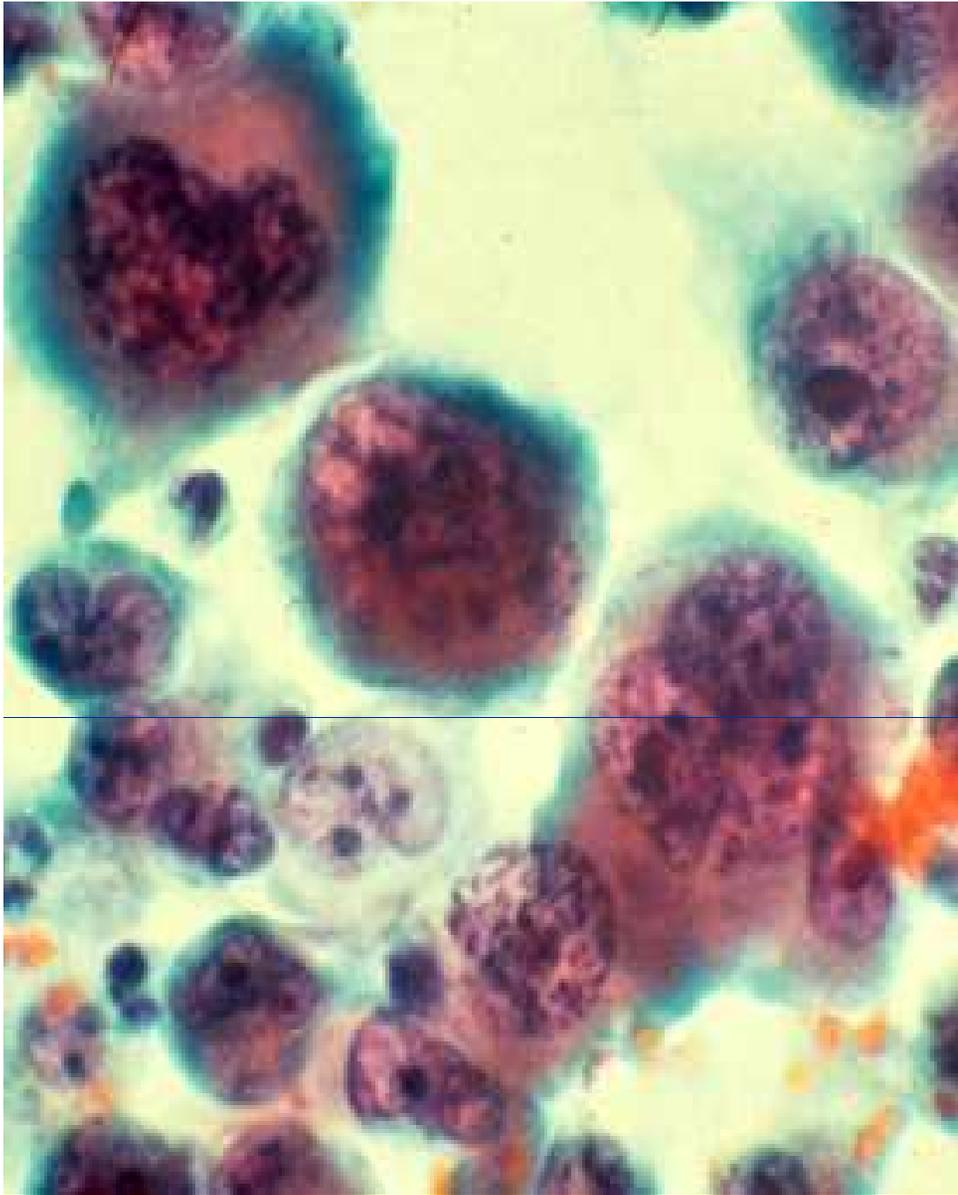
- Neuroendocrine tumors

  - Pheochromocytoma

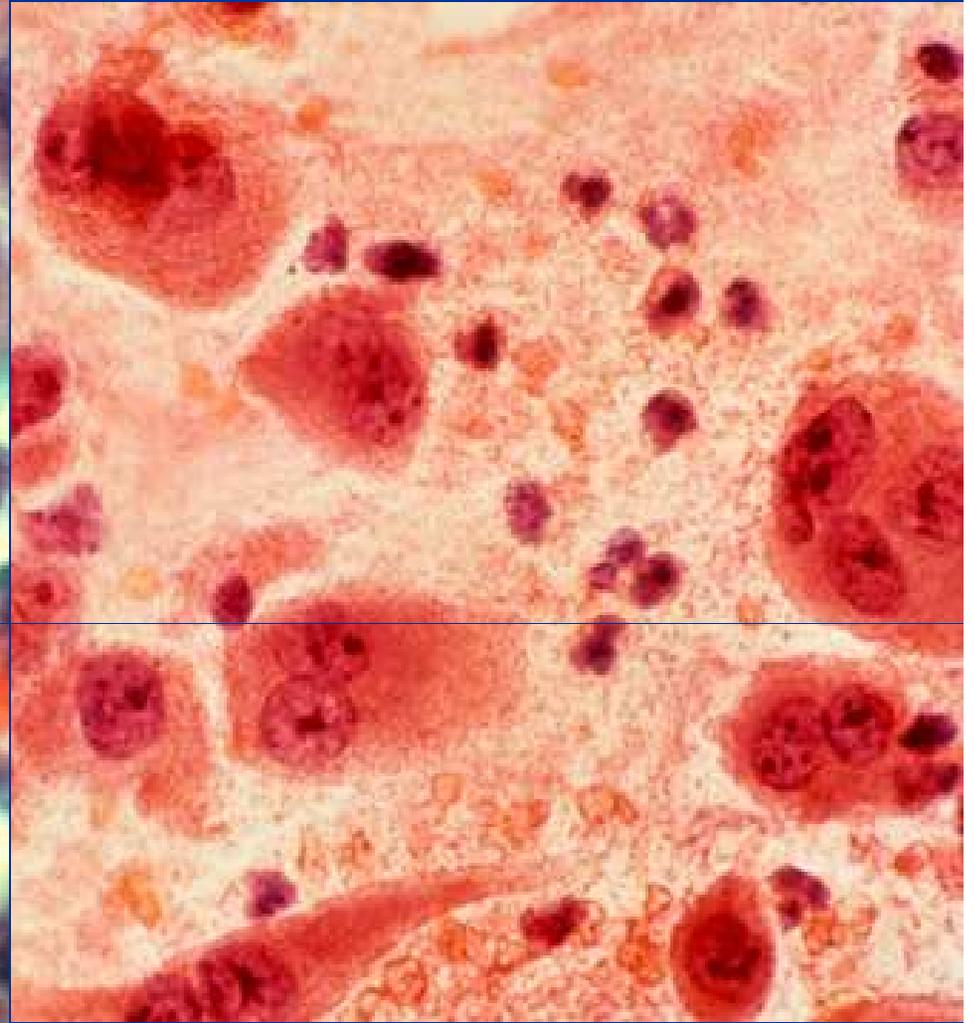
- Lymphoreticular neoplasms

  - Anaplastic large cell lymphoma (Ki-1)

- Melanoma



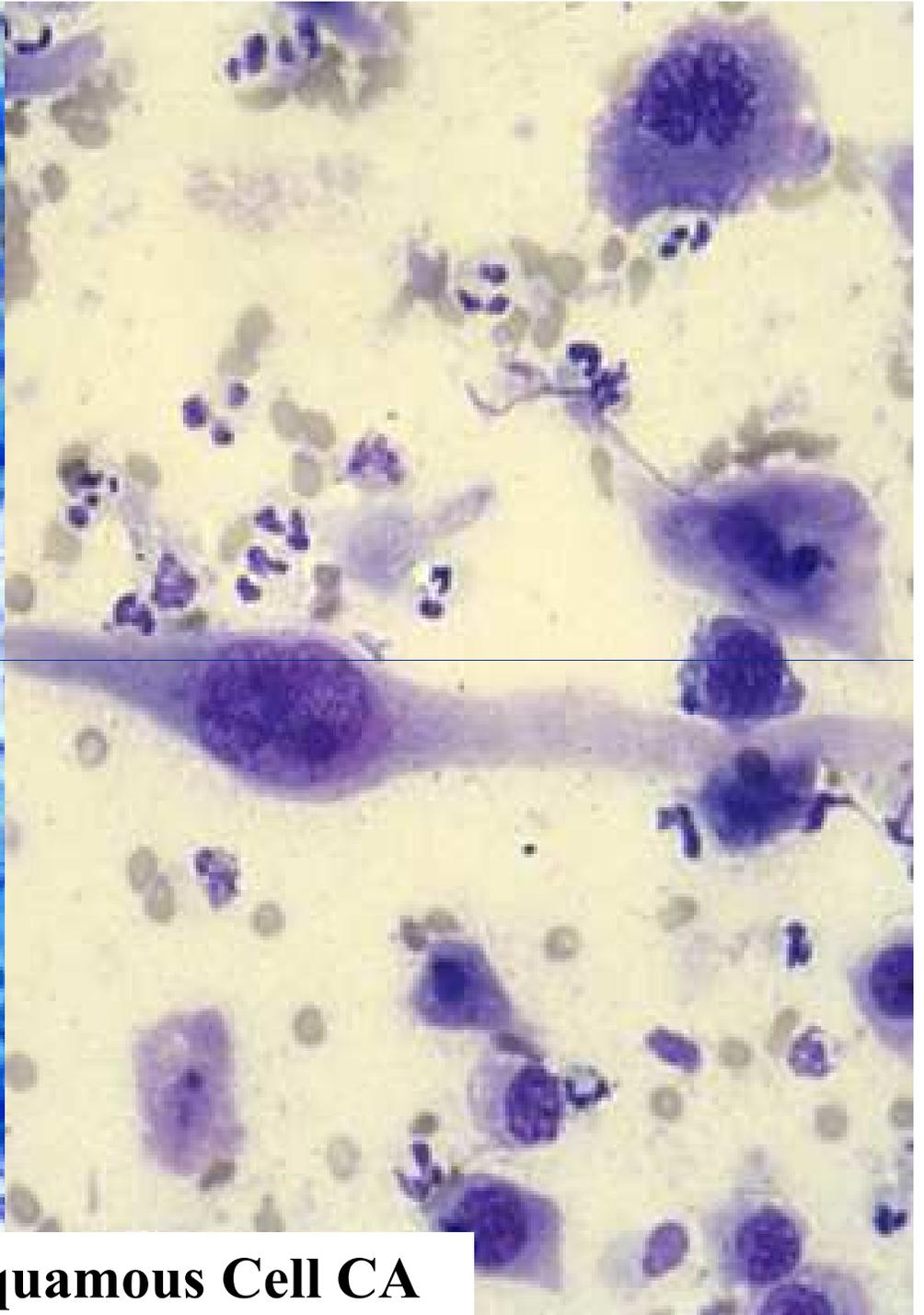
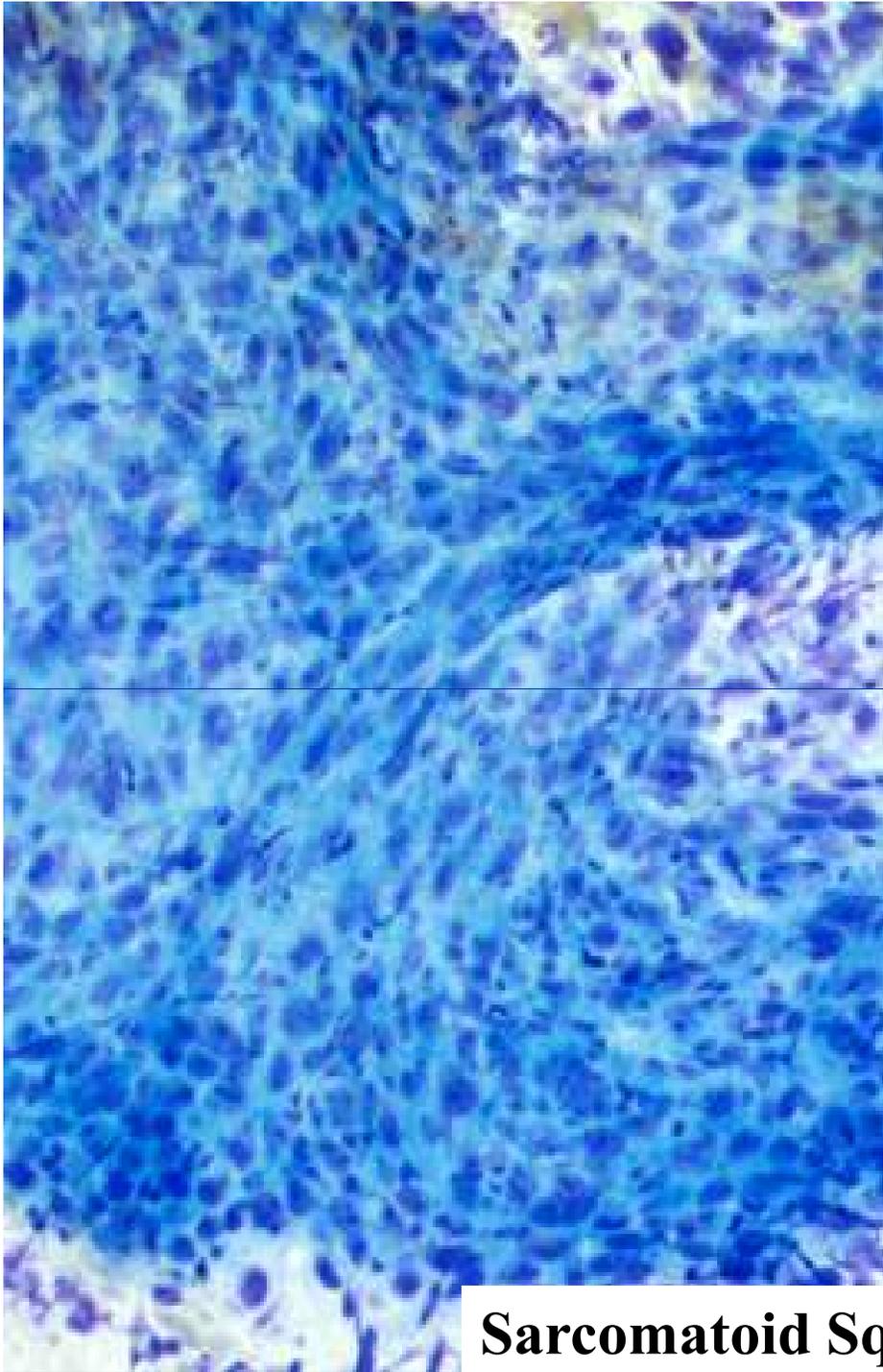
**Pleomorphic Large Cell Lung**



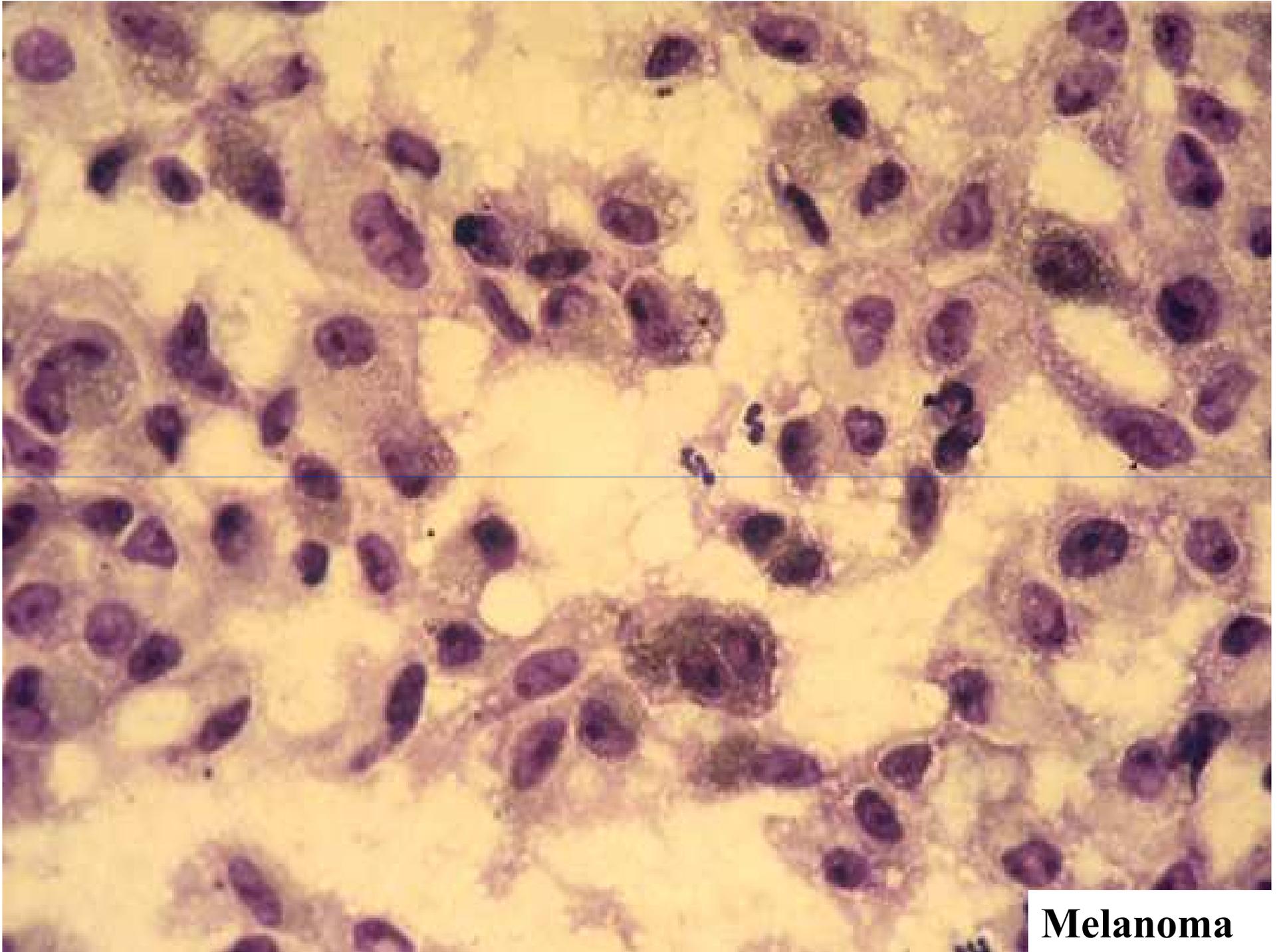
**Pancreas - Pleomorphic Giant Cell CA**

# Spindle Cells

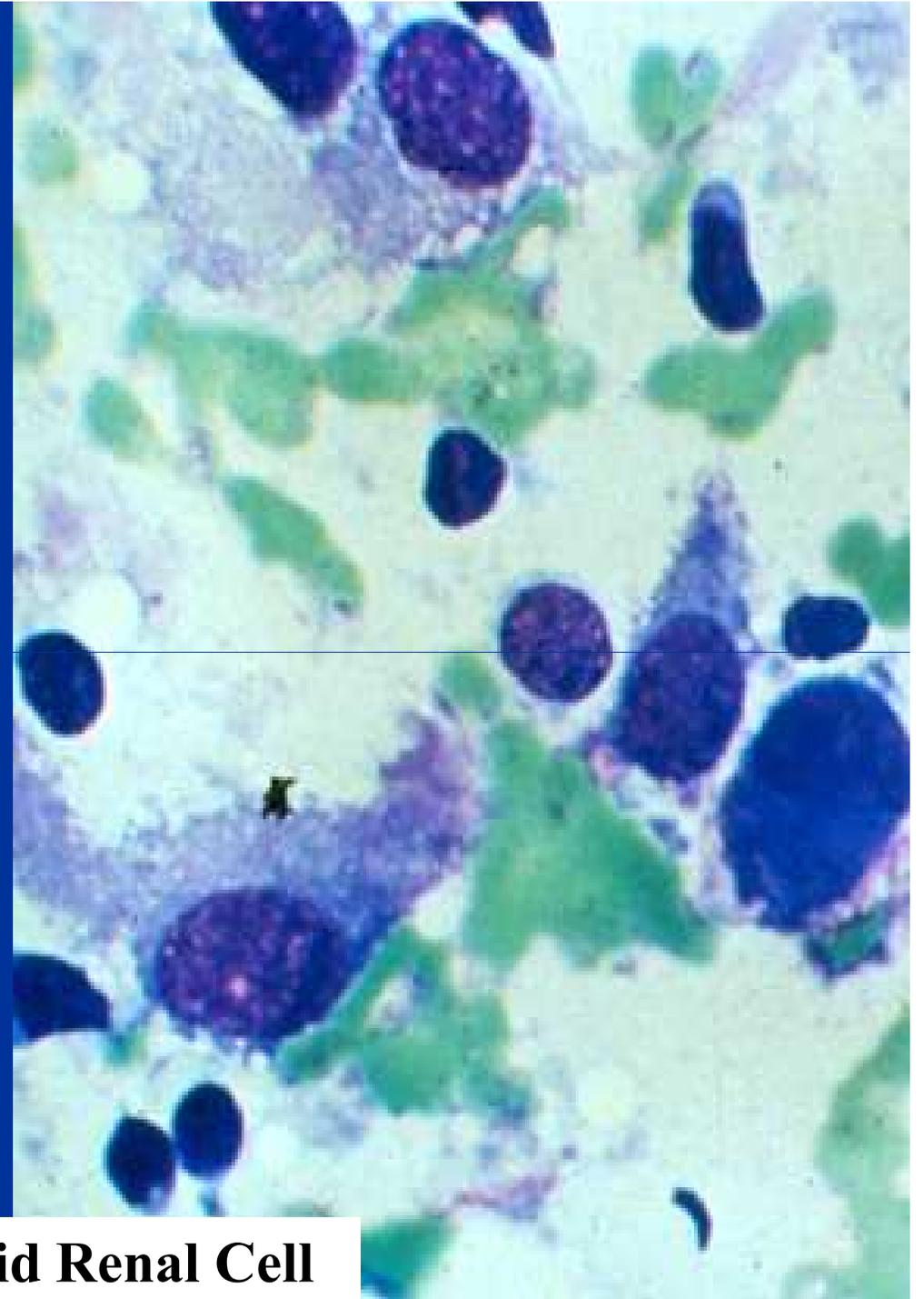
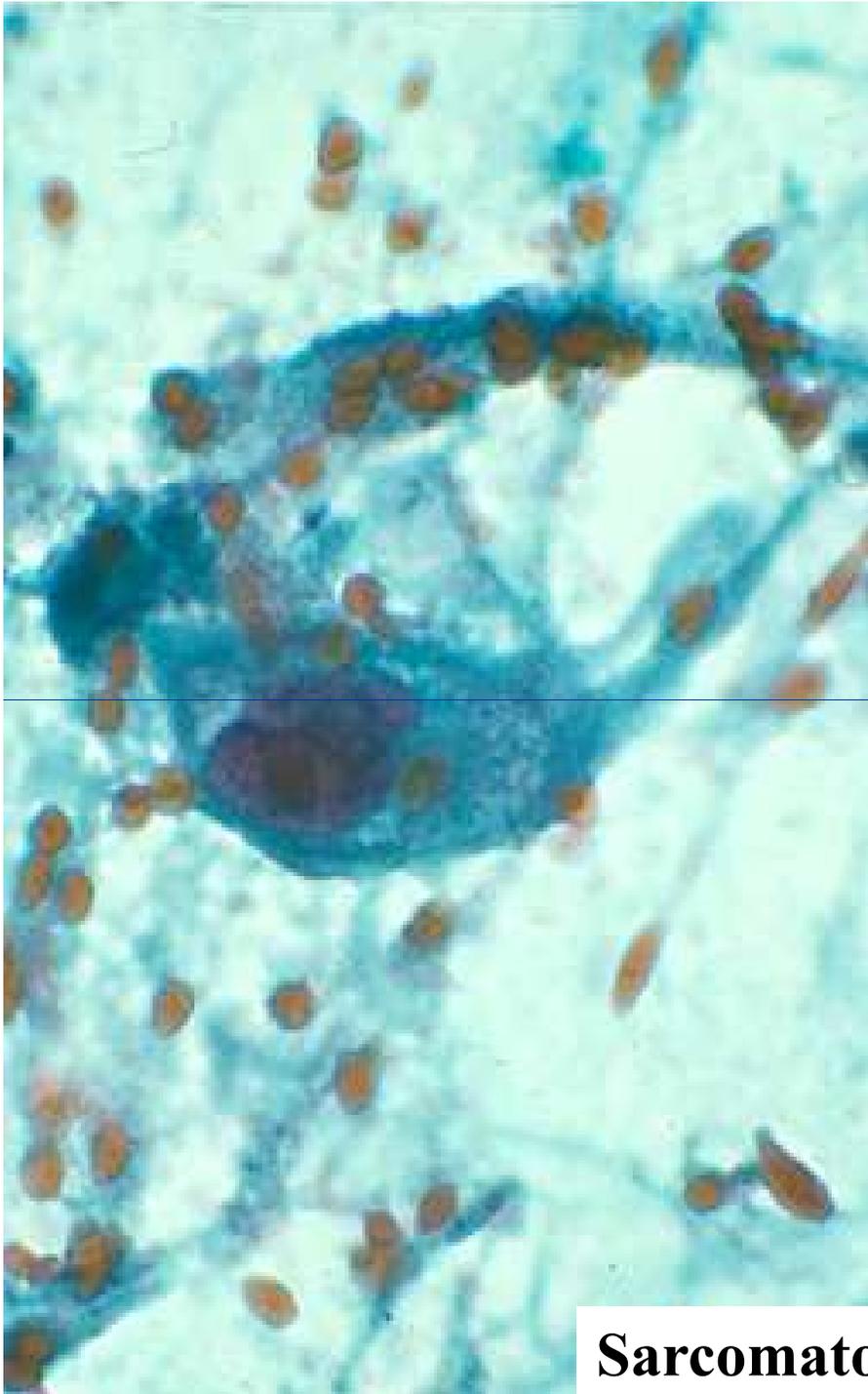
- Sarcomas
  - Fibrosarcoma
- Sarcomatoid Carcinomas
  - Renal Cell CA; Spindle Squamous CA
- Pseudosarcomas
  - Nodular fasciitis, fibromatosis, repair, etc.
- Neuroendocrine tumors
  - Paraganglioma
- Melanoma



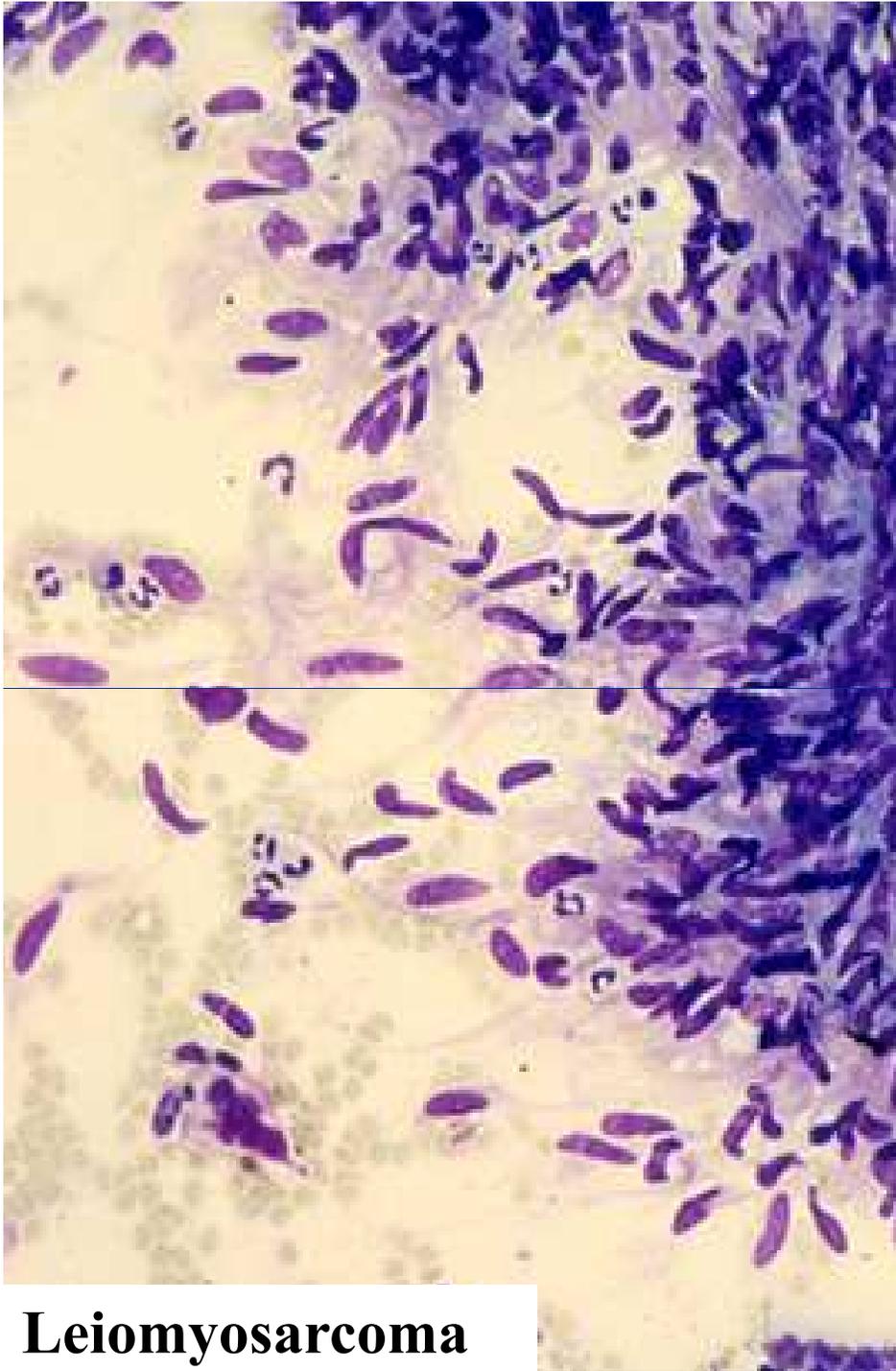
**Sarcomatoid Squamous Cell CA**



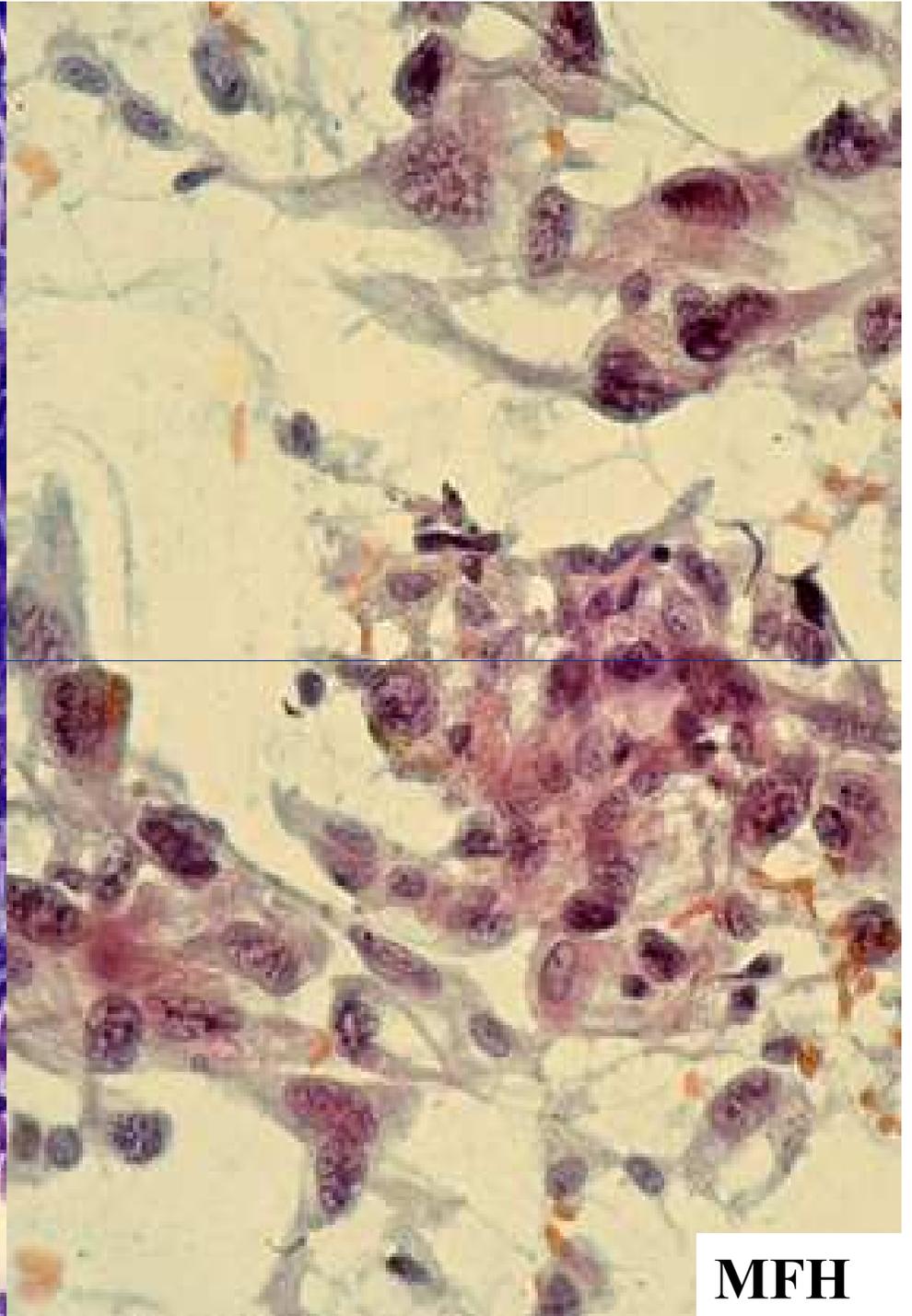
**Melanoma**



**Sarcomatoid Renal Cell**



**Leiomyosarcoma**



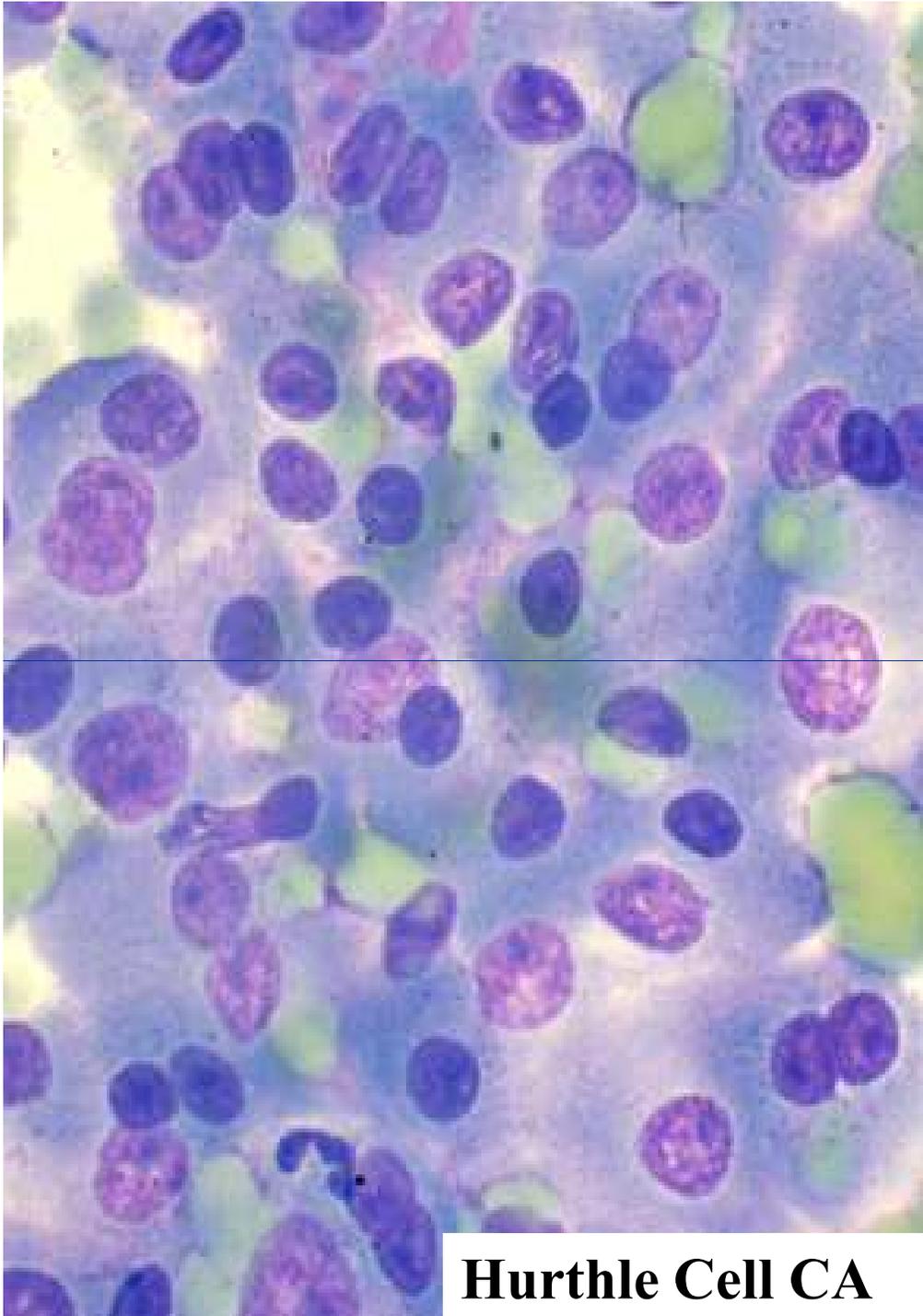
**MFH**

# Granular Cell Neoplasms

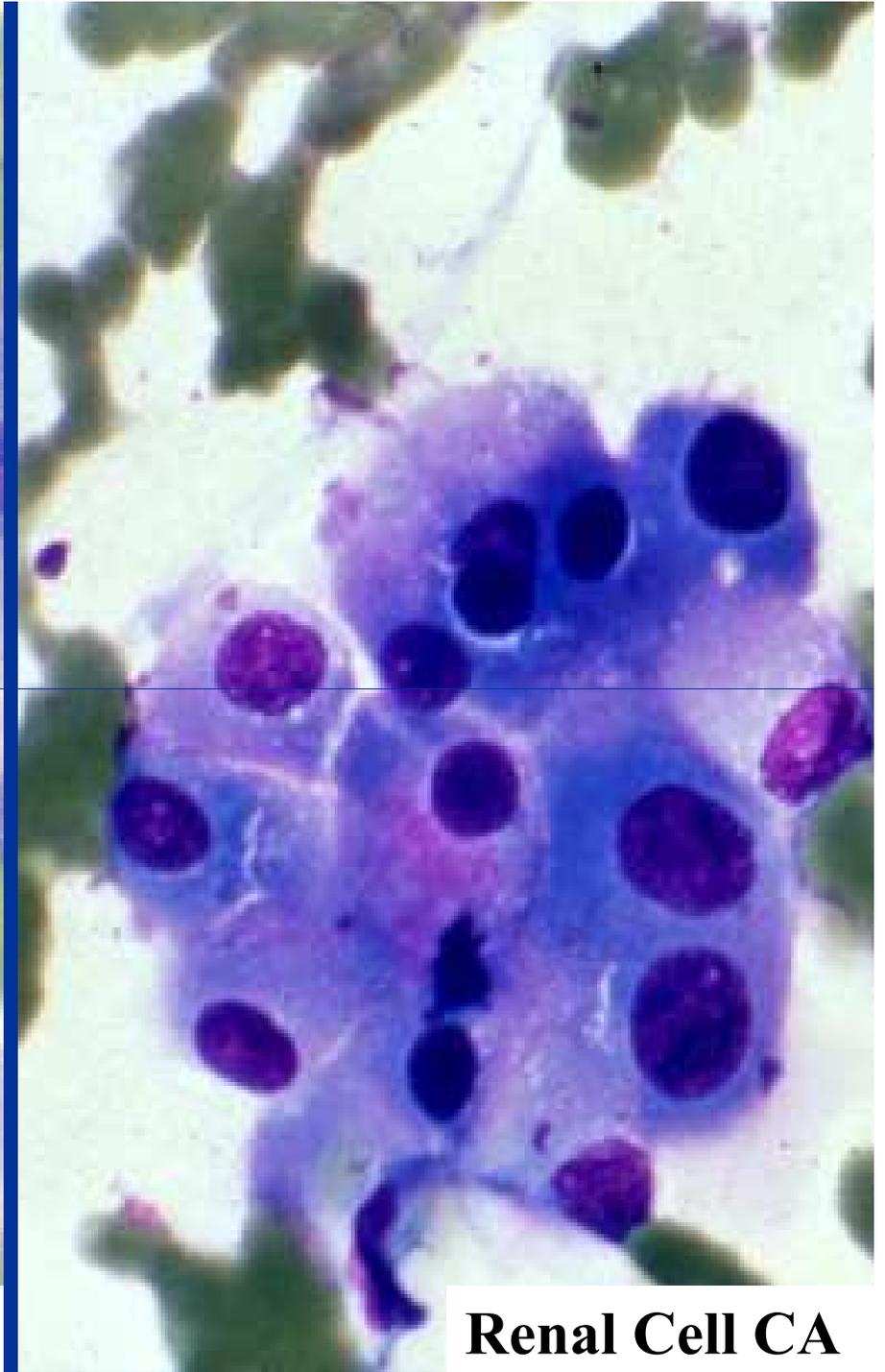
- Carcinomas (Adenomas)
  - Kidney, Liver, Salivary Gland, Glassy Cell (cervix)
- Oncocytic / Hurthle Neoplasms
  - Kidney, Thyroid, etc.
- Apocrine - Breast, Sweat Gland
- Neuroendocrine Tumors - Carcinoid, Paraganglioma
- Soft Tissue Tumors - Granular Cell Tumor
  - Others: Muscle, Alveolar Soft Parts Sarcoma
- Melanoma
- Hilar / Leydig Cell Tumor

DDX: Nonspecific degeneration

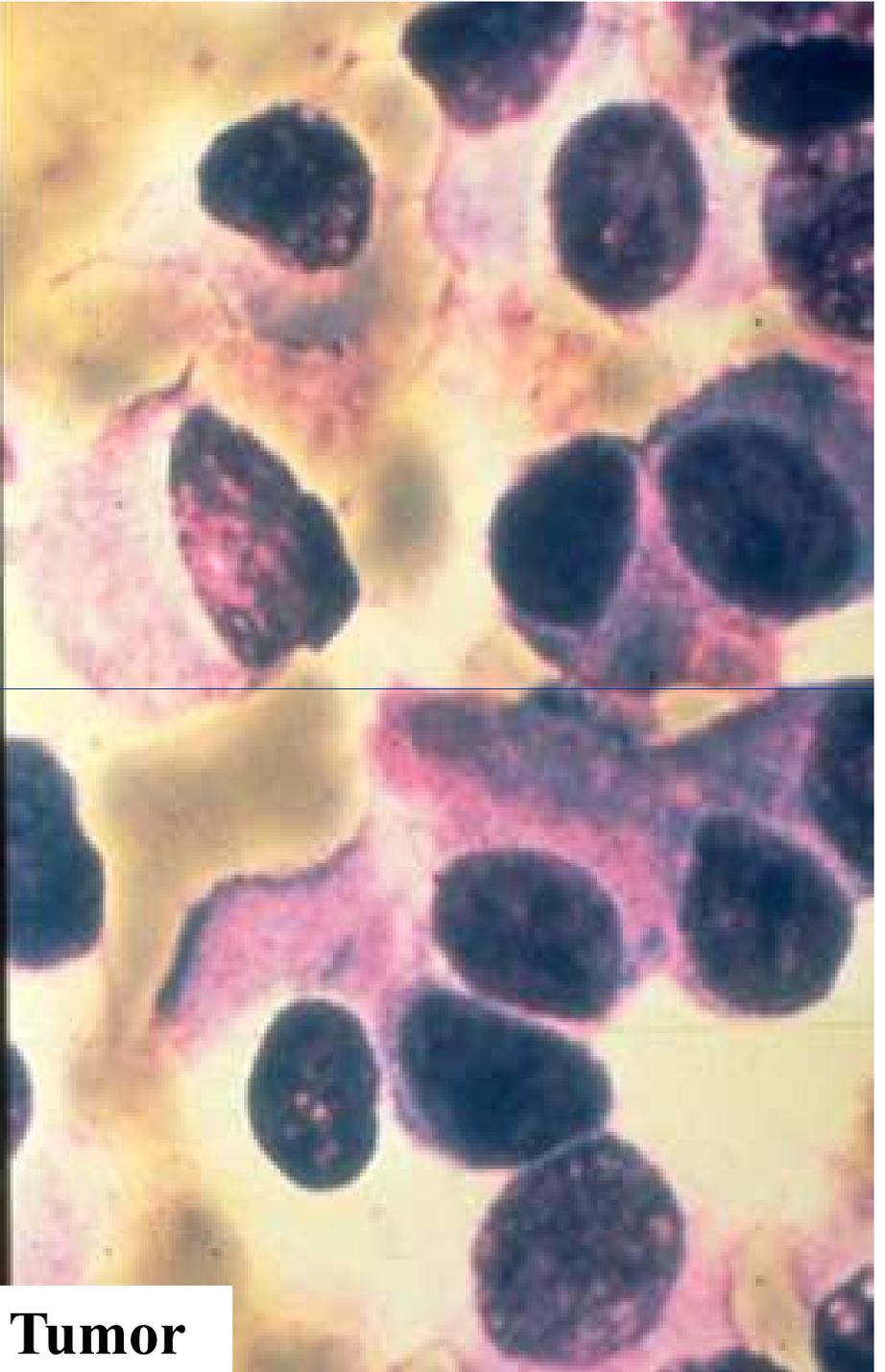
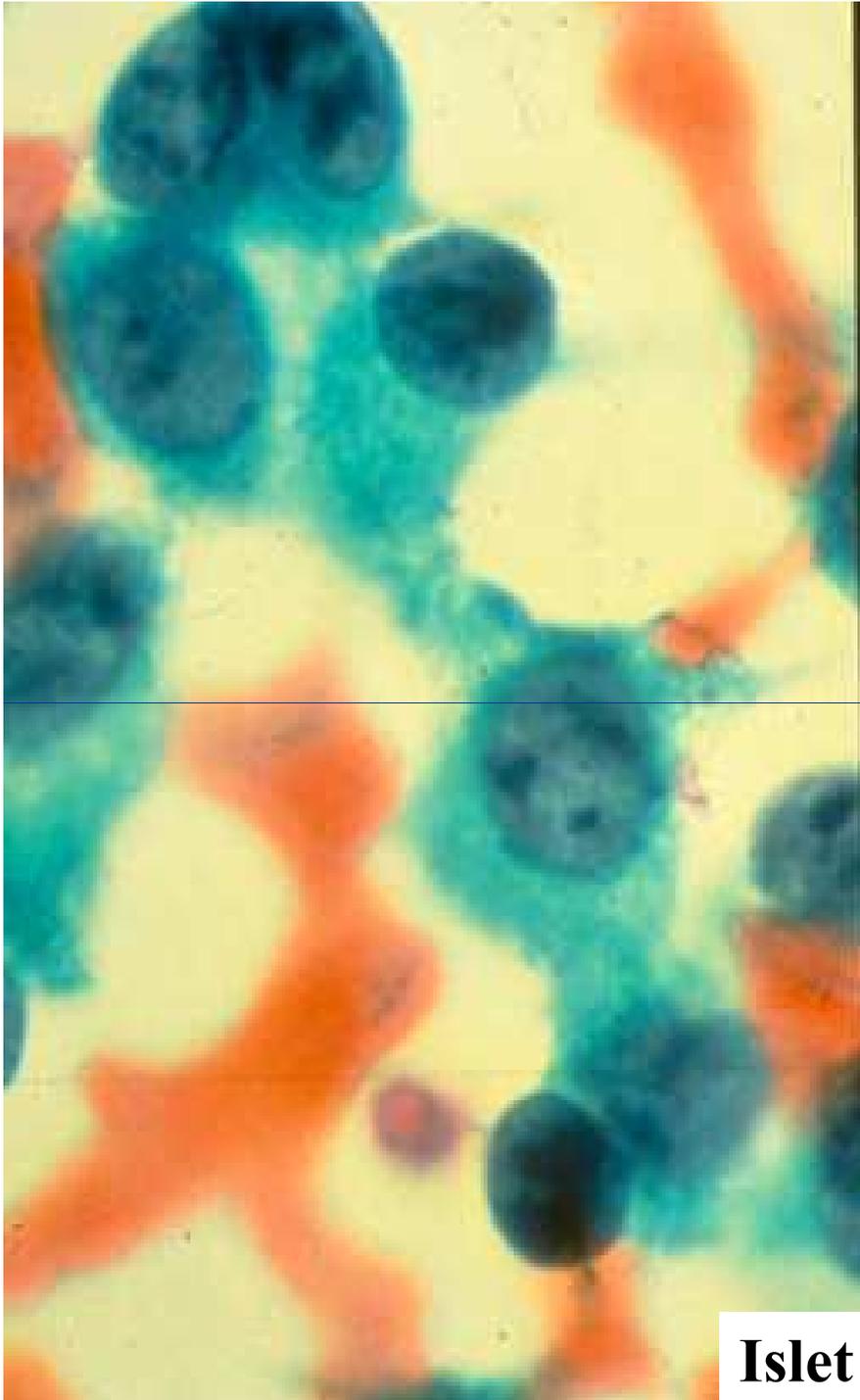
Modified from DeMay



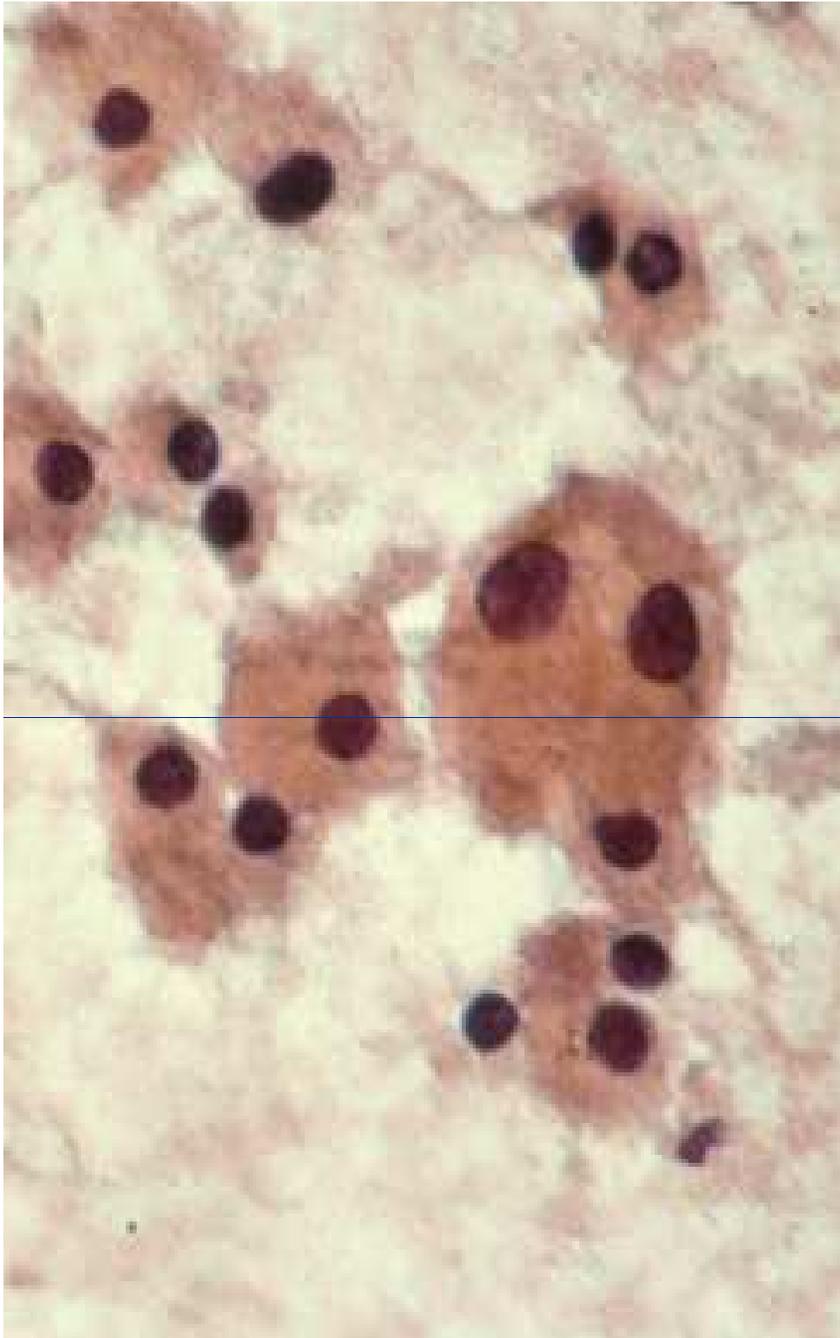
**Hurthle Cell CA**



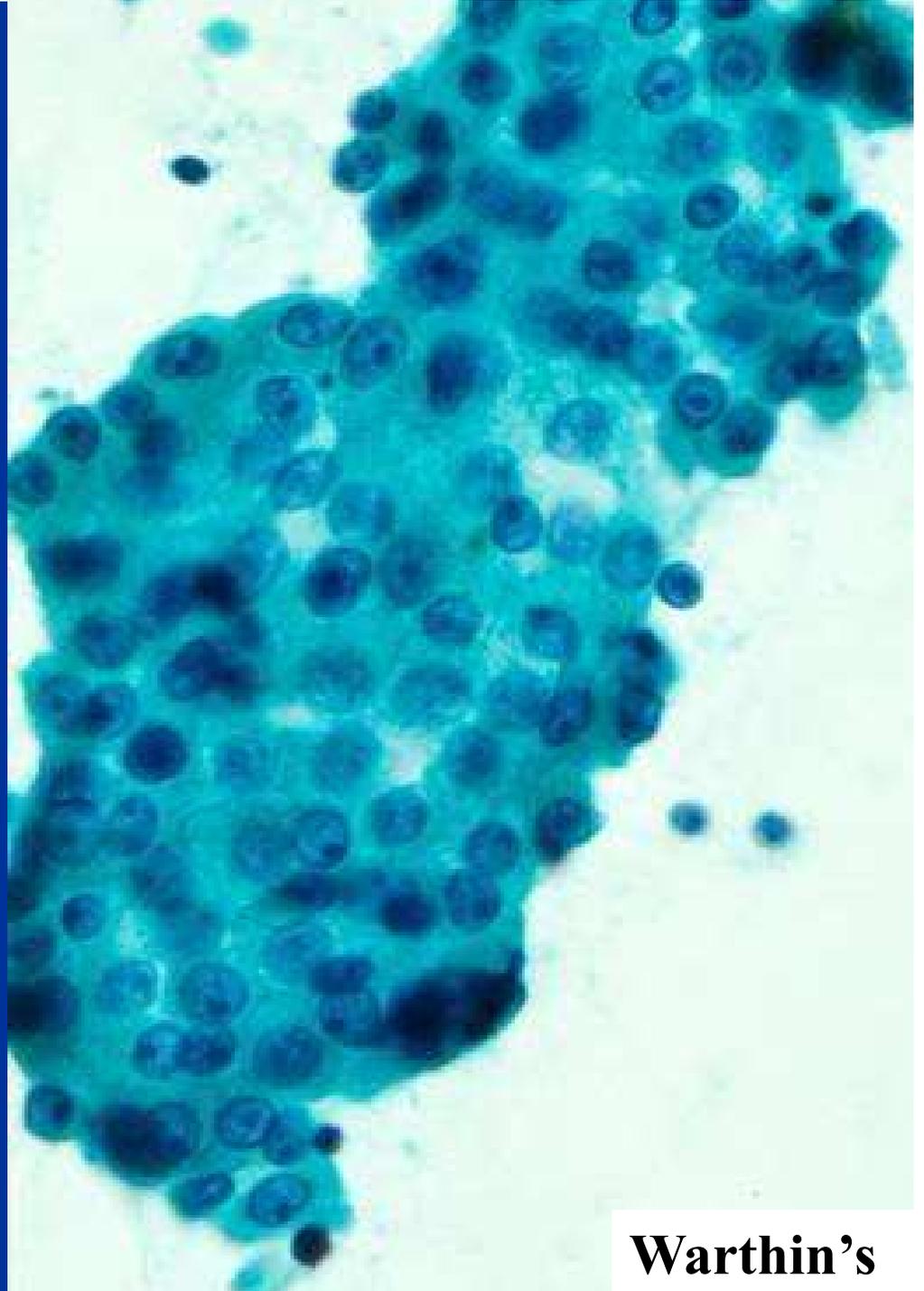
**Renal Cell CA**



**Islet Cell Tumor**



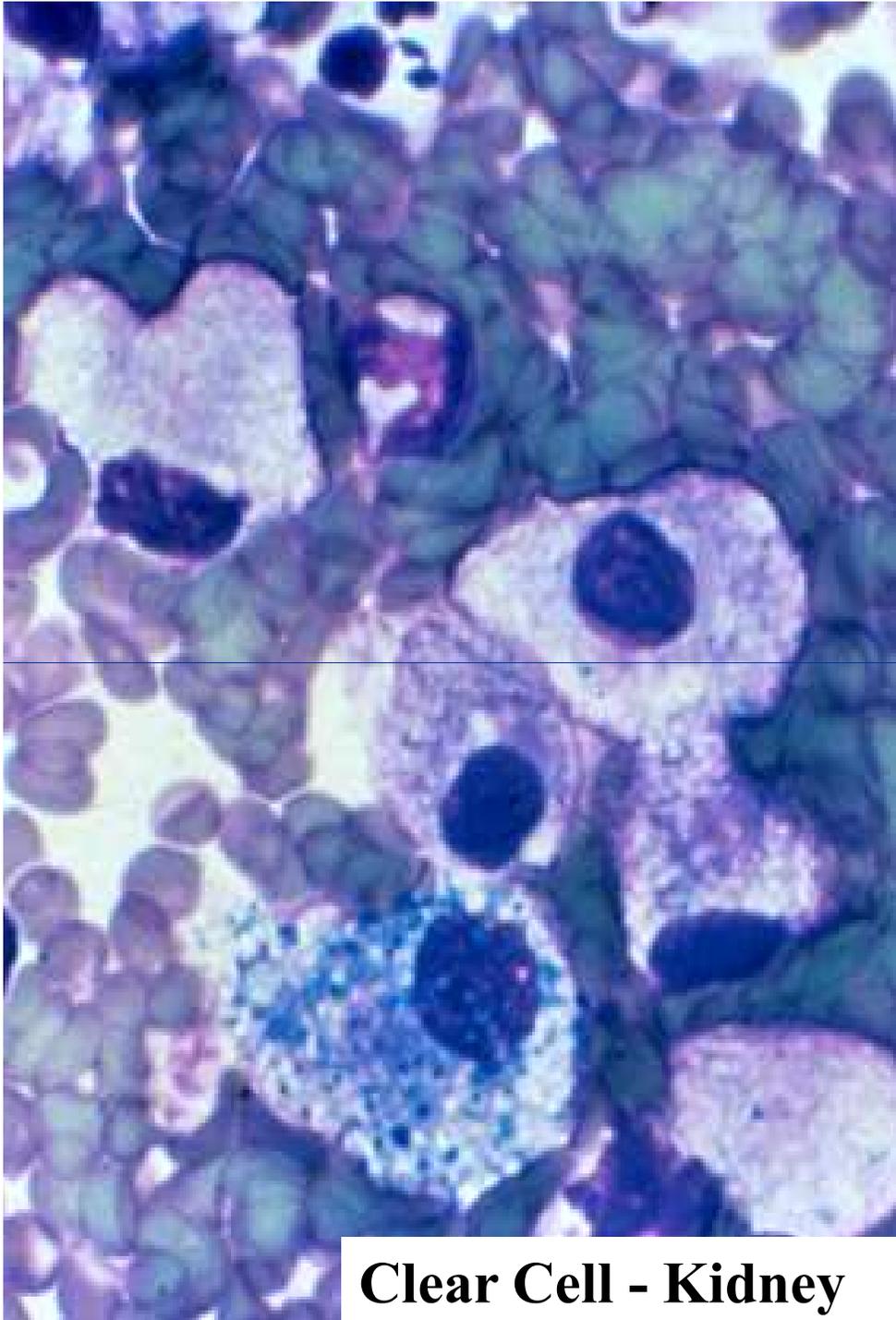
**Oncocytic Neuroendocrine**



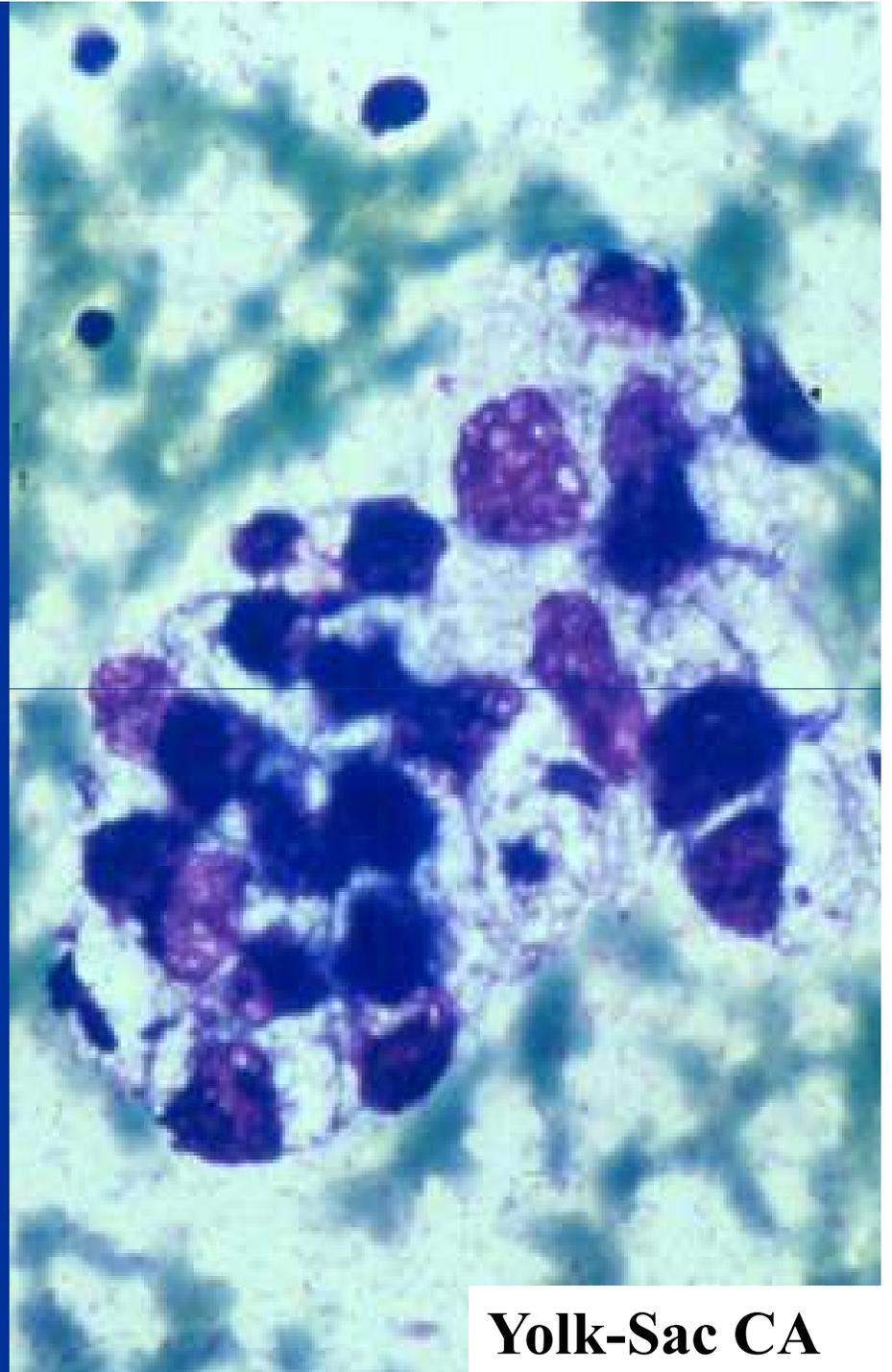
**Warthin's**

# Clear cell Tumors

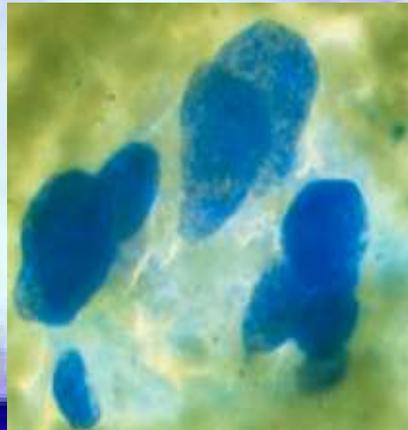
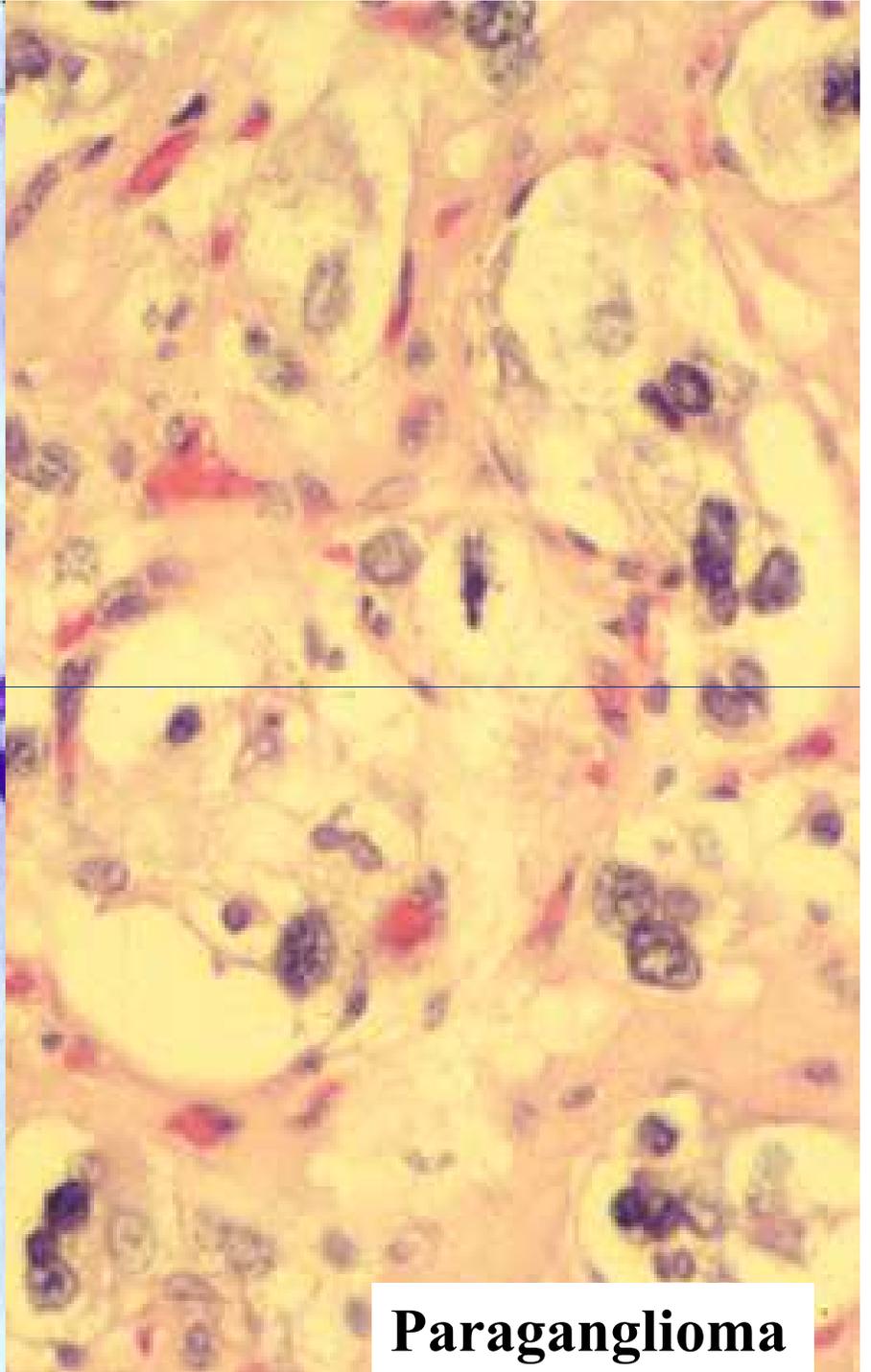
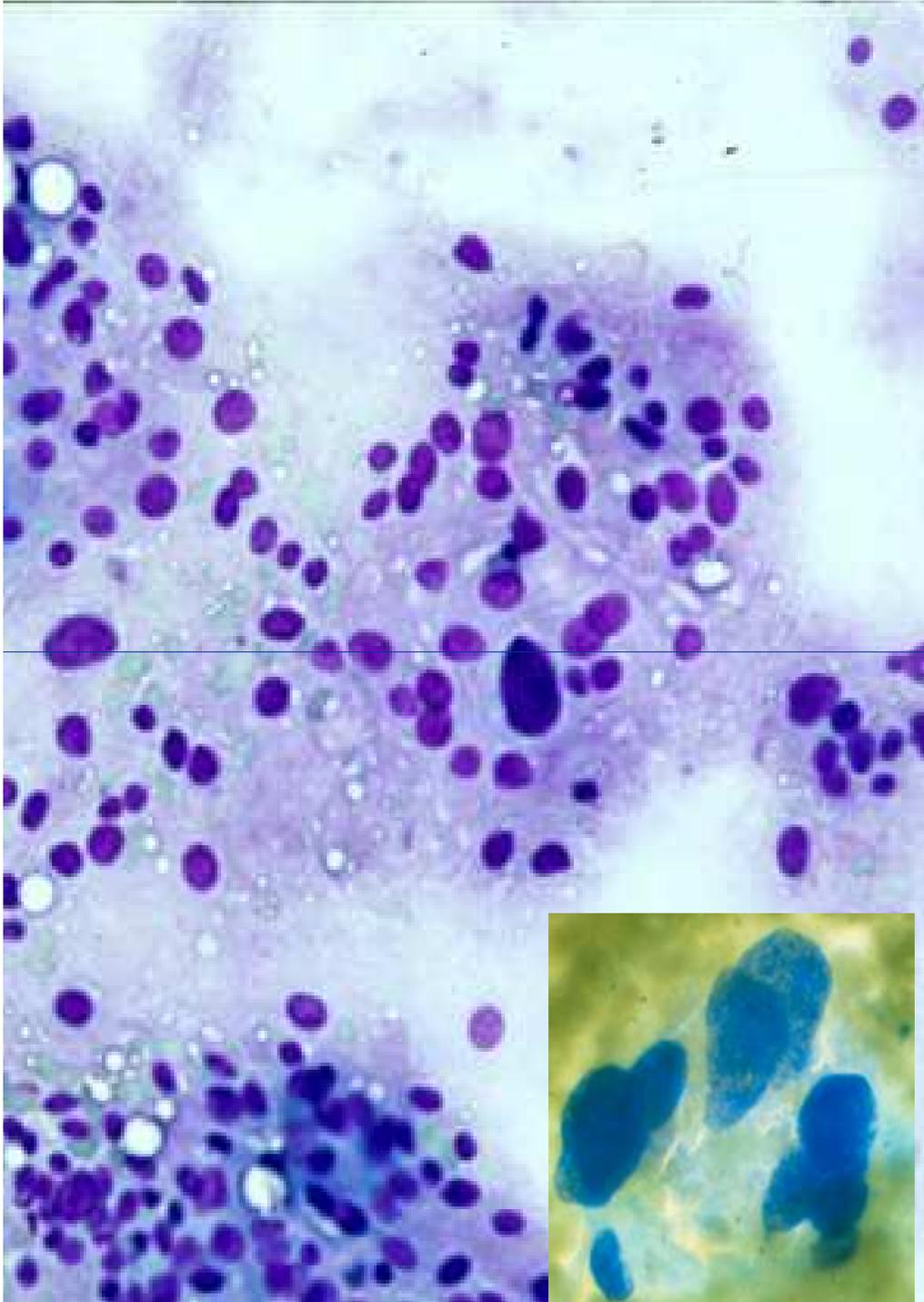
- Carcinomas
  - KIDNEY, also Ovary, Liver, Adrenal, Salivary Gland, lung GYN, Thyroid
- Oncocytic neoplasms
- Acinic / Acinar Tumors
- Neuroendocrine Tumors (i.e., paraganglioma)
- Soft Tissue Tumors (i.e., clear cell sarcoma)
- Lymphoma - very rare
- Germ Cell Tumors
- Melanoma (ballon cells)



**Clear Cell - Kidney**



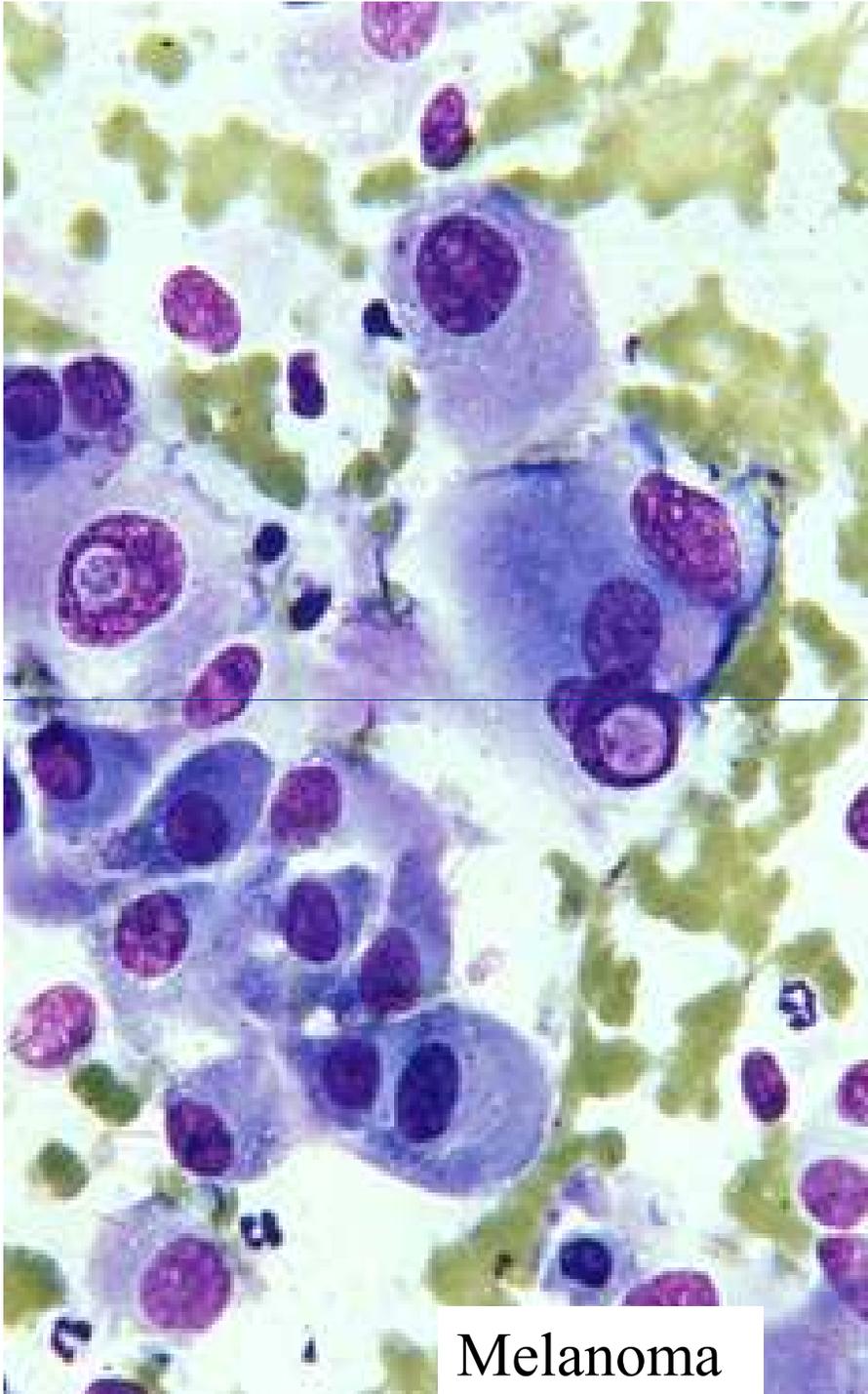
**Yolk-Sac CA**



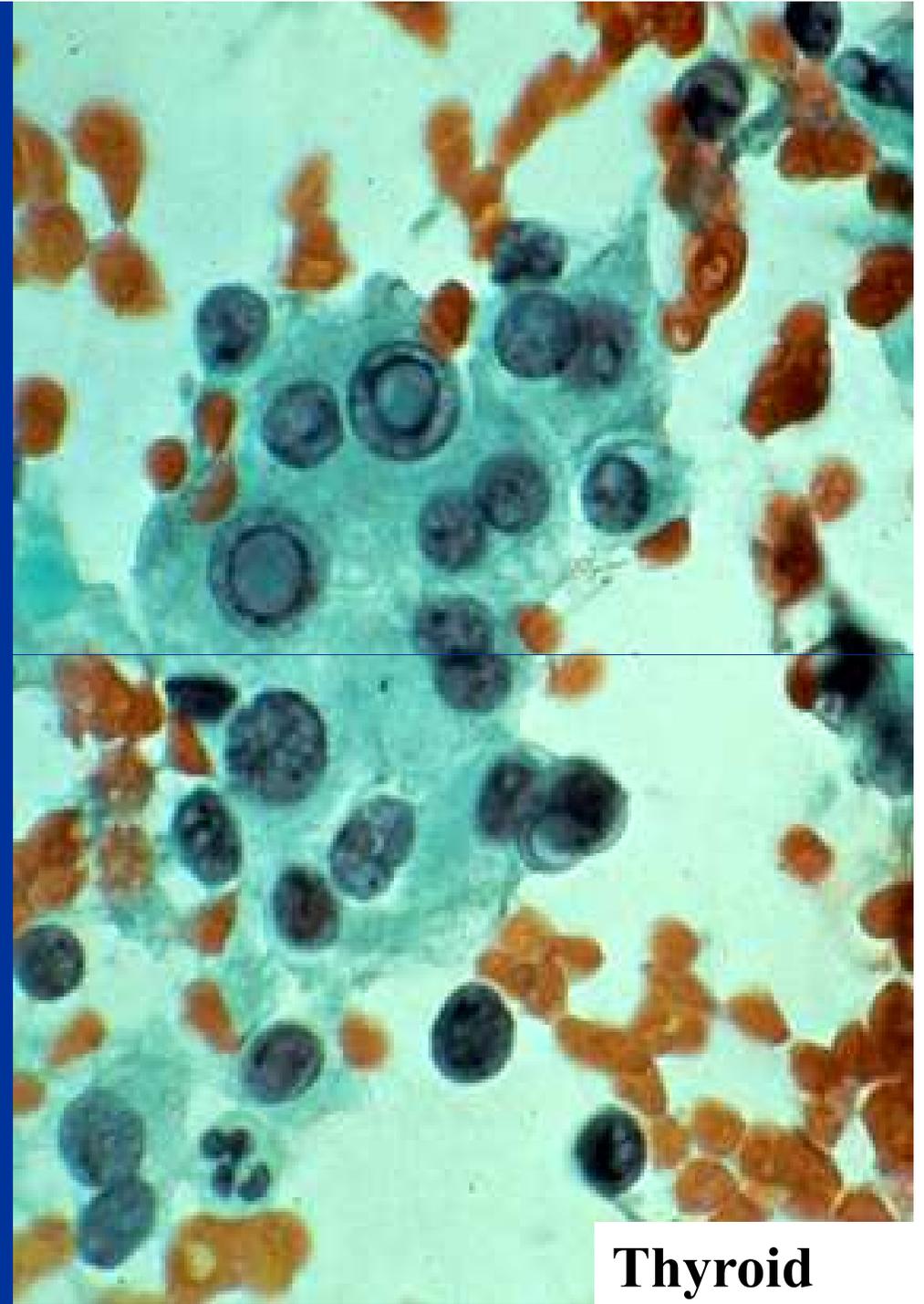
**Paraganglioma**

# Intranuclear Cytoplasmic Inclusions

- Thyroid
  - Papillary CA, others
- Lung
  - Bronchioloalveolar CA
- Liver
  - Favors HCC
- Melanoma
- Many others



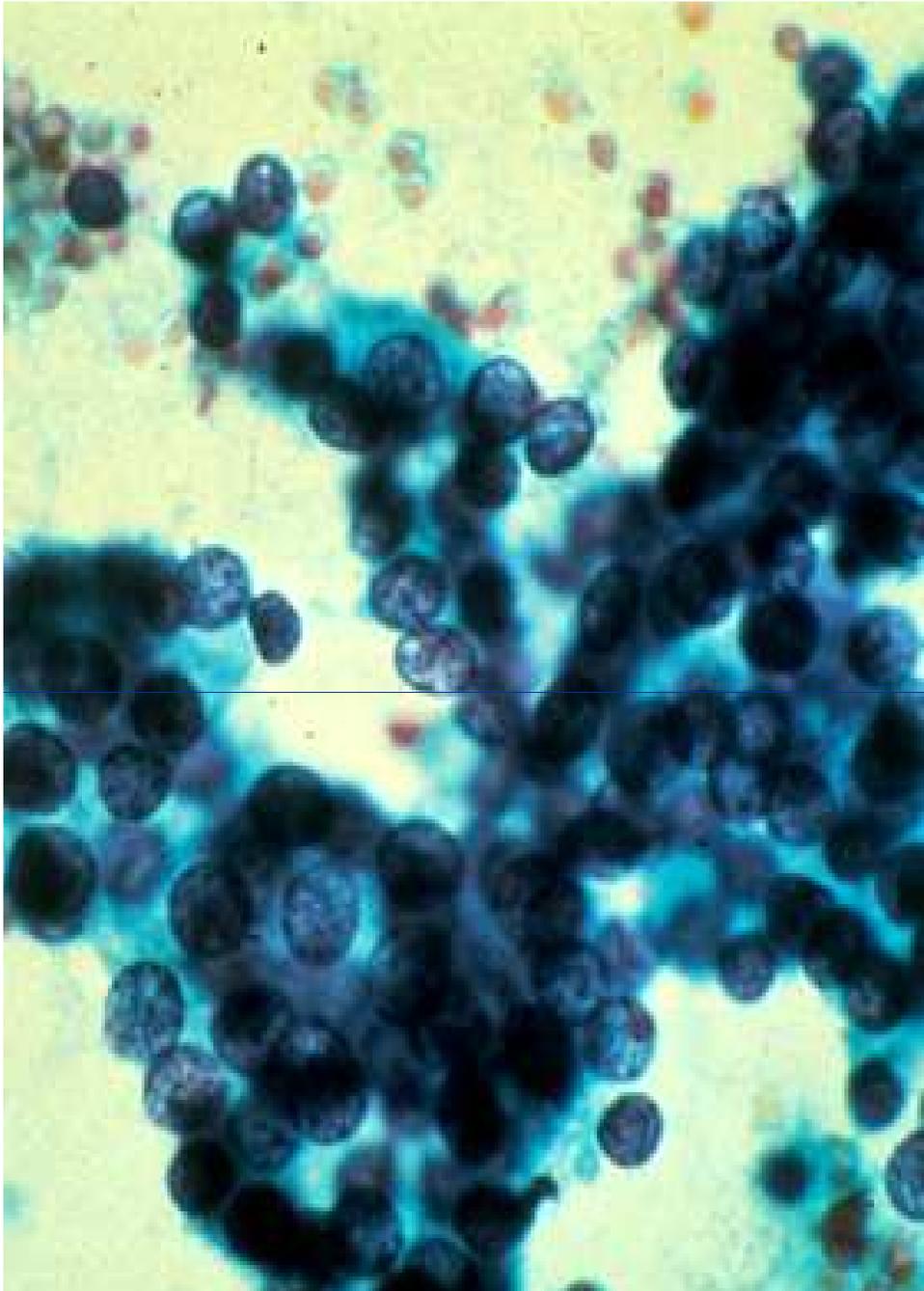
Melanoma



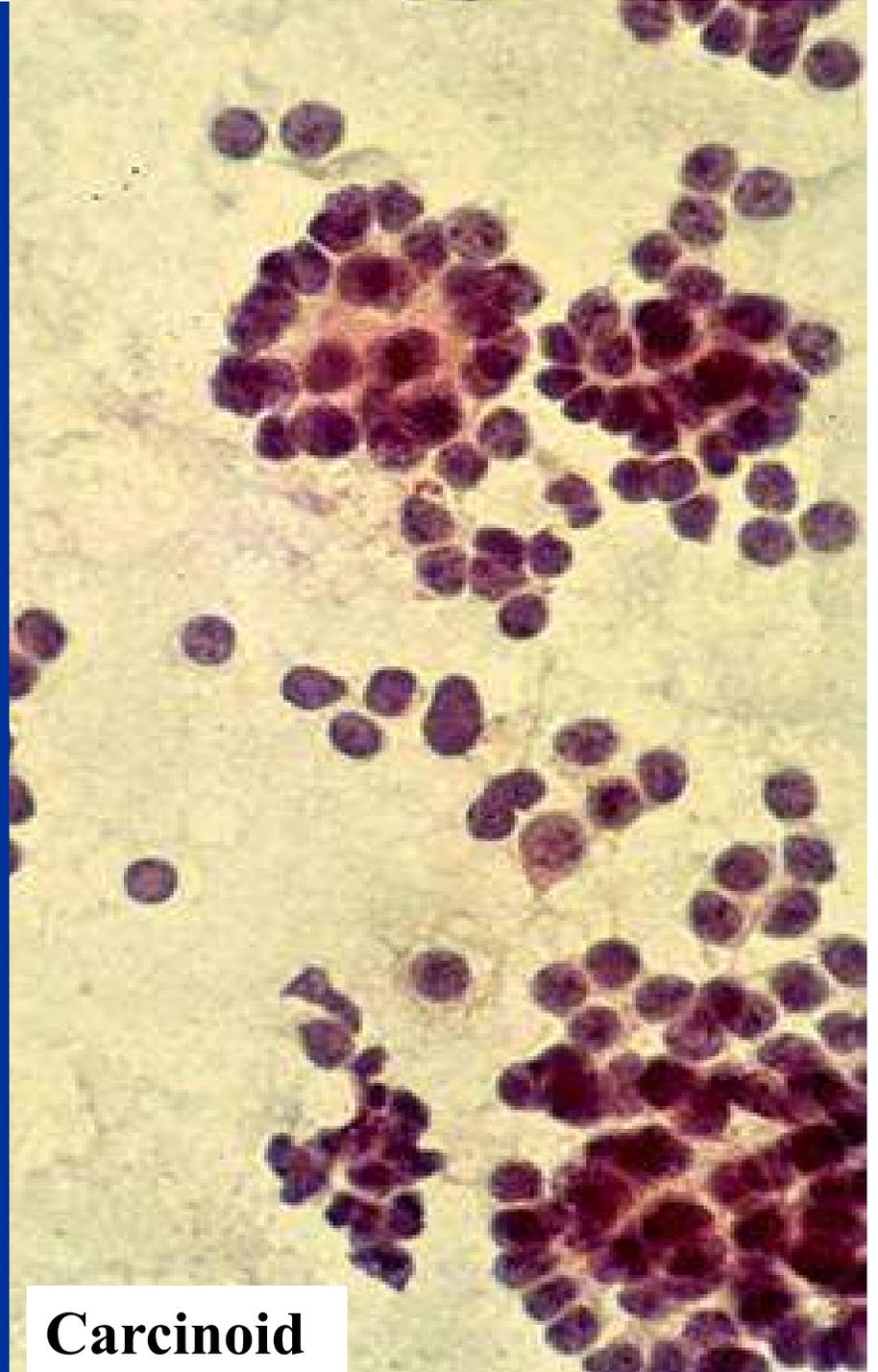
Thyroid

# Microacinar Complexes

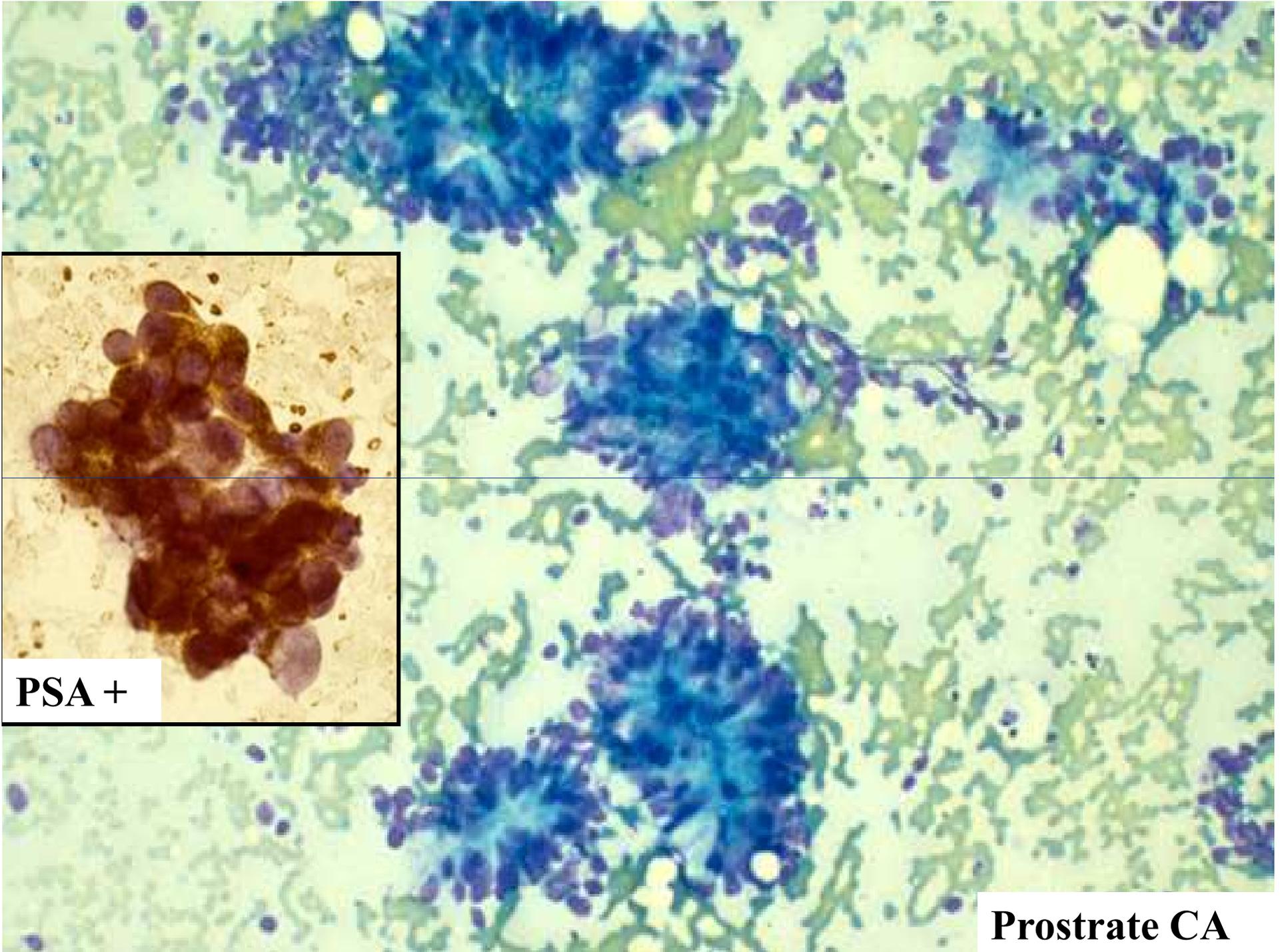
- Prostate
- Thyroid
- Carcinoid / Islet (Rosettes)
- Others - Granulosa cell tumor, other SRCT of childhood



**Thyroid - Follicular CA**



**Carcinoid**

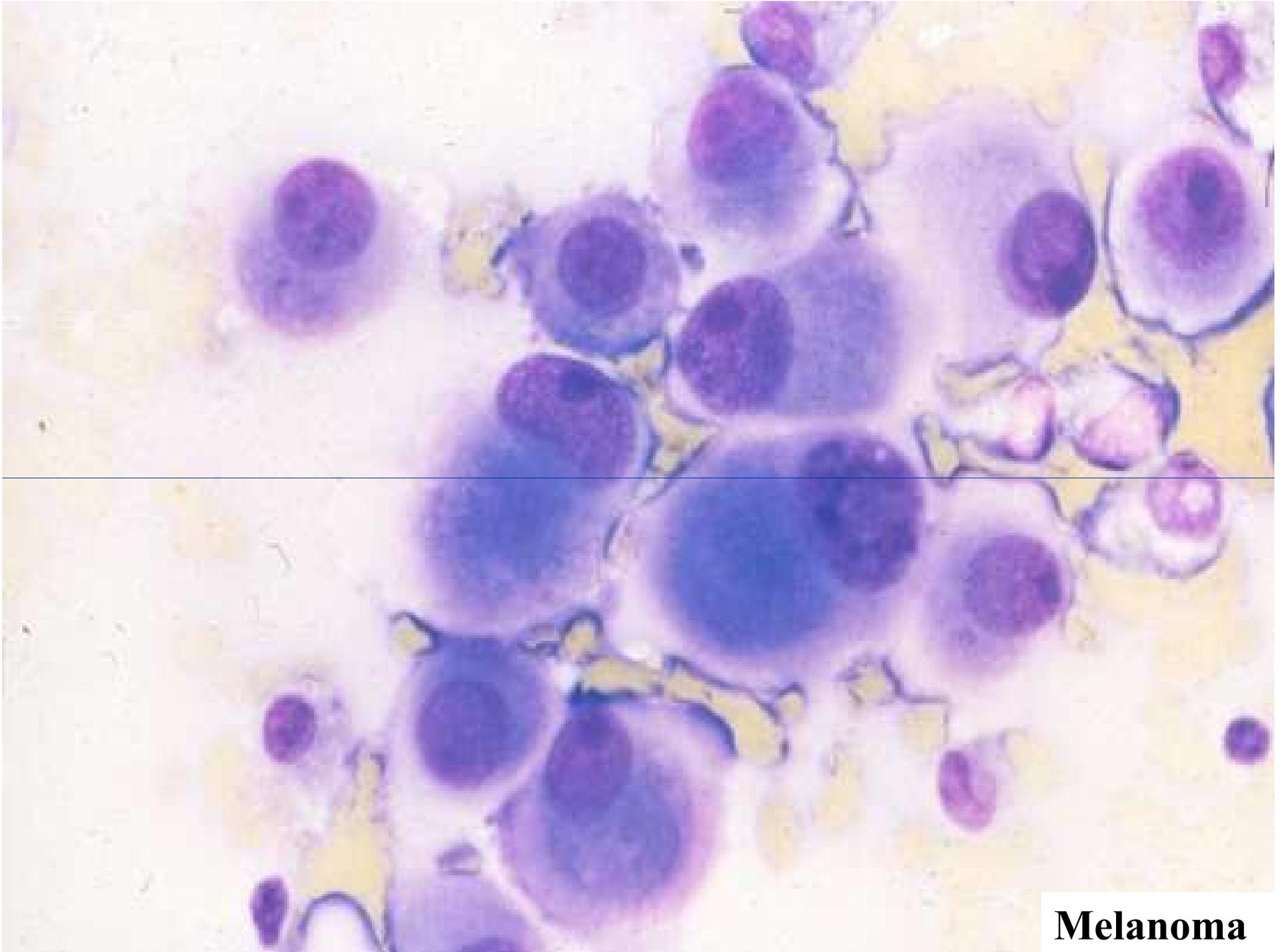


**PSA +**

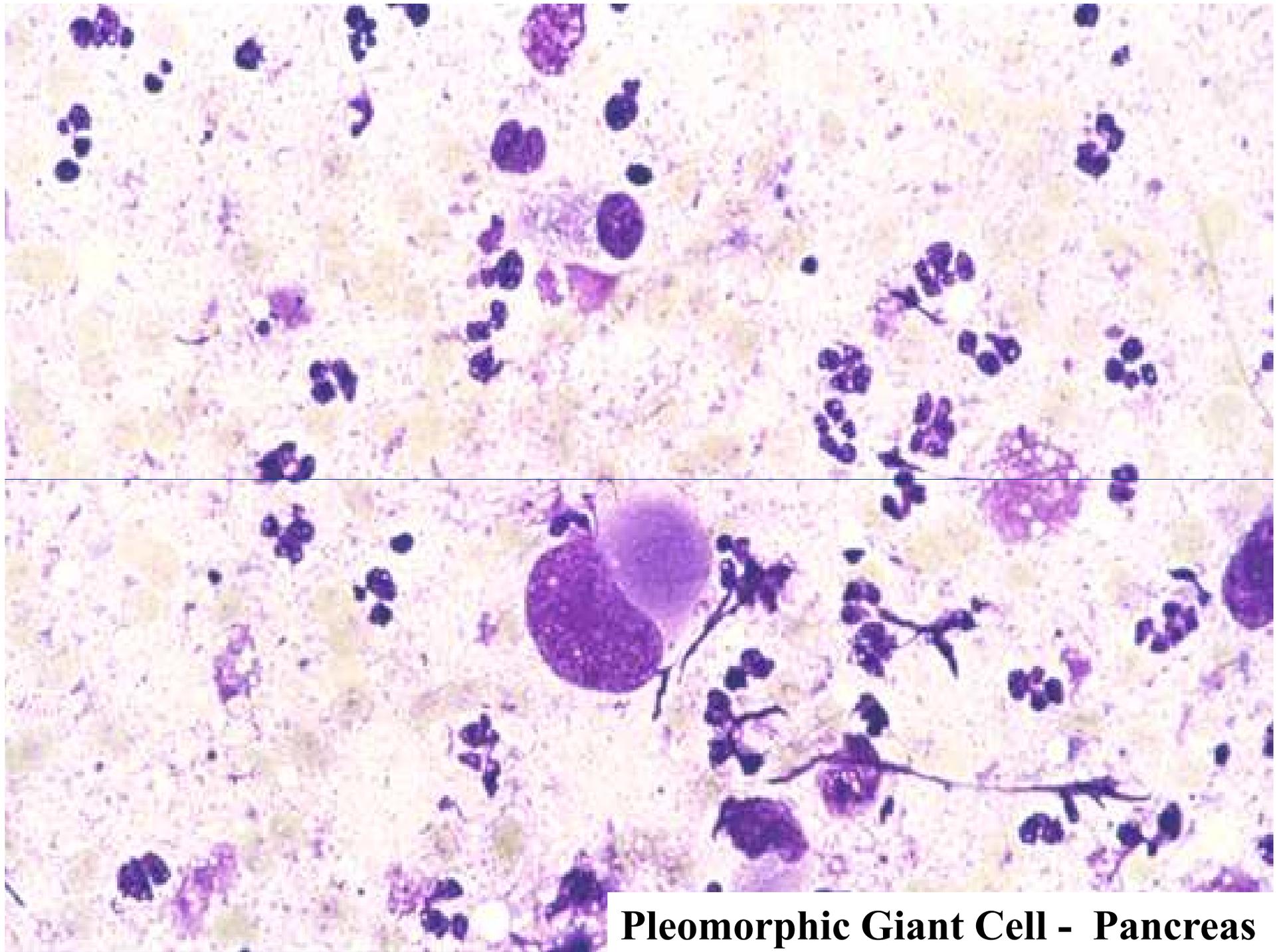
**Prostrate CA**

# Hyaline Globules

- Carcinoma (Rhabdoid)
  - Wide variety, often PD malignancies
- Sarcomas
- Lymphoma
- Melanoma (Rhabdoid)
- Hepatocellular, renal, ovary



**Melanoma**



**Pleomorphic Giant Cell - Pancreas**

# Single Cell

Adeno CA

BREAST

Pancreas

Stomach

Prostate

Other Tumors

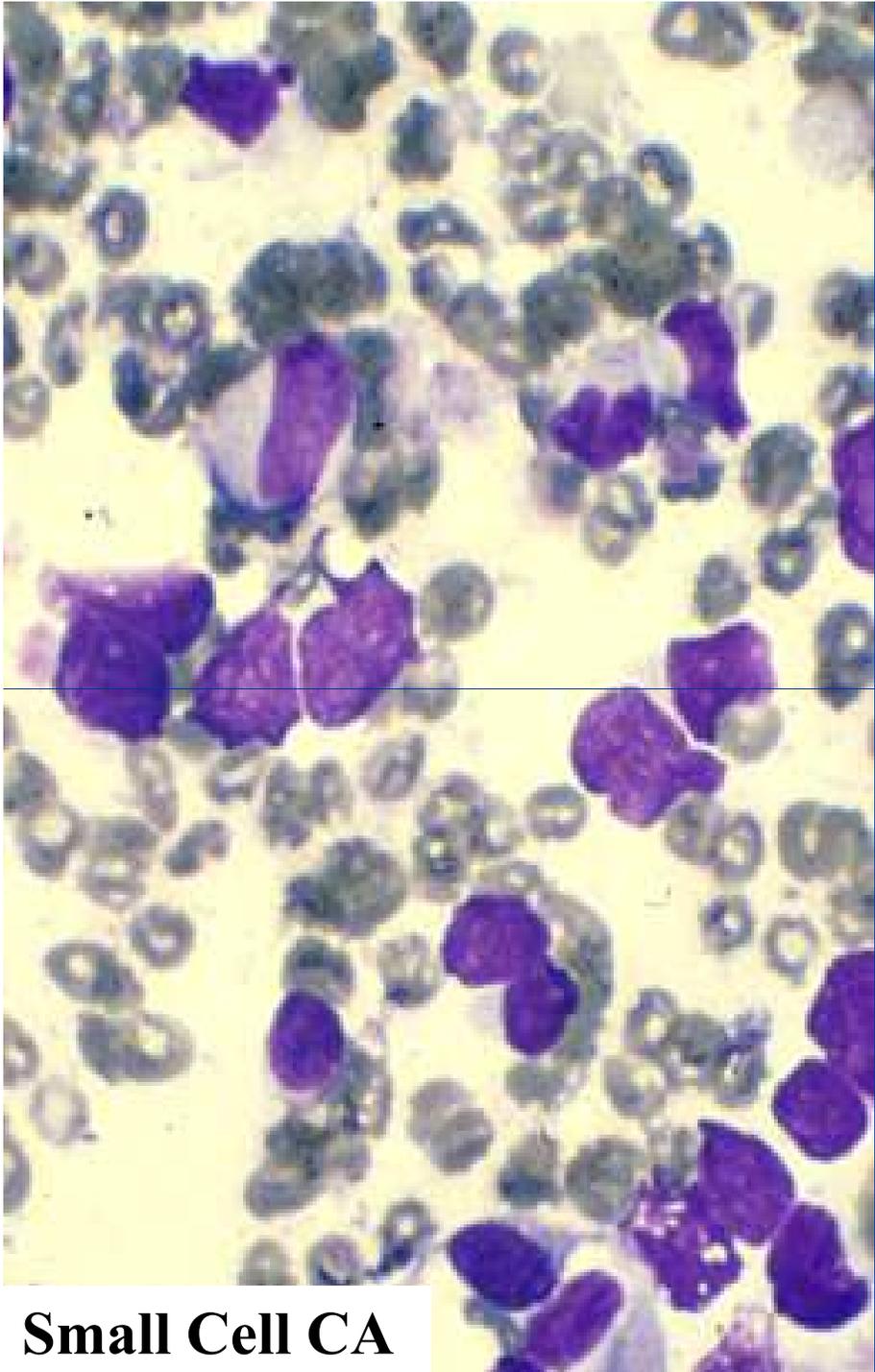
Small Cell CA

Mesothelioma

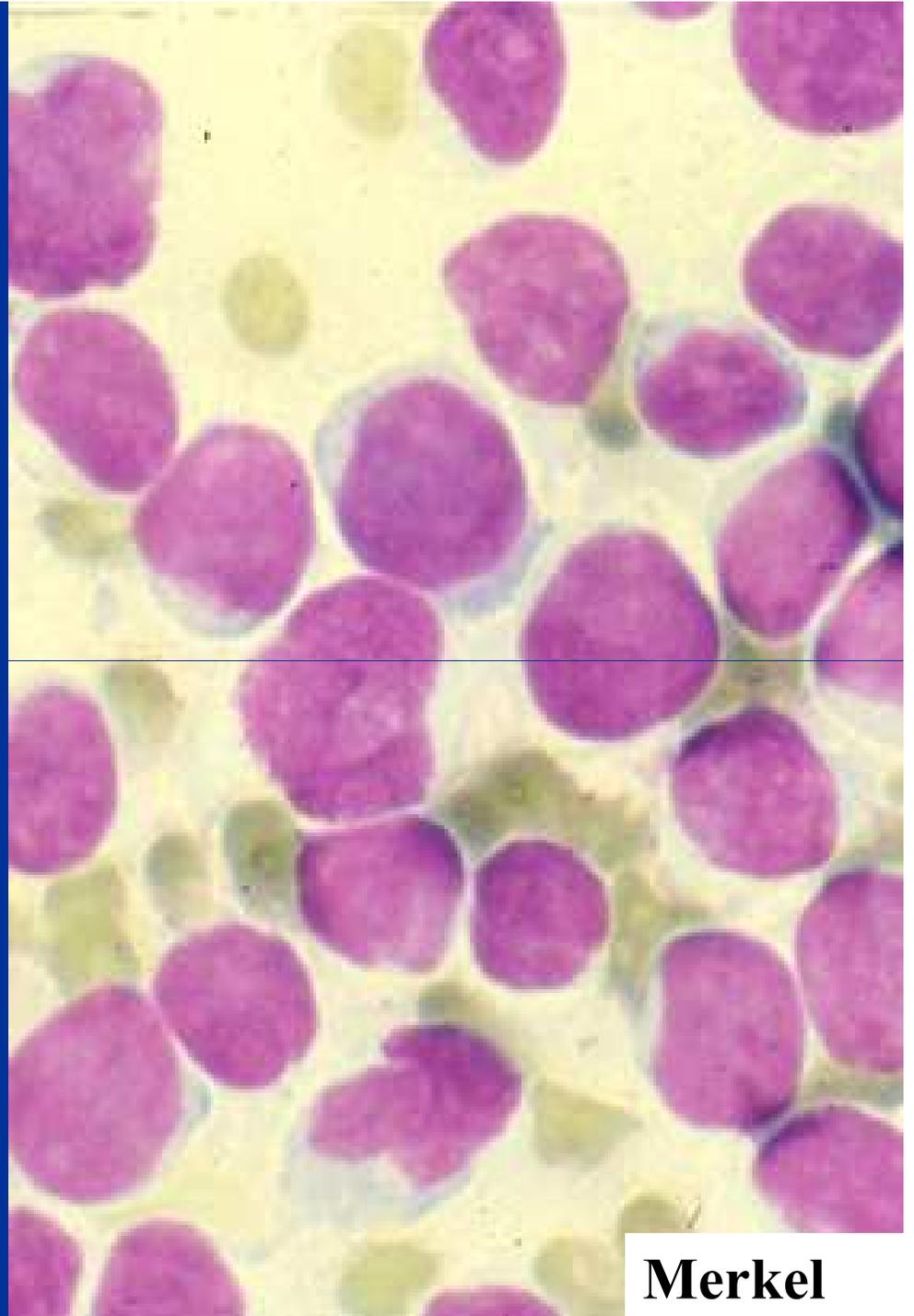
Carcinoids

Melanoma

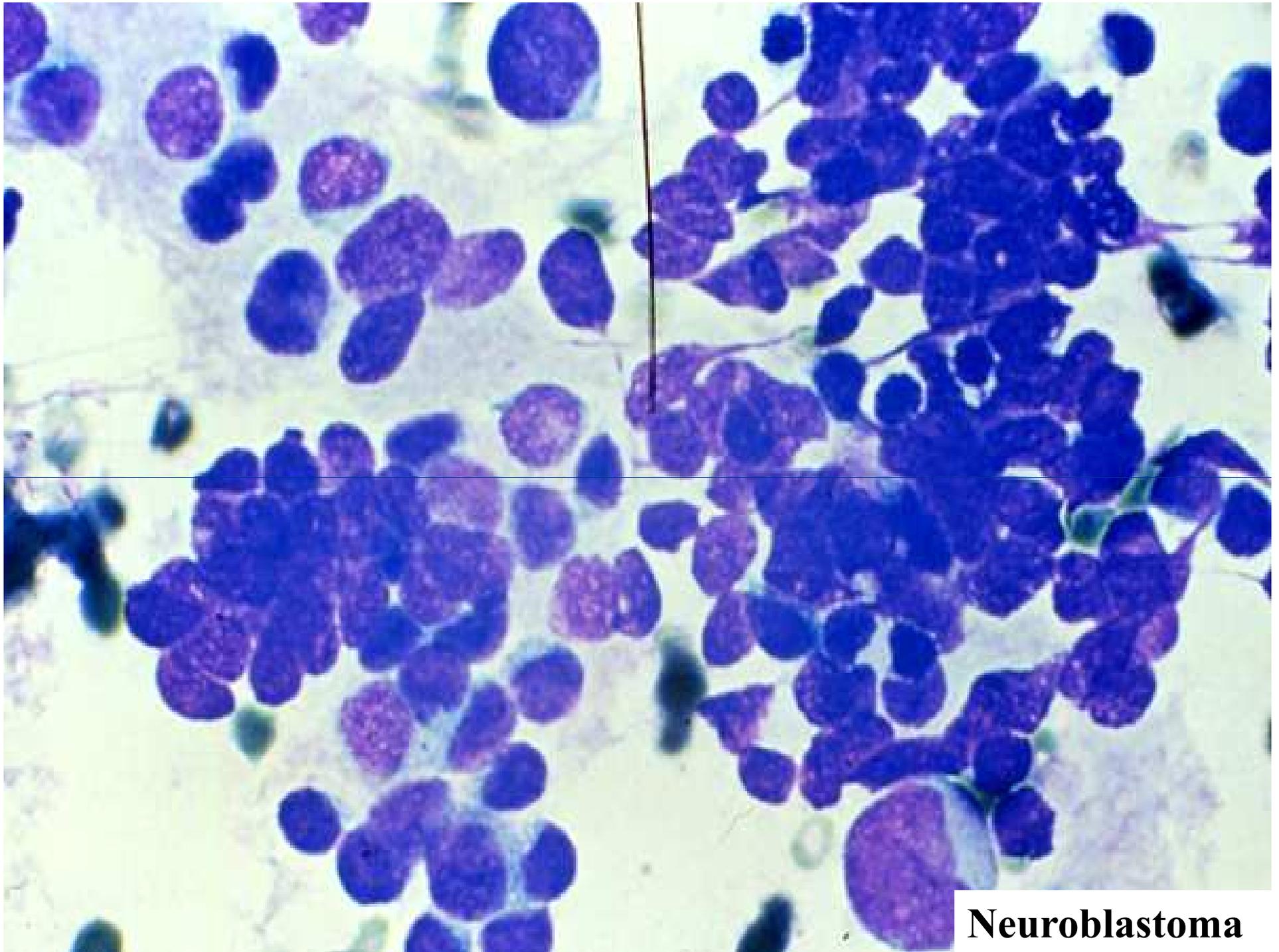
Hematopoeitic



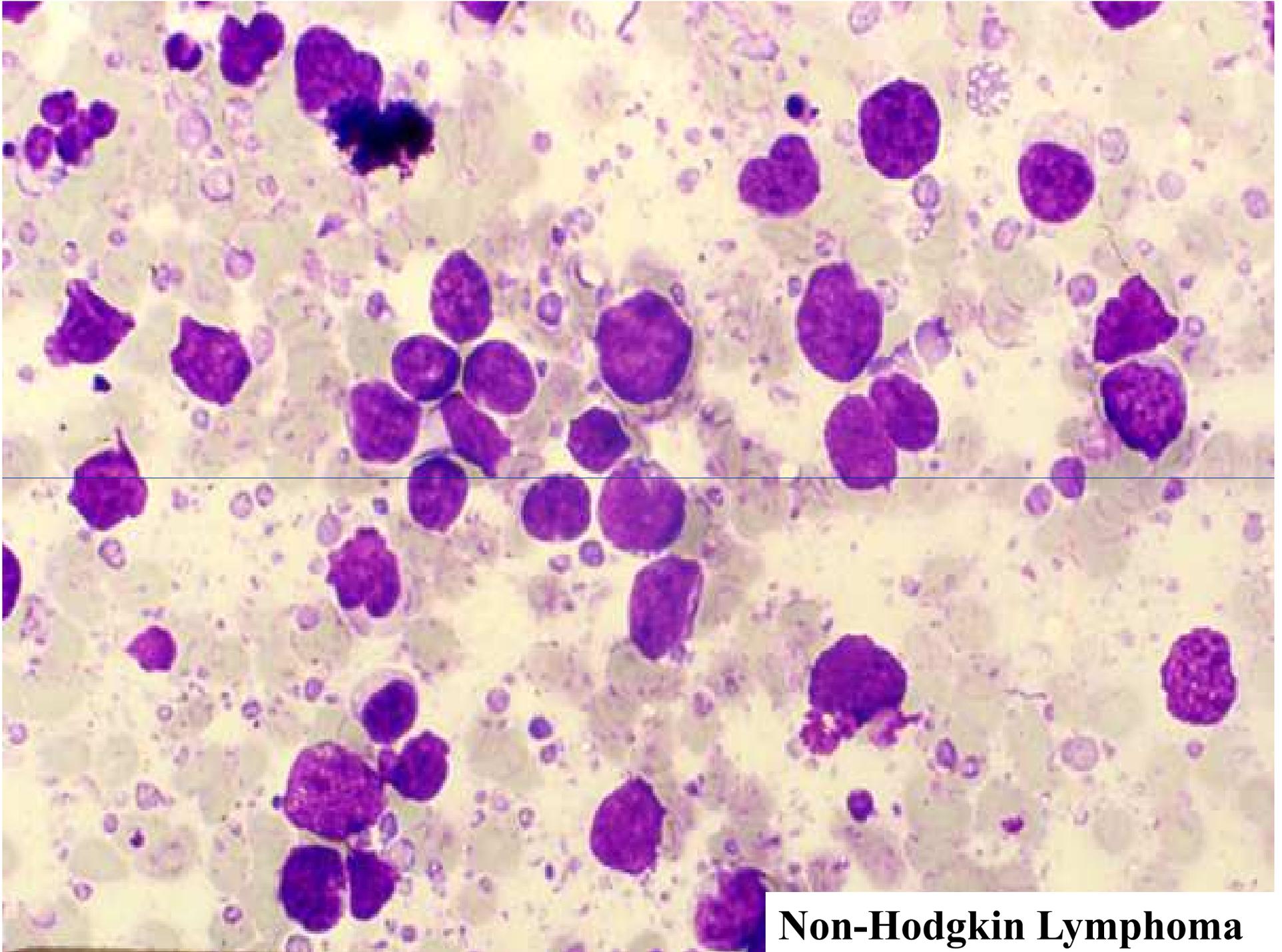
**Small Cell CA**



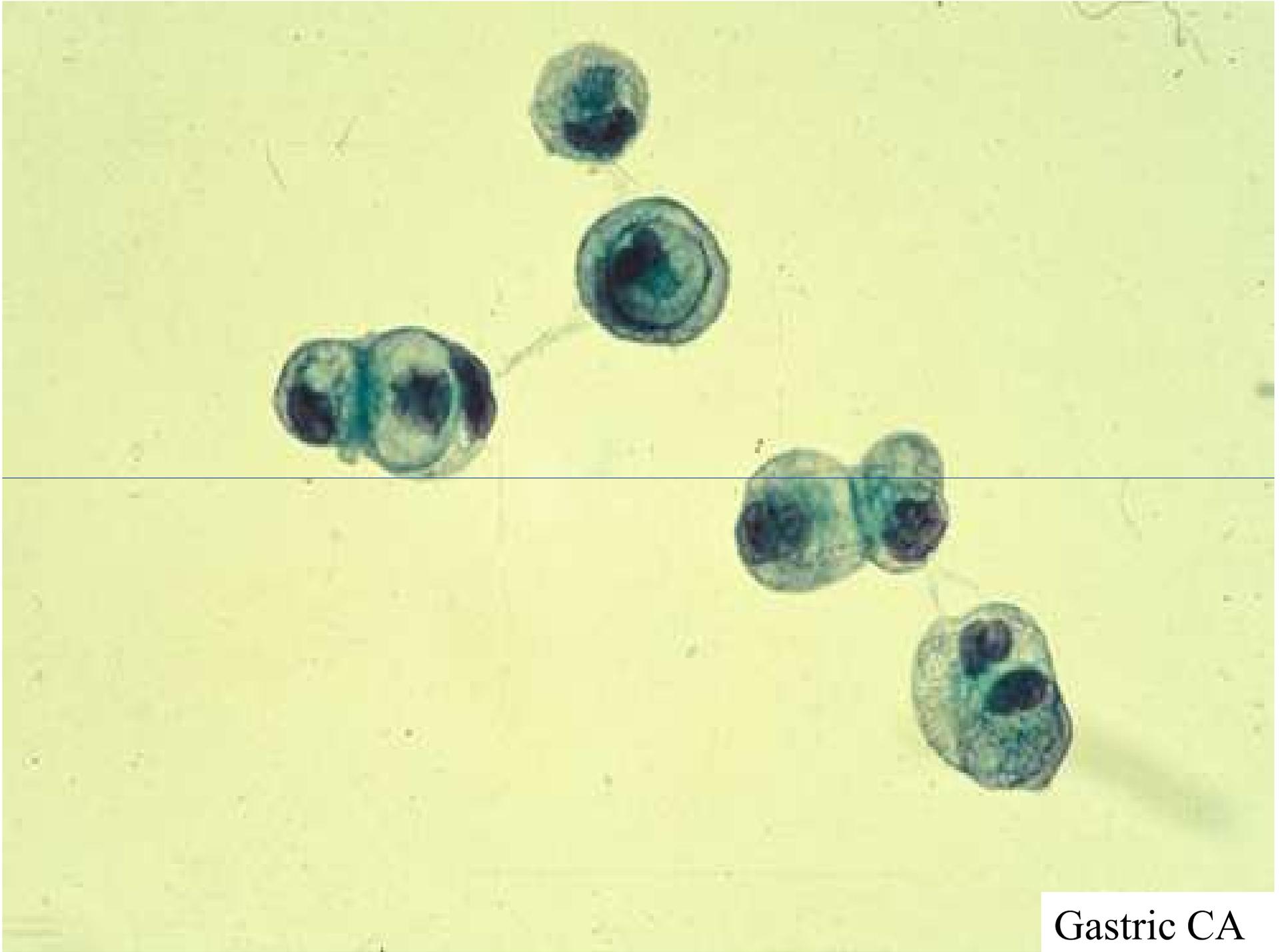
**Merkel**



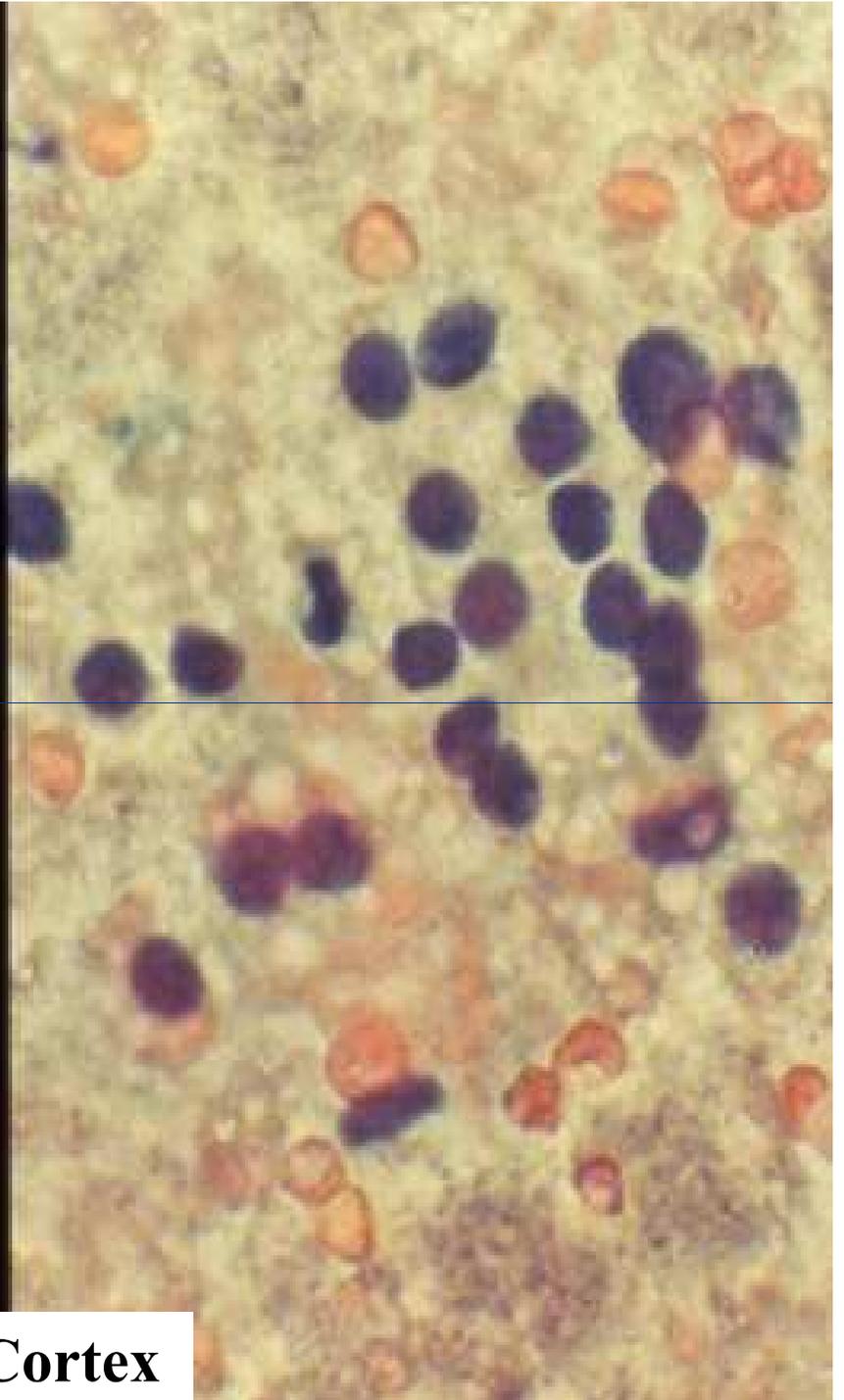
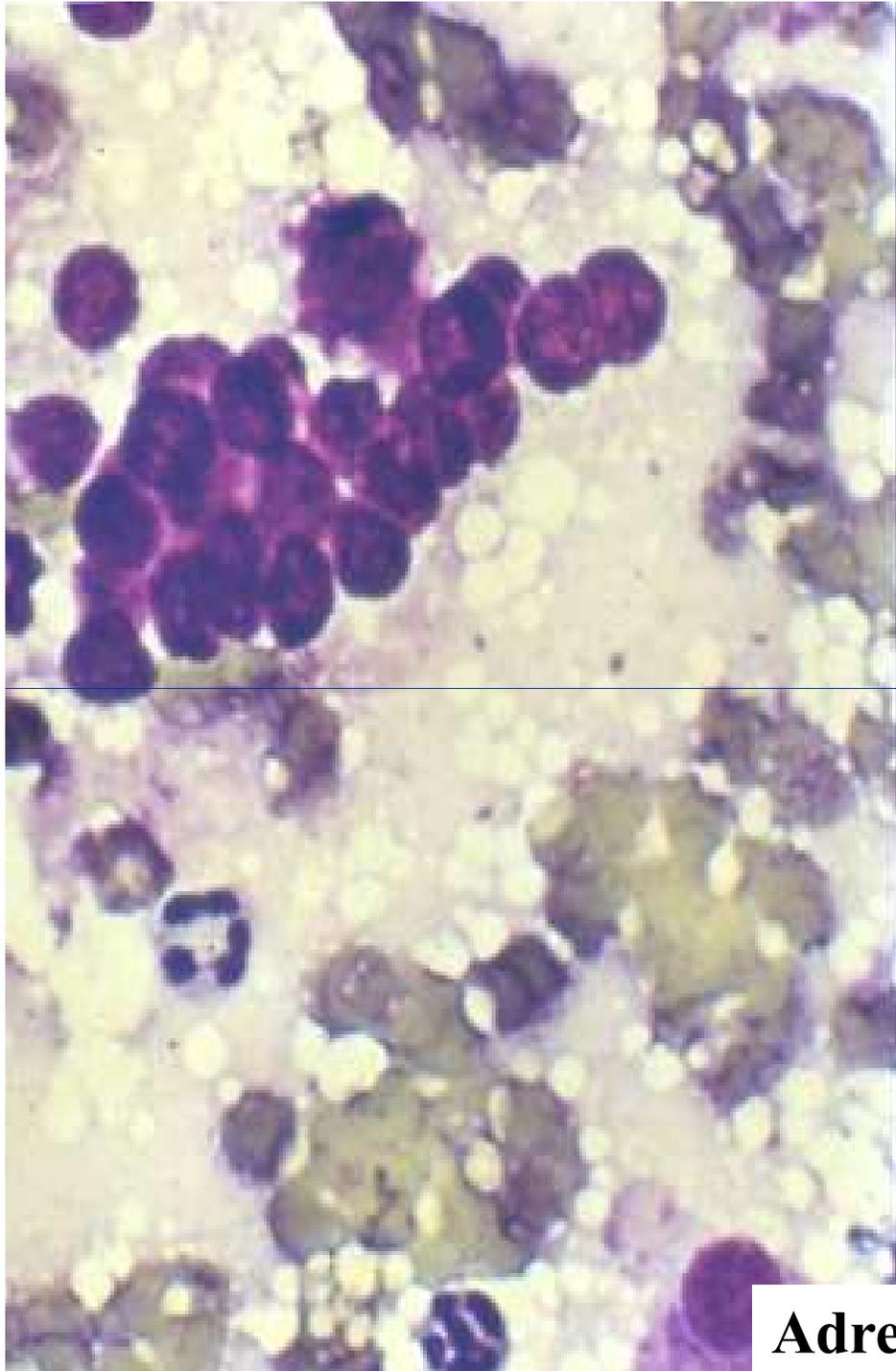
**Neuroblastoma**



**Non-Hodgkin Lymphoma**



Gastric CA



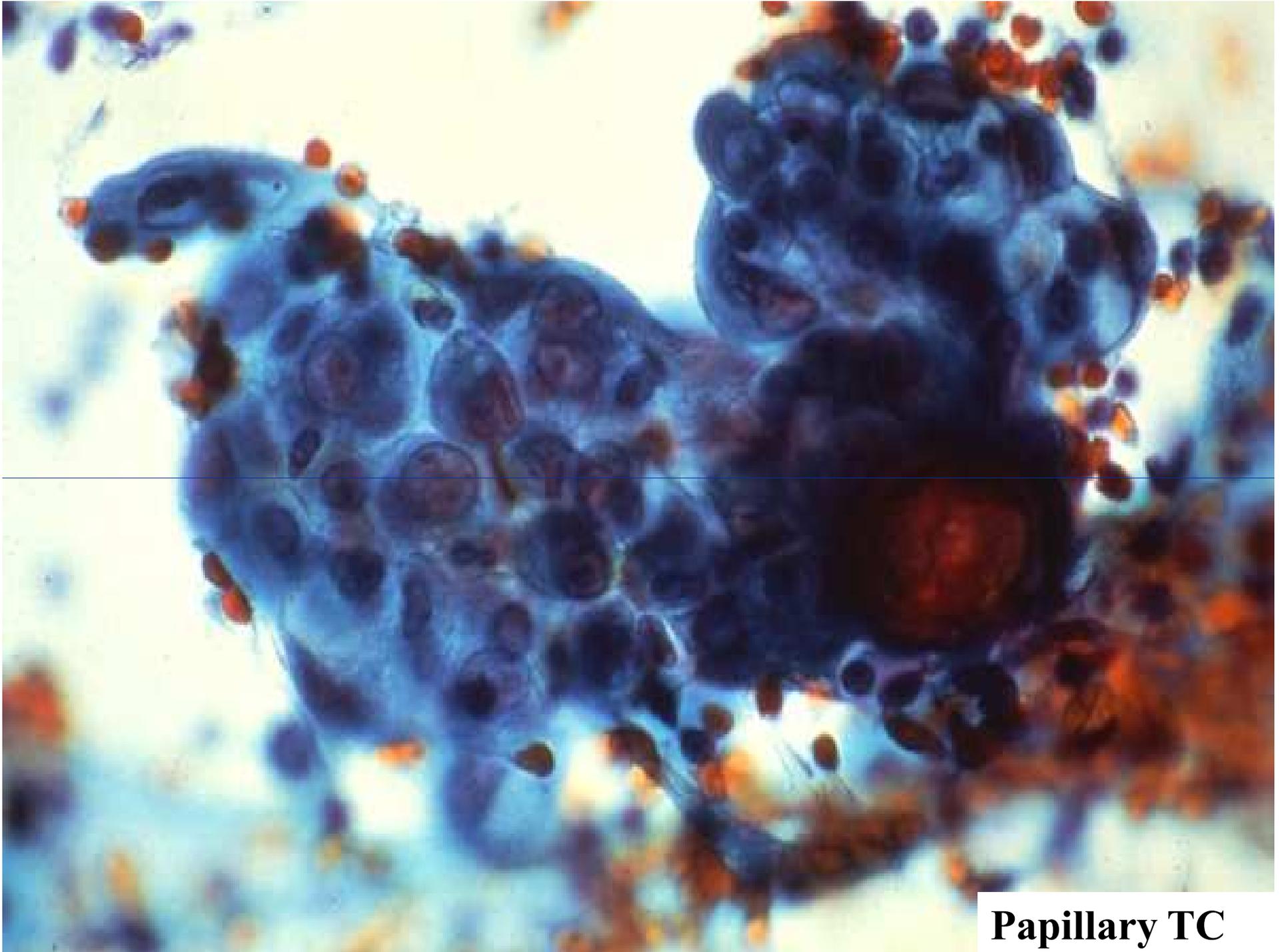
**Adrenal Cortex**

# Papillary Neoplasms

- Ovary
- GI Tract, Pancreas
- Lung (Bronchioloalveolar)
- Thyroid
- Renal
- Others



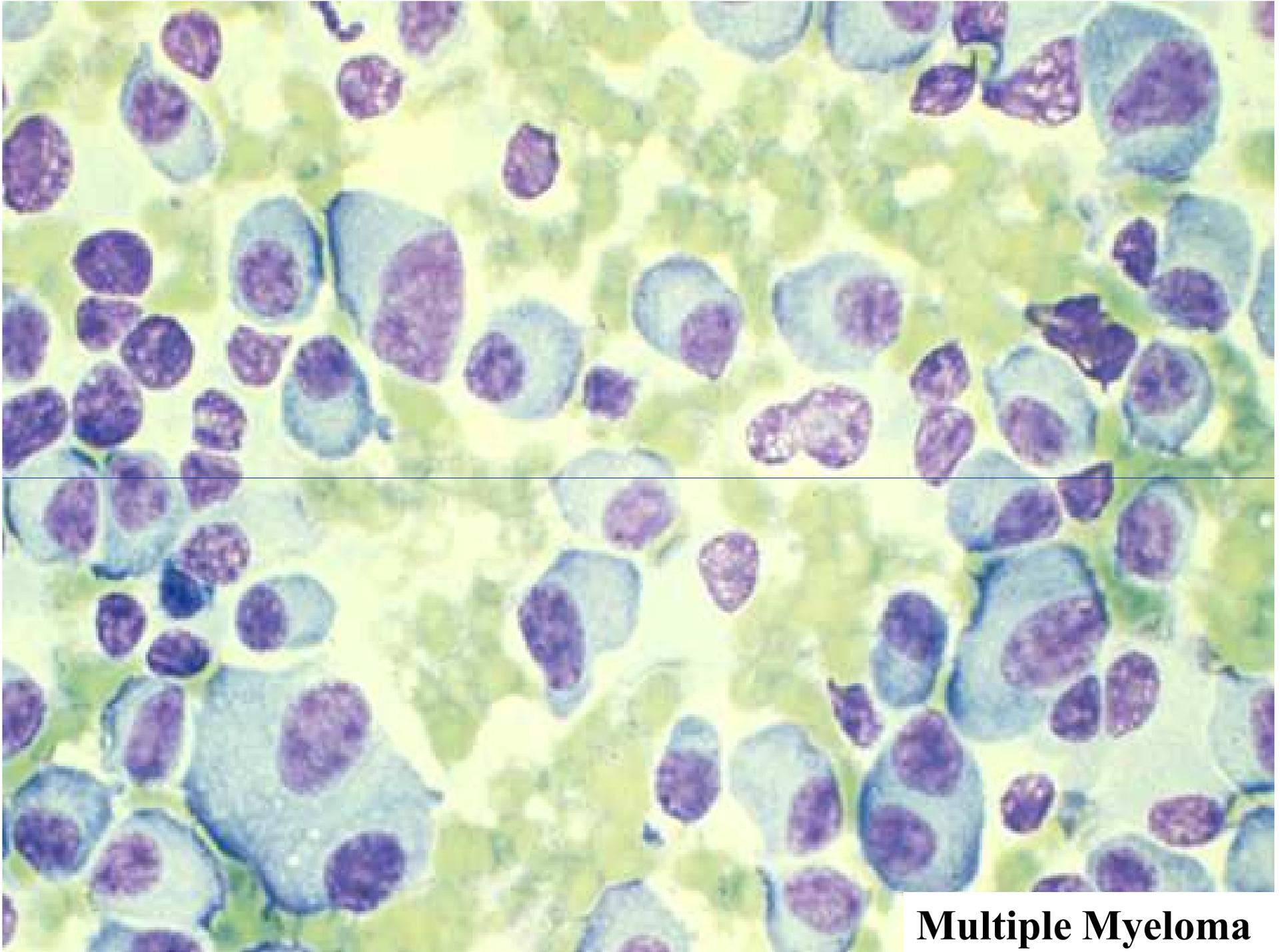
**Papillary RC**



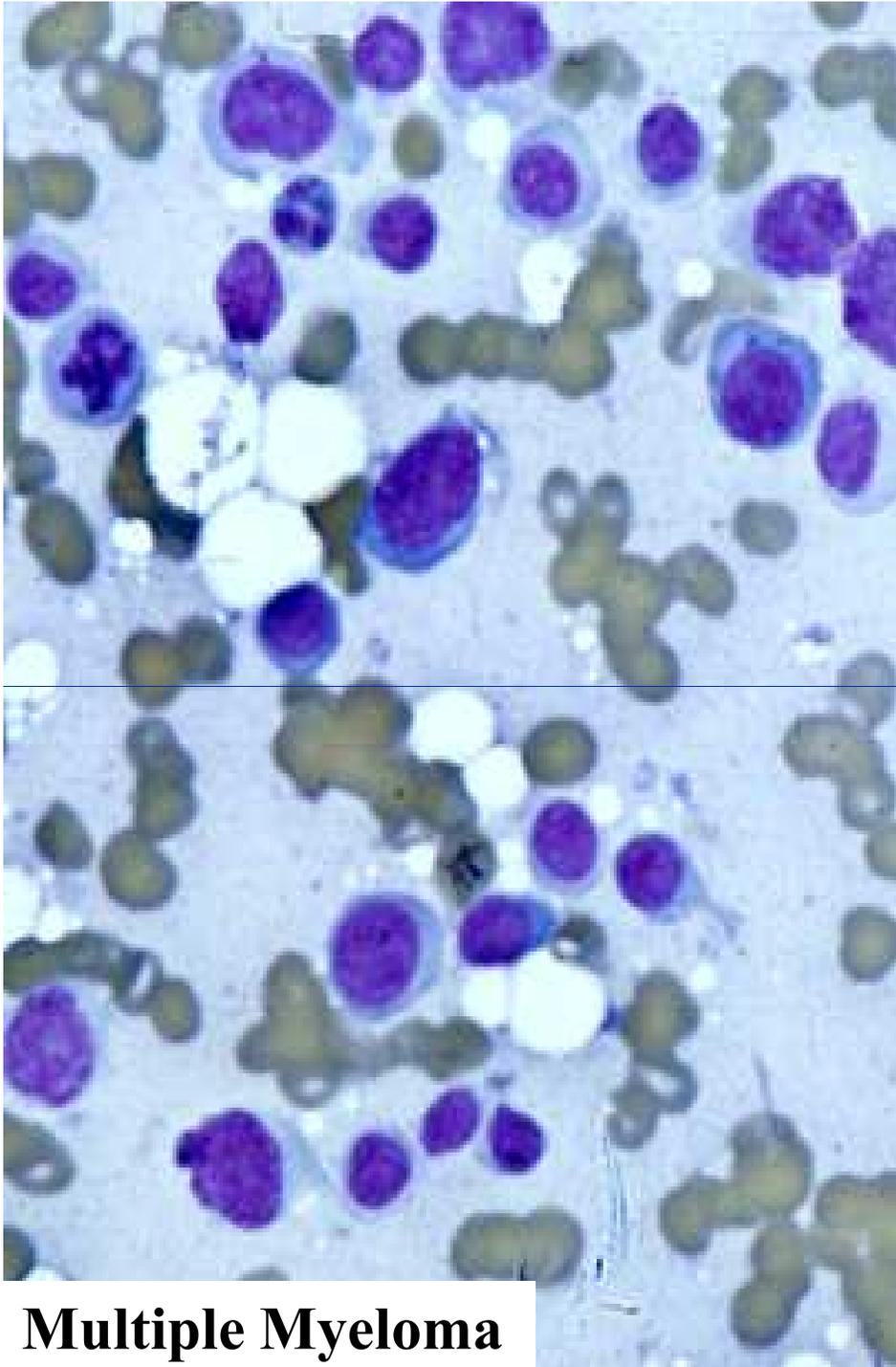
**Papillary TC**

# Plasmacytoid Cells

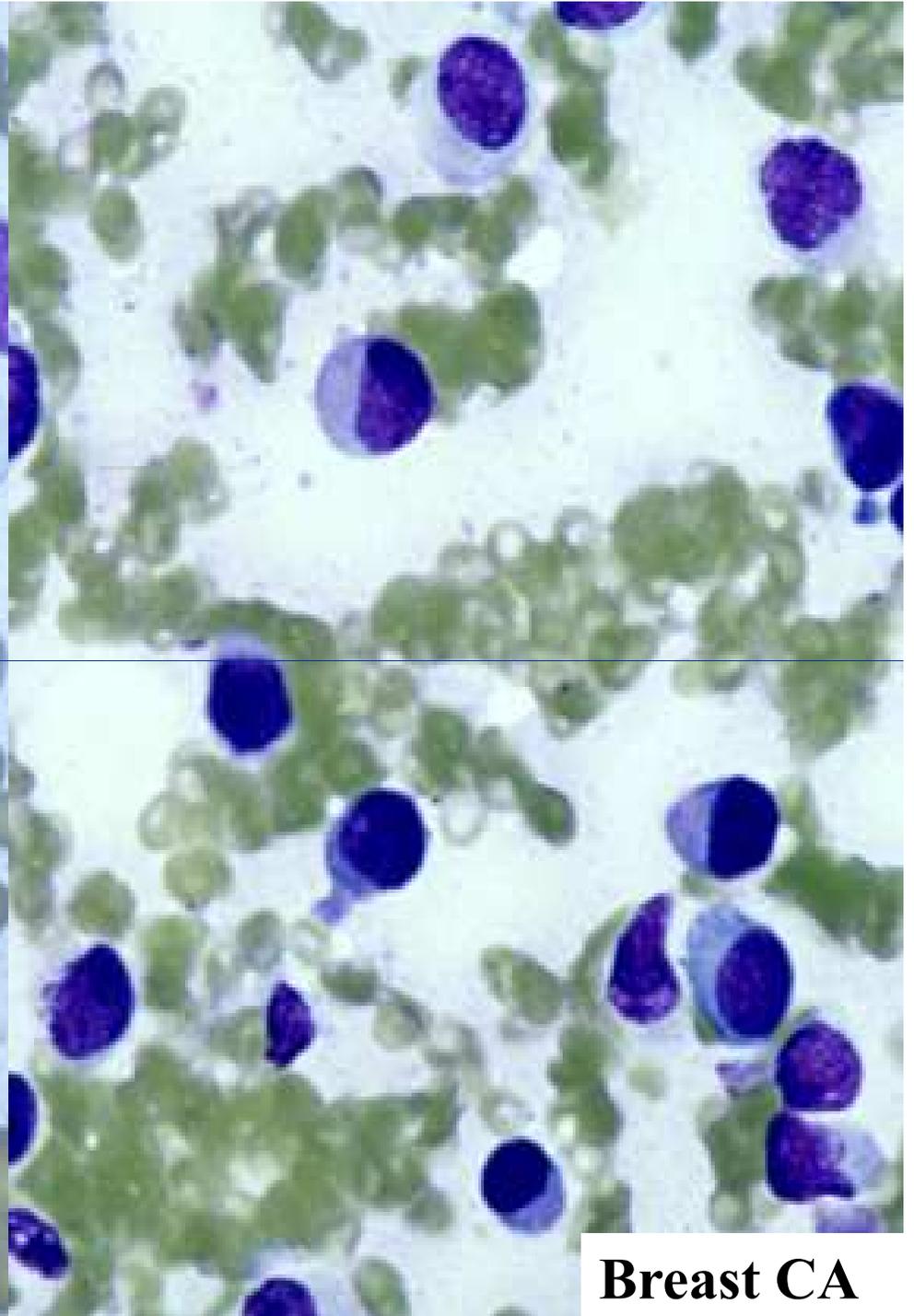
- Plasma Cells
- Carcinoid / Islet
- Melanoma
- Breast CA
- Pleomorphic adenoma



**Multiple Myeloma**



**Multiple Myeloma**



**Breast CA**



Price \$3.00

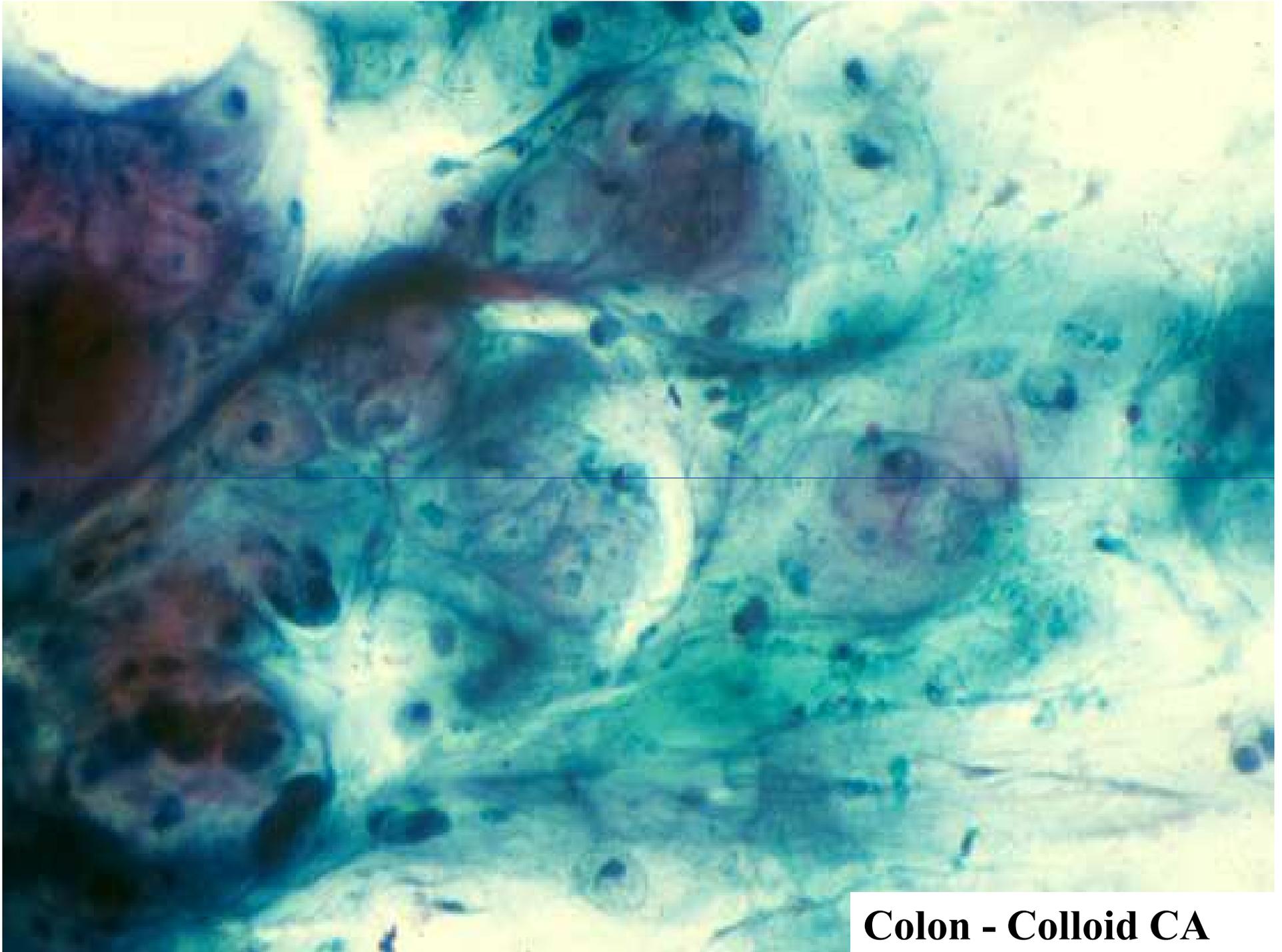
Feb. 8, 1999

# THE NEW YORKER



# Colloid (Mucinous) Neoplasms

- Colloid Carcinomas
  - GI tract, Breast, Ovary, Pancreas
- Pseudomyxoma peritonei (appendix)
- Myxoid sarcomas
- Melanoma (Rare)



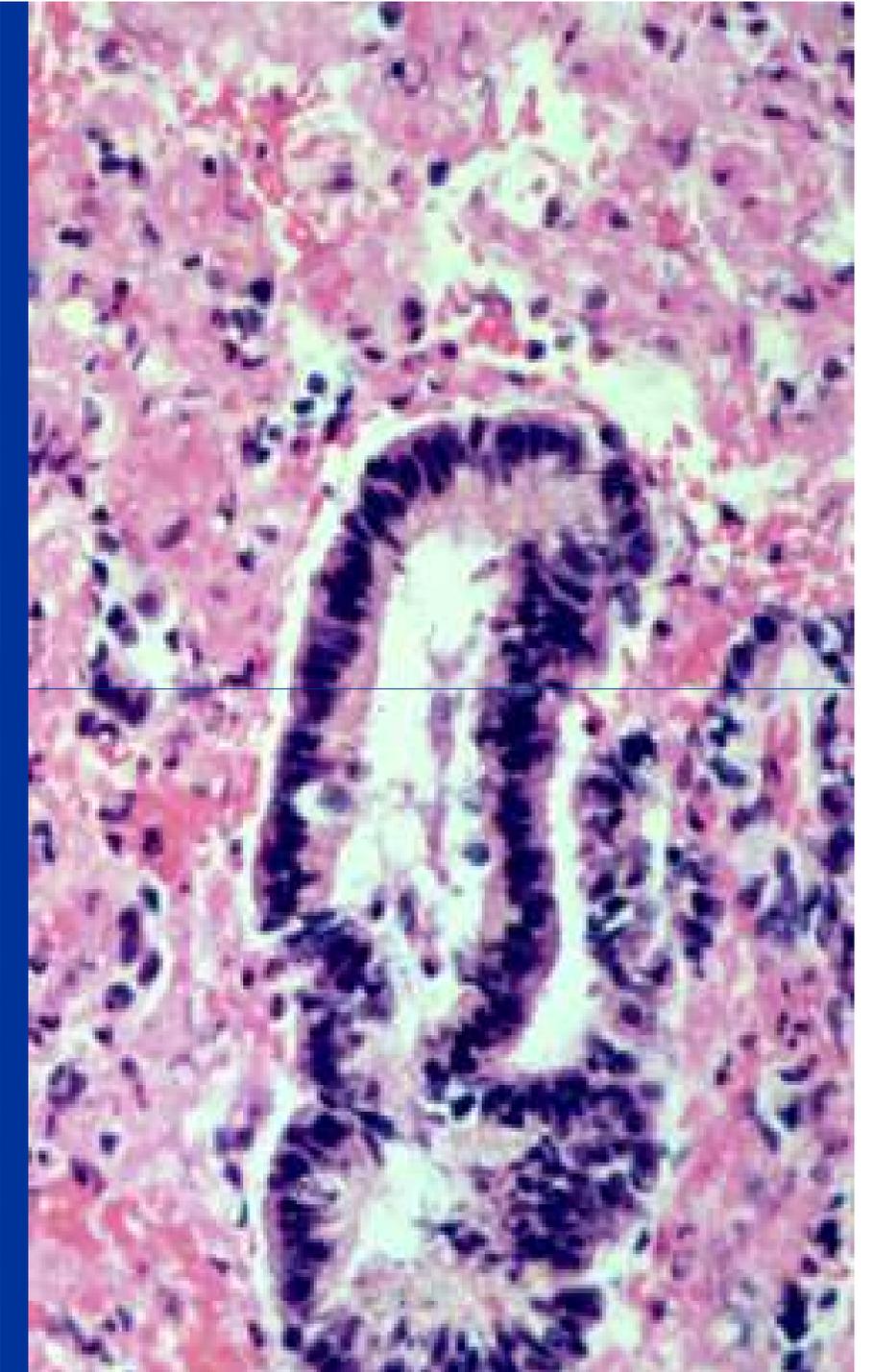
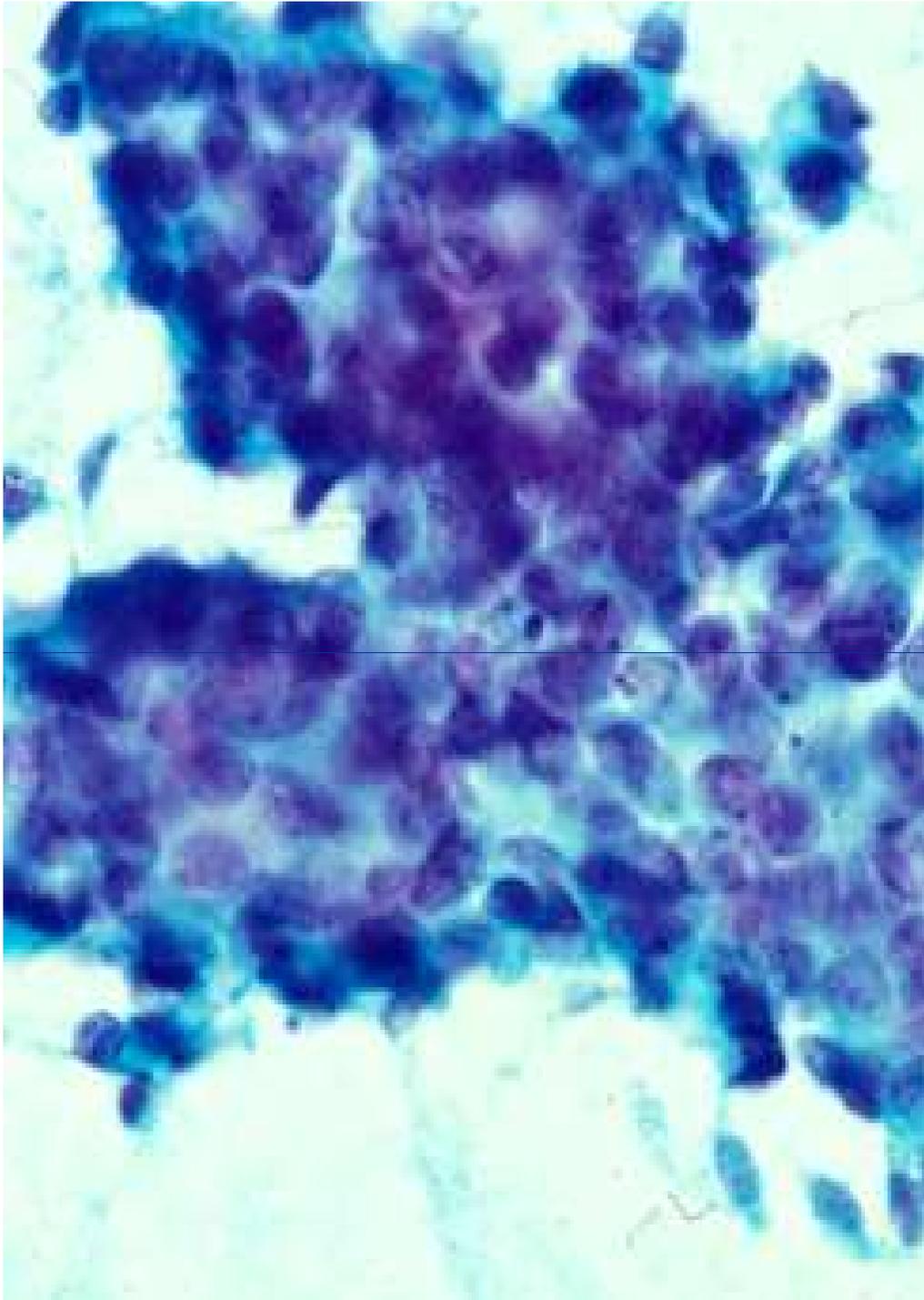
**Colon - Colloid CA**

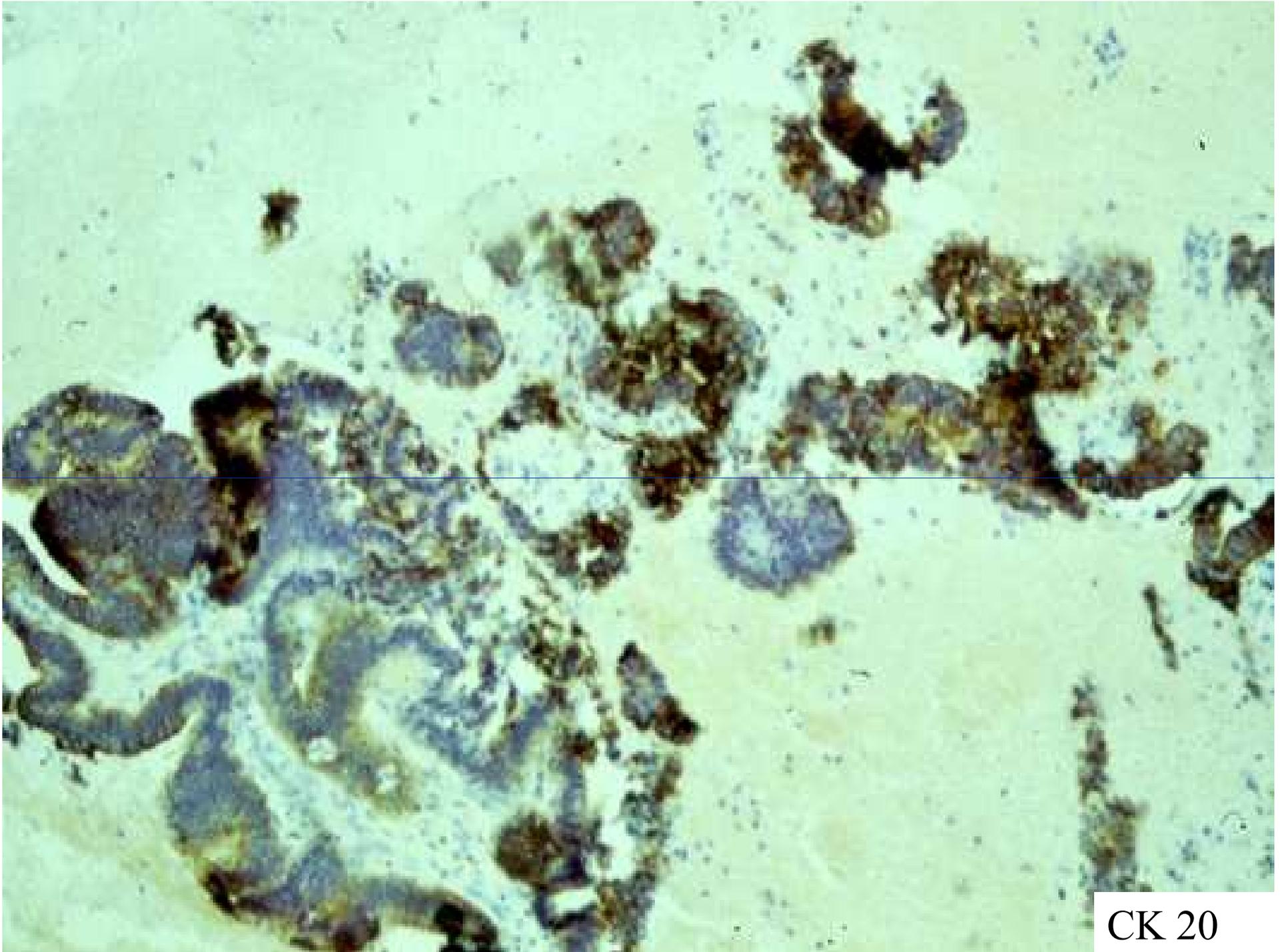
# Mucin Positivity *excludes*:

- LYMPHOMA / LEUKEMIA
- SARCOMA (except chordoma)
- MELANOMA

# Case 5

72 year old male presented with a single lung mass. FNA biopsy was performed





CK 20

# Case 5

## DIAGNOSIS

**Metastatic colon cancer to the lung**

# Which Cytokeratin to use?

Complex keratin (K903, 34BE12) - Basal cell and squamous cell

CK 5/6 - Squamous cell, mesothelium, urothelium

CK 7/20 - Adeno CA of unknown primary

# IHC MARKERS FOR INTESTINAL CA

- CK 7/20
- Villin - Colorectal, pancreas. Occasionally in non - GI i.e. endometrial, RCC (brush border staining)
- CDX2 - Intestinal tumors, also bladder adeno, ovarian mucinous

Strong uniform CDX-2 +/-with or without villin

- favors colorectal

# Organ-specific and Organ-associated Markers

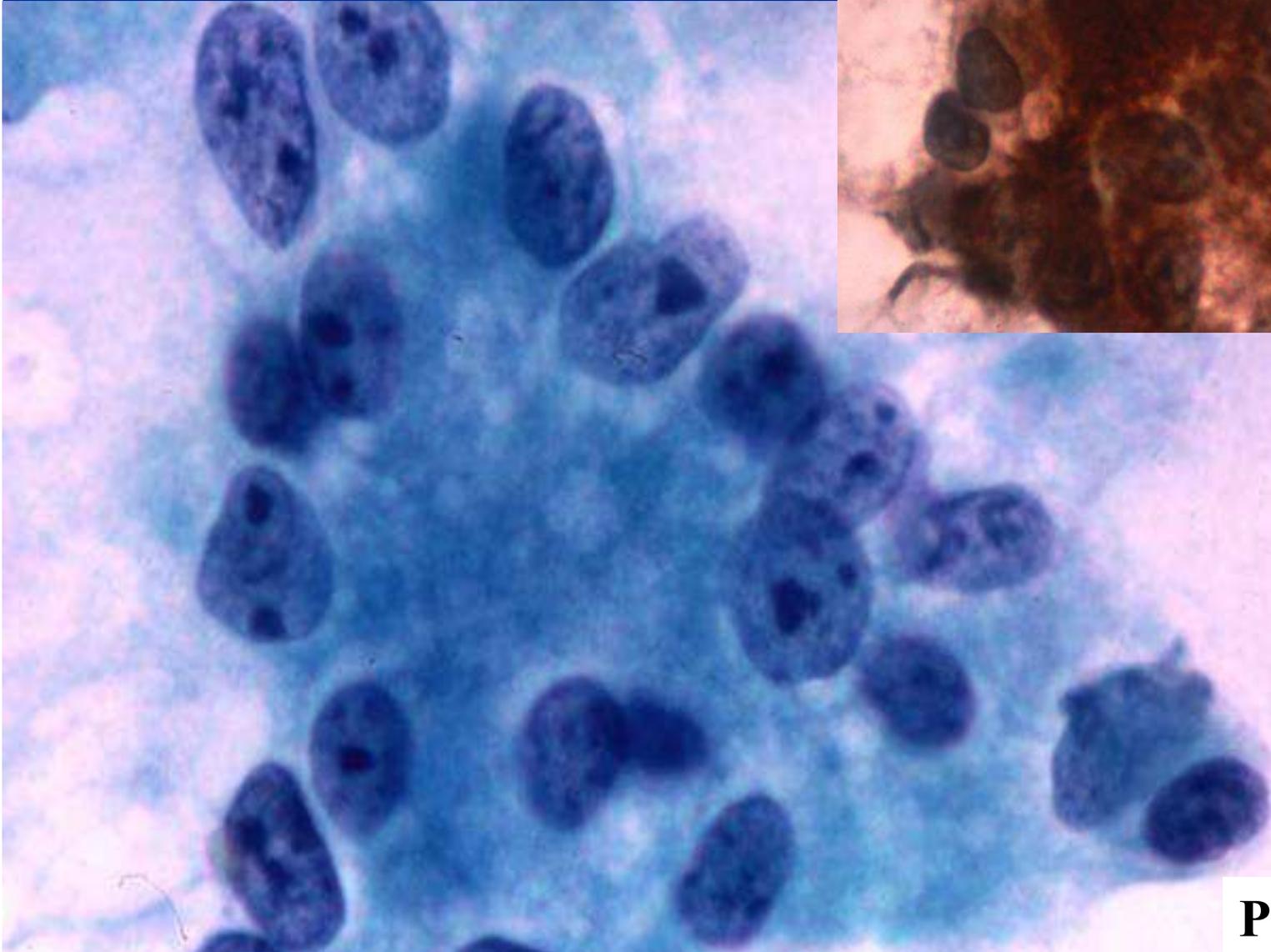
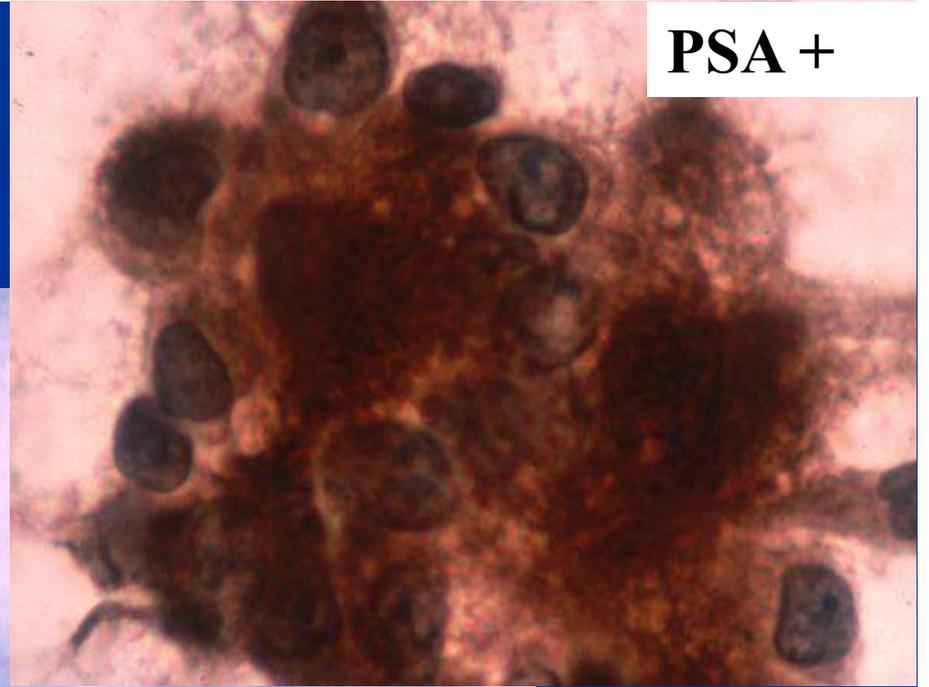
<b>Antibodies to:</b>	<b>Identifying:</b>	<b>Also identifies:</b>
Prostatic specific antigen (PSA)	Prostrate Carcinoma	-----
Prostatic acid phosphatase (PAP)	Prostrate Carcinoma	Neuroendocrine carcinomas
Gross cystic disease fluid protein -15	Breast Carcinoma	Salivary gland, sweat gland tumors
Thyroglobulin	Thyroid carcinoma	-----
Thyroid transcription factor-1 (TTF-1)	Thyroid and Lung carcinomas	Rare other carcinomas
Uroplakin	Urothelial carcinomas	-----
Inhibin	Adrenal	Sex cord / stromal, granular cell
Hep PAR-1	Liver	
LCA, B&T	Lymphoid	

Modified from Pathol case Review 4(6), p254, 1999

Pathol case Review 4(6), p150, 2001



**PSA +**

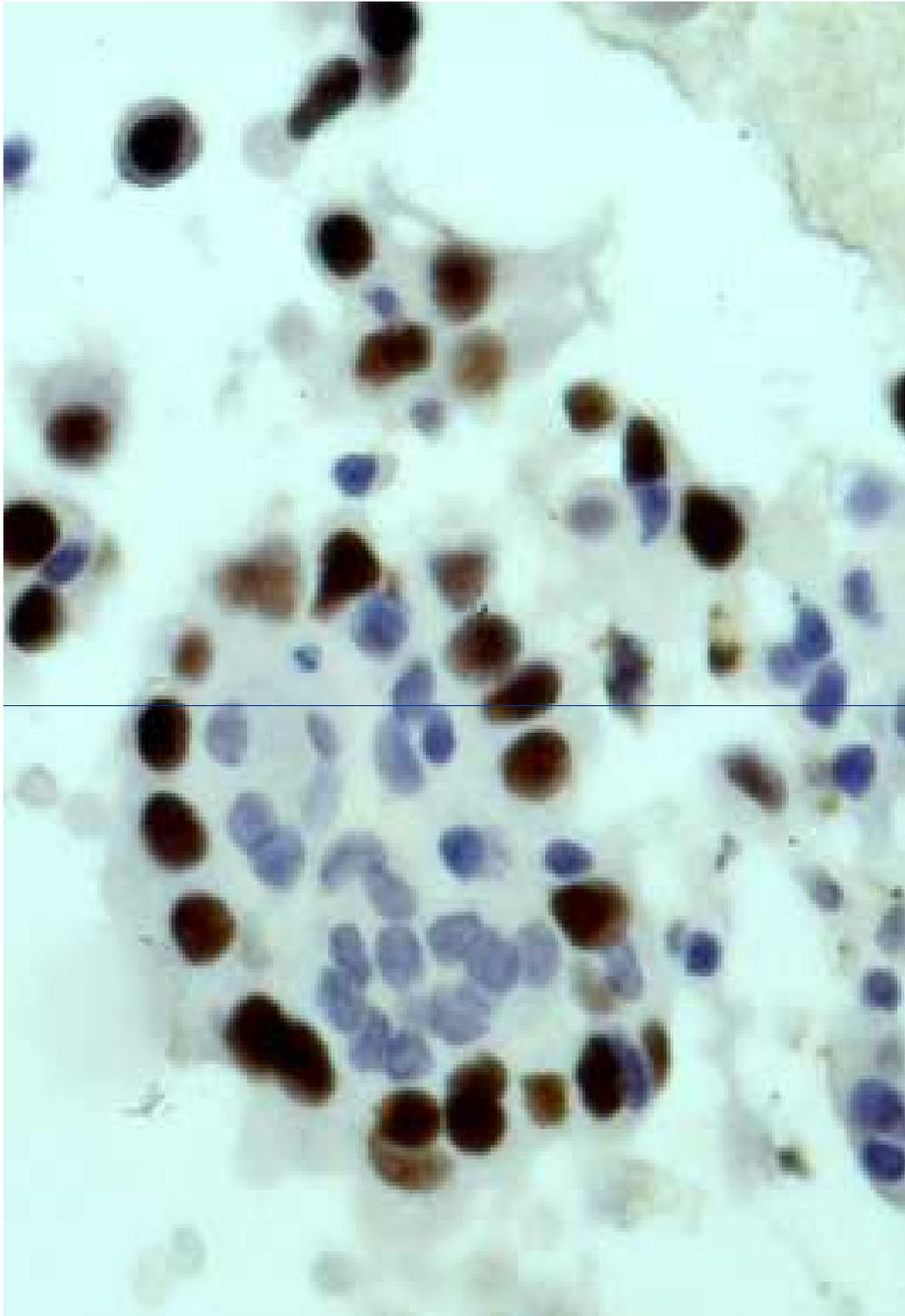


**Prostrate CA**

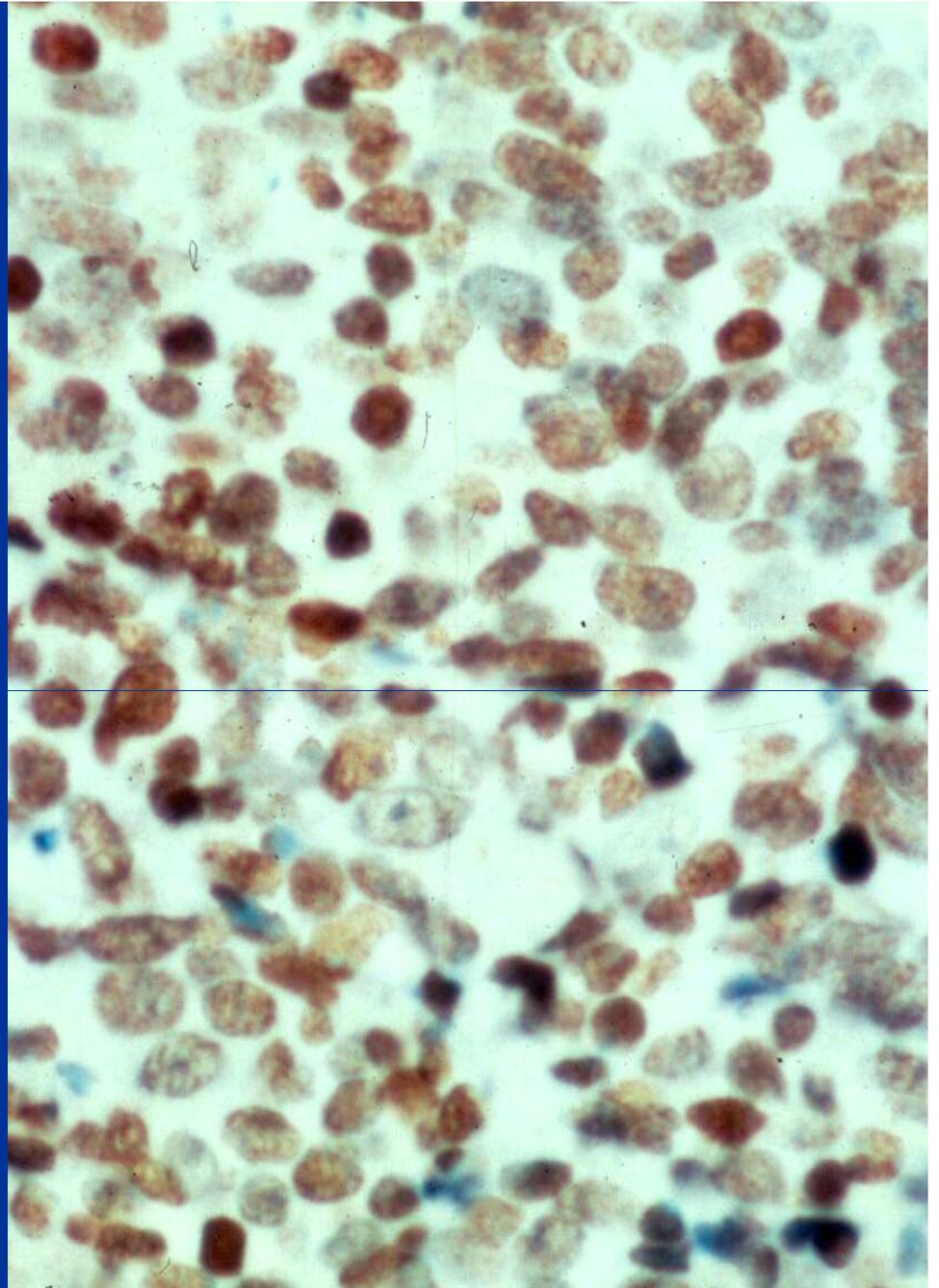
# IMMUNOHISTOCHEMICAL DETECTION OF TTF-1 IN LUNG TUMORS

Adenocarcinoma	72.5%
Squamous carcinoma	10%
Large cell carcinoma	25.8%
Large cell neuroendocrine carcinoma	75.0%
Typical carcinoid	30.5%
Atypical carcinoid	100%
Small cell carcinoma	94.1%
Alveolar adenoma	100%

Ordonez, N., *Adv Anat Path* 7:124, 2000



**TTF-1 + / Adeno CA**



**TTF-1 + / Small Cell CA**

# NUCLEAR TRANSCRIPTION FACTOR ANTIBODIES

- MyoD1 and Myogenin - Skeletal Muscle
- TTF-1 - Lung and Thyroid
- CDX2 – Intestinal
- Microphthalmia transcription factor (MITF)
  - Melanoma
- WT1- Serous CA, Mesothelial
- Pax8/Pax2- Mullerian, Thyroid

Advantages - All or none positive; no false positive, cytoplasmic positive due to biotin, etc.; not related to differentiation

# Hormone Receptor Expressions in Carcinomas

---

**ER and/or PR Positive  
Carcinomas (Subset)**

**ER and/or PR Negative  
Carcinomas**

---

**Breast, Ovarian, Endometrial**

**Lung non-small cell (antibody  
dependent)**

**Cervical**

**Colorectal**

**Skin sweat gland**

**Hepatocellular**

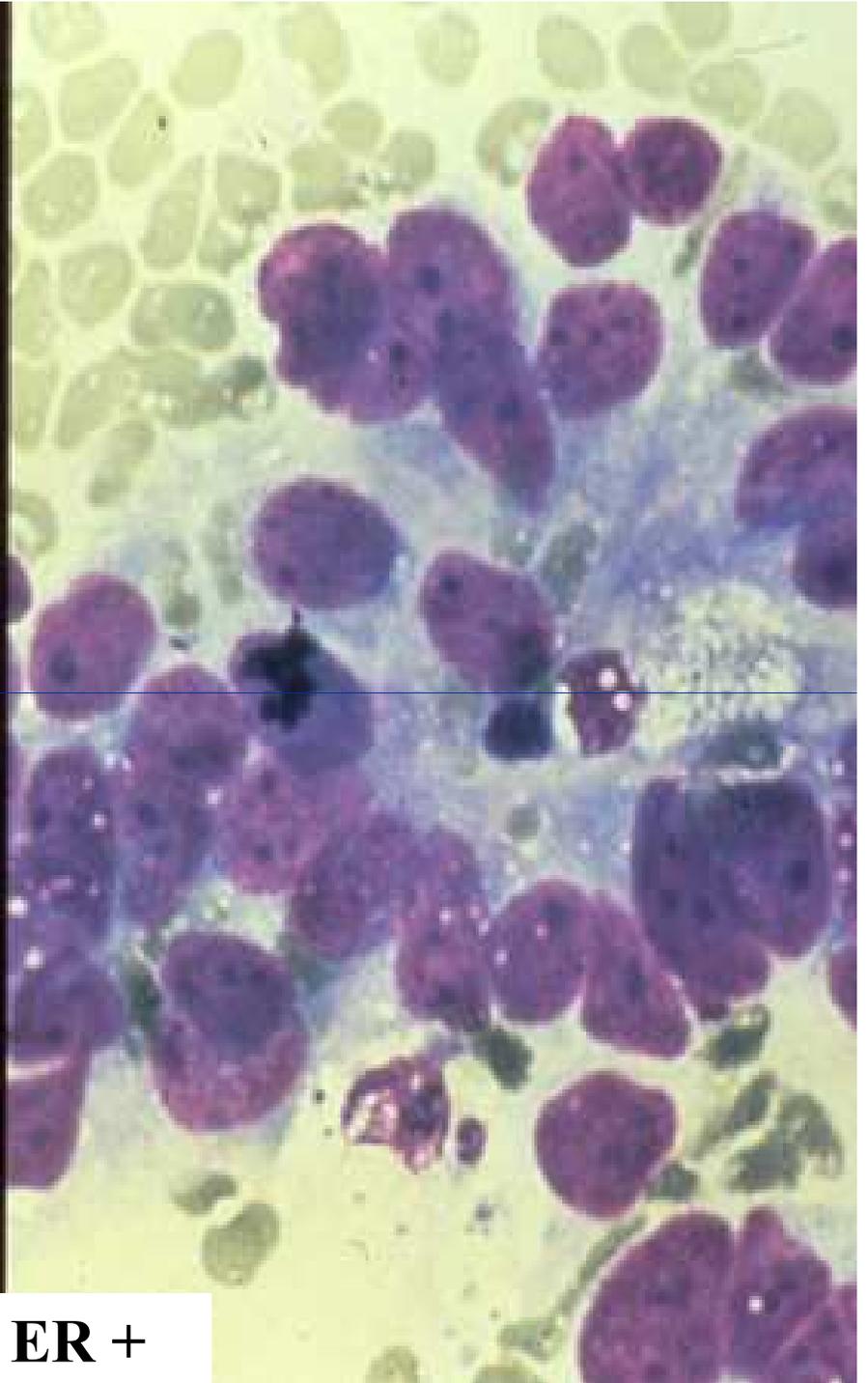
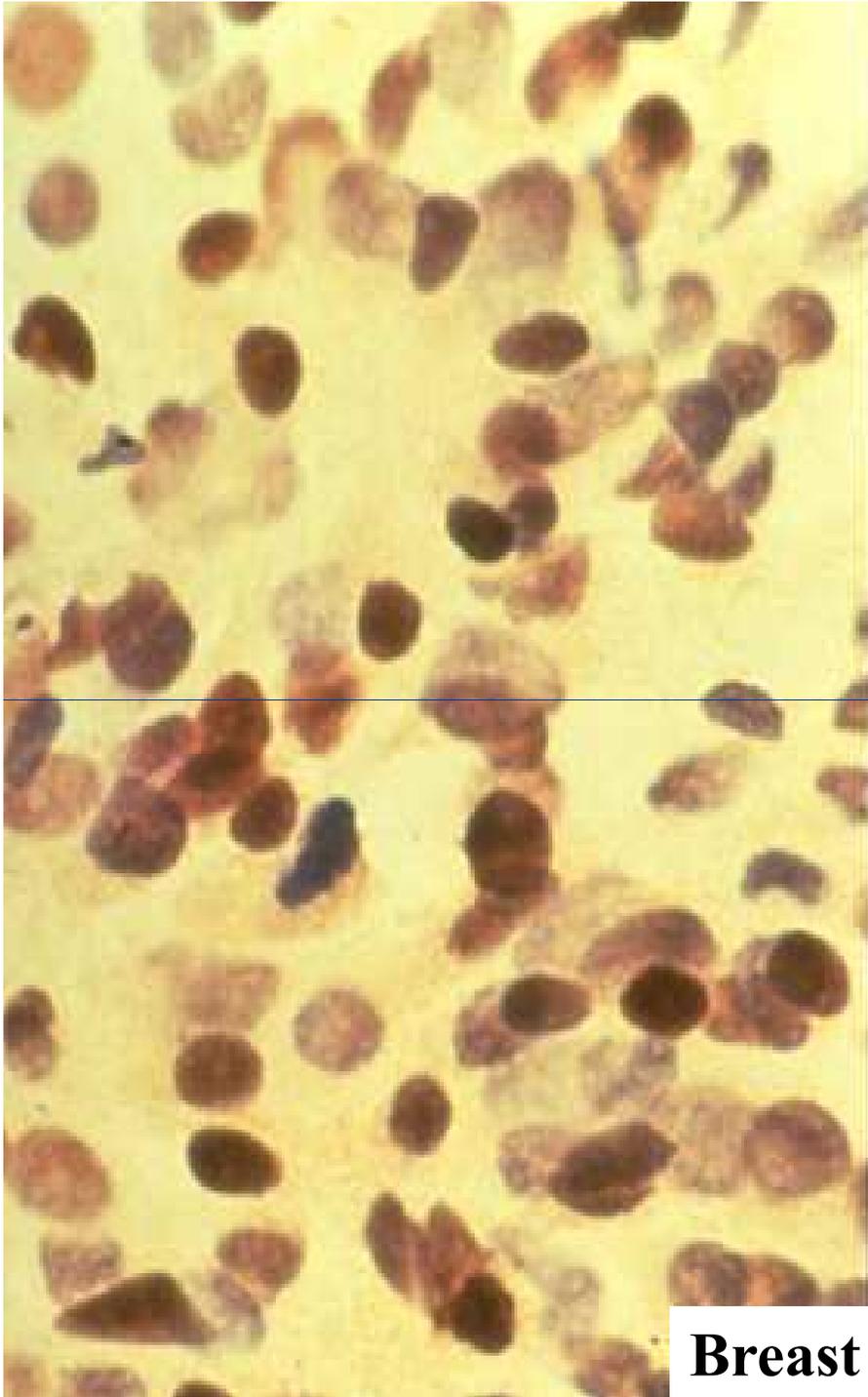
**Thyroid**

**Neuroendocrine**

**(e.g., carcinoid)**

---

**ER = estrogen receptors; PR = progesterone receptors**



**Breast CA / ER +**

# IHC Panel for the Workup of METS

## X known Primary

- Cytokeratins: CAM 5.2, CK7, CK20, PAN CK, AE1/3, CK 5/6
- EMA, CEA
- S-100, HMB-45, etc.
- LCA, etc.
- Specific-PSA, Thyroglobulin, TTF-1, GCDFP-15, inhibin, Hep par 1, CDX-2
- NE markers-NSE, Synatophysin, CD56, Chromogranin, MAP-2, etc.
- Germ Cell-CK, PLAP, Oct 3/4, CD30, C-kit
- Hormonal (ER/PR)

# IHC WORKUP OF UNDIFFERENTIATED/POORLY DIFFERENTIATED MALIGNANCY

	<b>AE-1/3</b>	<b>CD – 45</b>	<b>S-100</b>	<b>PLAP</b>	<i>Additional markers</i>
<b>Carcinoma</b>	+	-	+ -	-	<b>Differential keratins, EMA</b>
<b>Melanoma</b>	-	-	+	-	<b>HMB 45, Melan A</b>
<b>Lymphoma</b>	-	+	-	-	<b>CD 20, CD 3, CD 30 etc</b>
<b>Germ cell tumor</b>	- +	-	-	+	<b>EMA, OCT-4, CD-30</b>

# Clinical Patterns of Metastasis

# FNA Workup of MUP

## *A Clinico-pathologic approach*

1. Cytomorphologic features
2. Ancillary studies: IHC
3. Clinical patterns of metastases
  - Common metastatic sites
  - Uncommon metastatic sites

# Metastatic Malignancies

- Determination of primary site is facilitated by familiarity with cytologic features of the malignancy and selected use of ICC
- Still, a primary site may not be determined because of non-specific cytologic & IHC features, or an atypical pattern of dissemination

# Patterns of Metastases

- Usual patterns of METS to common sites : lung, lymph nodes, liver
- Cancer may occasionally metastasize to unusual sites: breast, spleen, pancreas
- This unpredictable pattern of METS may pose diagnostic problems for clinicians and pathologists → misdiagnosis as a primary neoplasm
- Familiarity with variable patterns of metastasis → a more specific diagnosis

# Initial Sites of Metastasis

- Parallel natural drainage pathways of primary malignancy, i.e. related to anatomic location of tumor
- Lymphatic: regional lymph nodes
  - head & neck, cervix, melanoma
- Vascular: venous pathways
  - head & neck, bone, kidney → lung
  - pancreas, stomach, colon → liver
  - prostate → axial skeleton via paravertebral veins

# Common Sites of Metastasis

- Most common sites of metastasis:
  - Lymph nodes
  - lung
  - large bones
  - liver
- Most common primary sites of MUP:
  - Lung
  - Pancreas
  - Colon
  - Liver
  - stomach

## *Reyes 1998, FNA of 116 MUP*

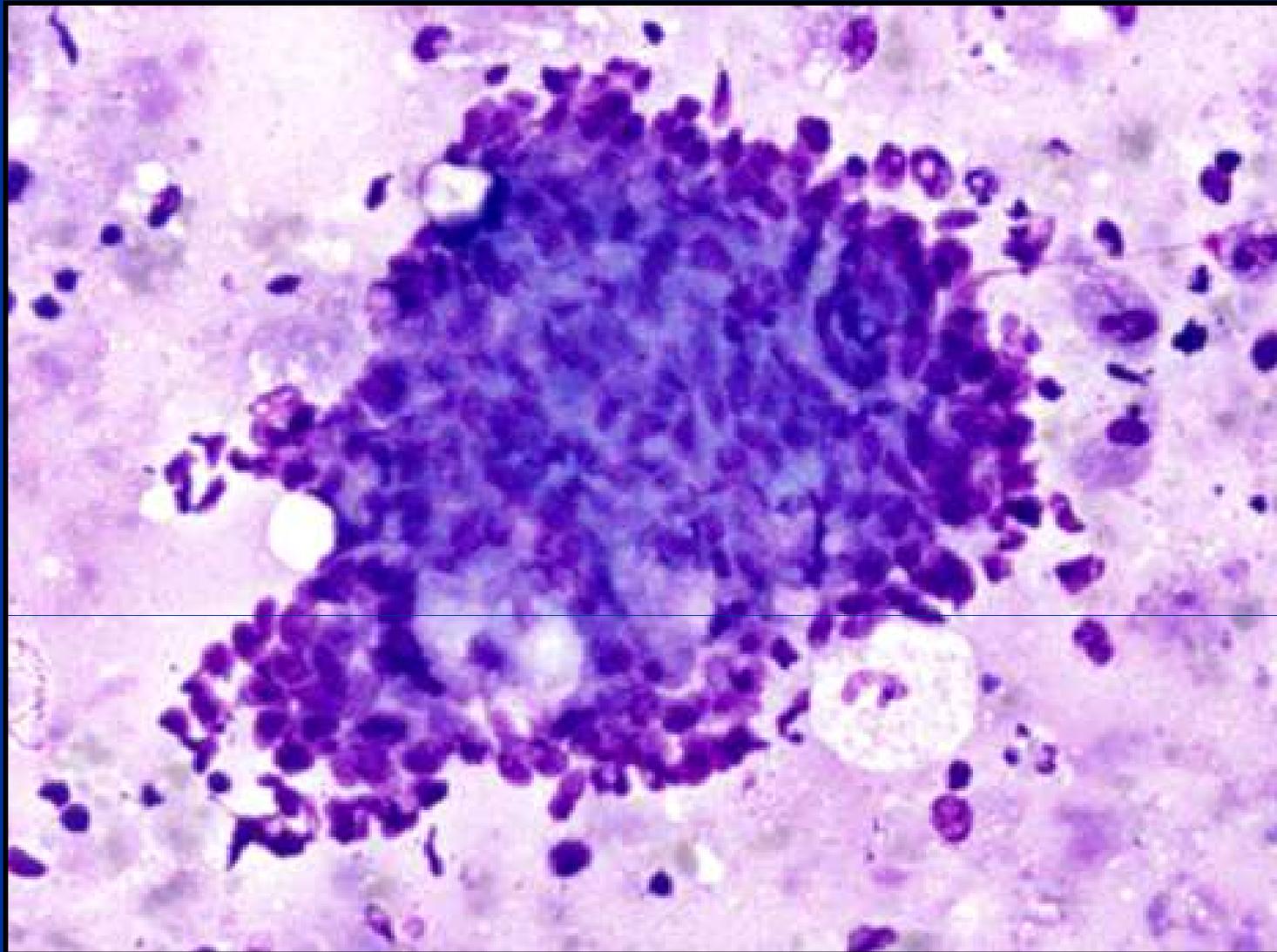
- Most common sites of metastasis
  - Lymph nodes
  - liver
- Most common primary sources
  - Lung
  - Prostate
  - Kidney
  - colon

# Lymph Nodes

- Most common site for metastasis
- Diagnostic accuracy for metastatic carcinoma is 82-99%
- Knowledge of exact location of involved lymph node is of prime importance

# Lymph Node Metastasis

Lymph nodes	Common/Probable primary site or malignancy
Cervical	Head and neck, lung, melanoma, breast
Right supraclavicular	Lung, breast, lymphoma
Left supraclavicular	Lung, breast, cervix, prostate, lymphoma
Axillary	Breast, lung, arm, regional trunk, GI tract
Inguinal	Melanoma, trunk, leg, vulva, prostate, anorectal, bladder



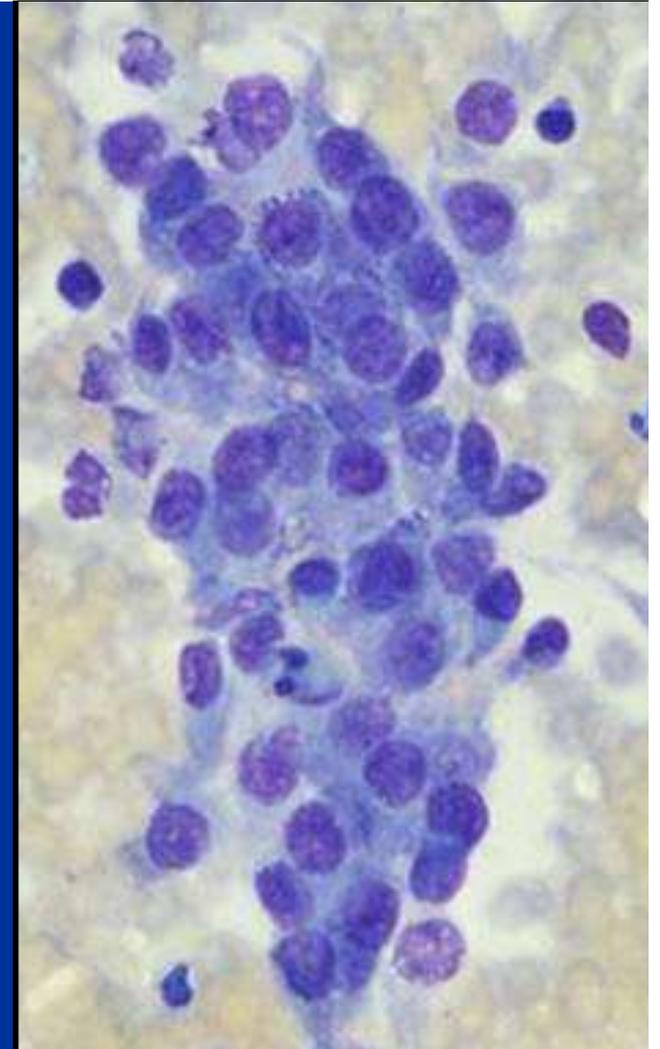
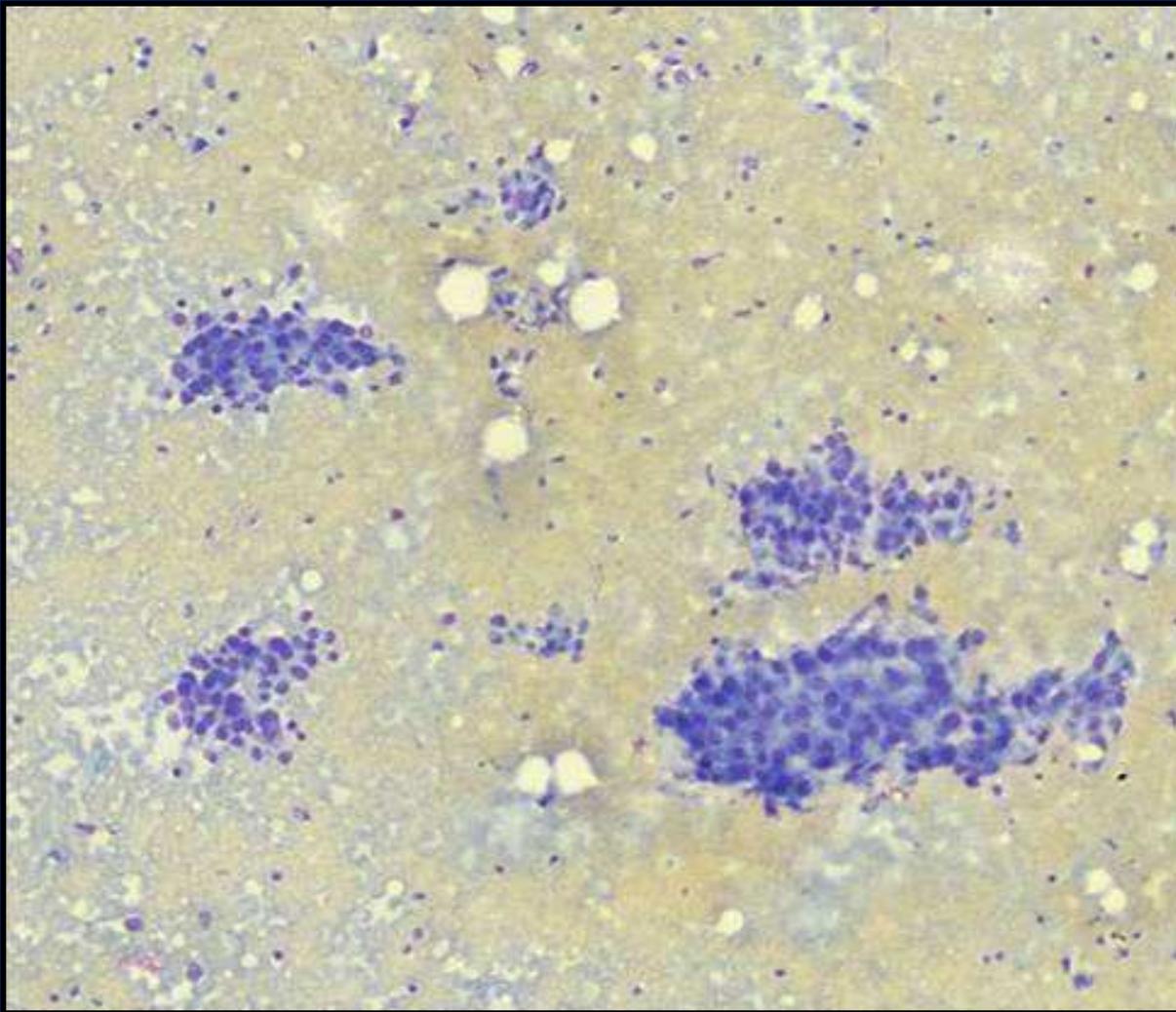
- Metastatic basaloid squamous cell carcinoma to upper cervical lymph node
- Hypopharyngeal primary was found

# METS to Cervical Lymph Nodes

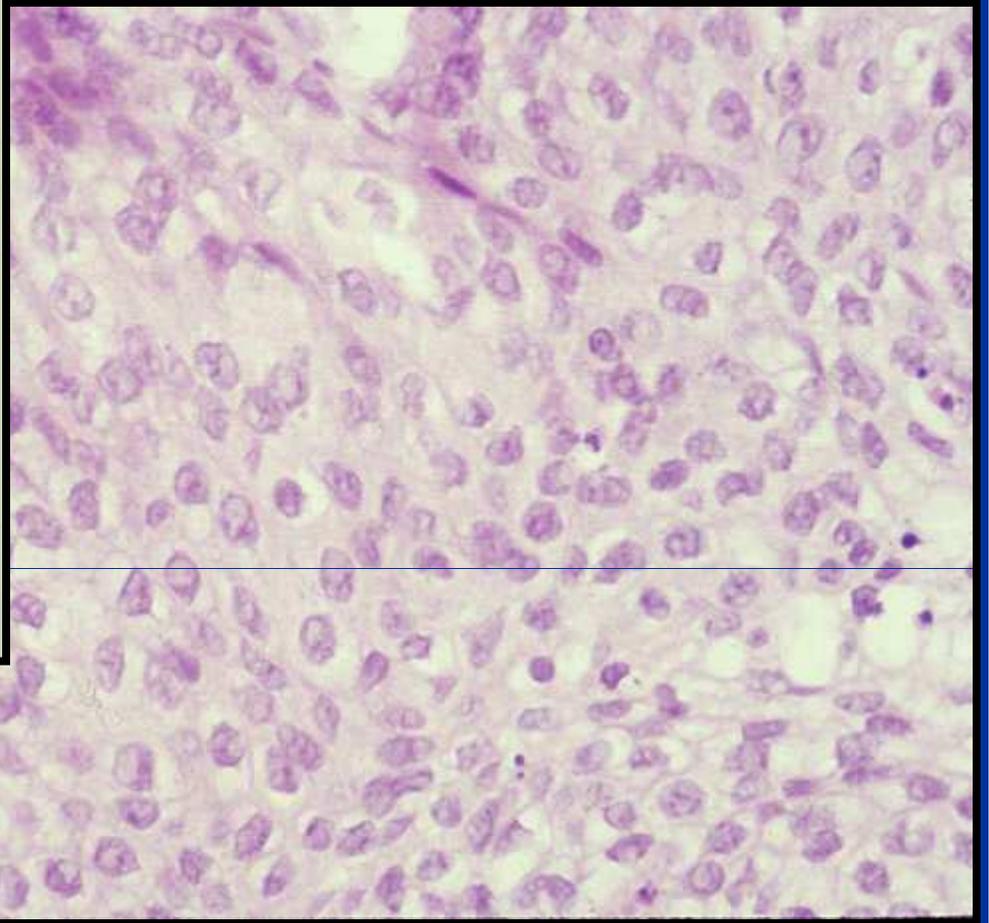
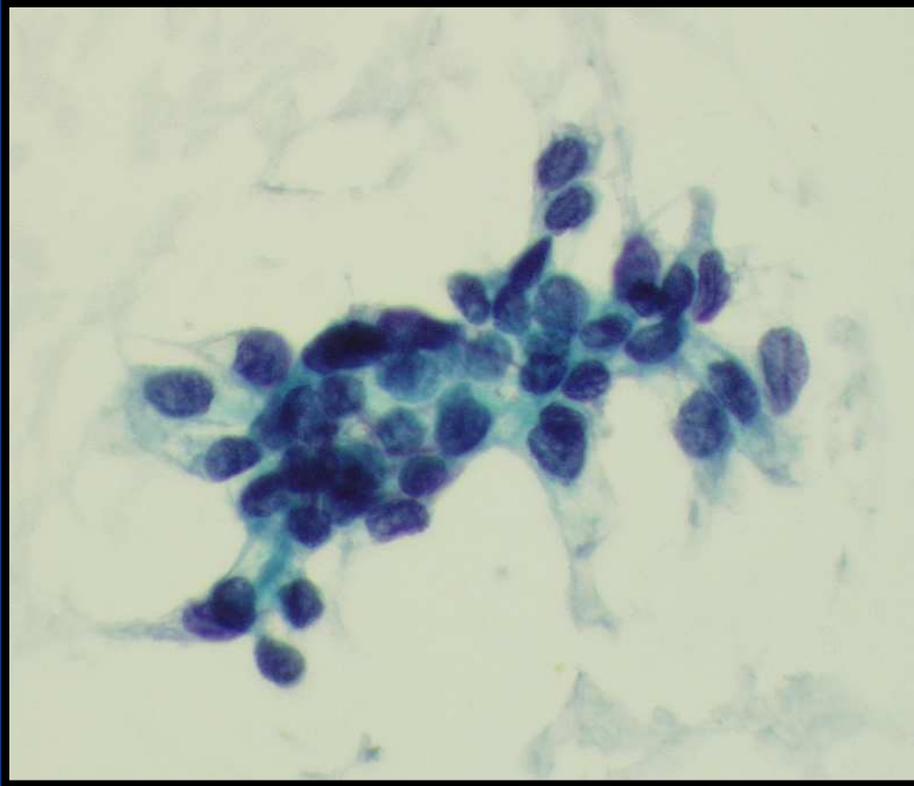
- Head & neck squamous CA , melanoma : most common
- Adenocarcinoma
  - Primaries arising in supra-clavicular organs
    - Thyroid
    - Salivary glands
  - Primaries arising in infra-clavicular organs
    - Lung
    - GI tract
    - Breast
    - Ovary
    - Prostate

# Supraclavicular Lymph Nodes

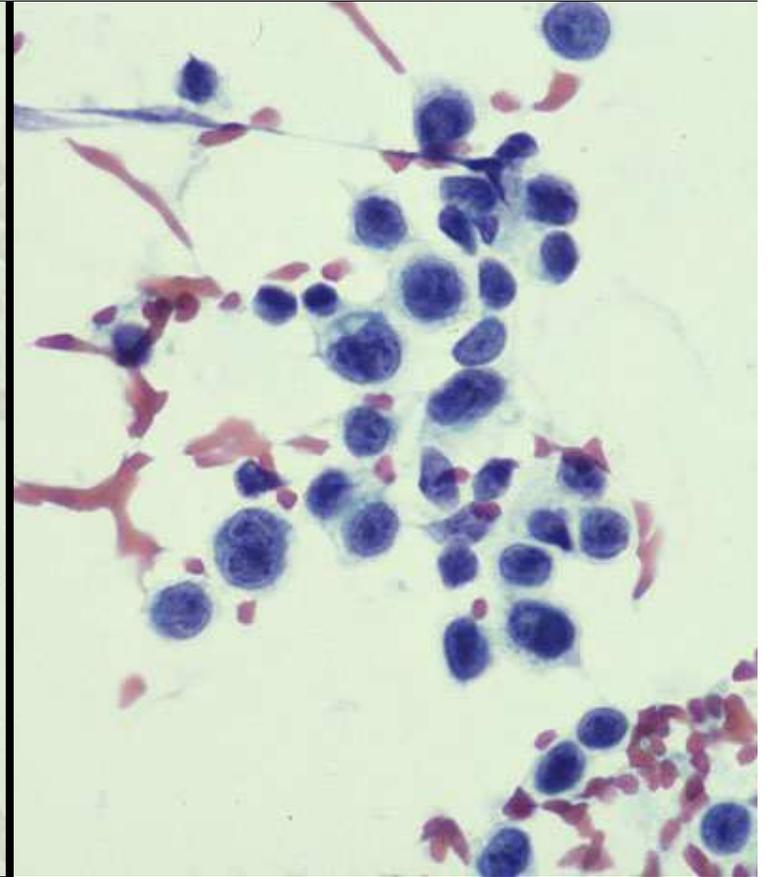
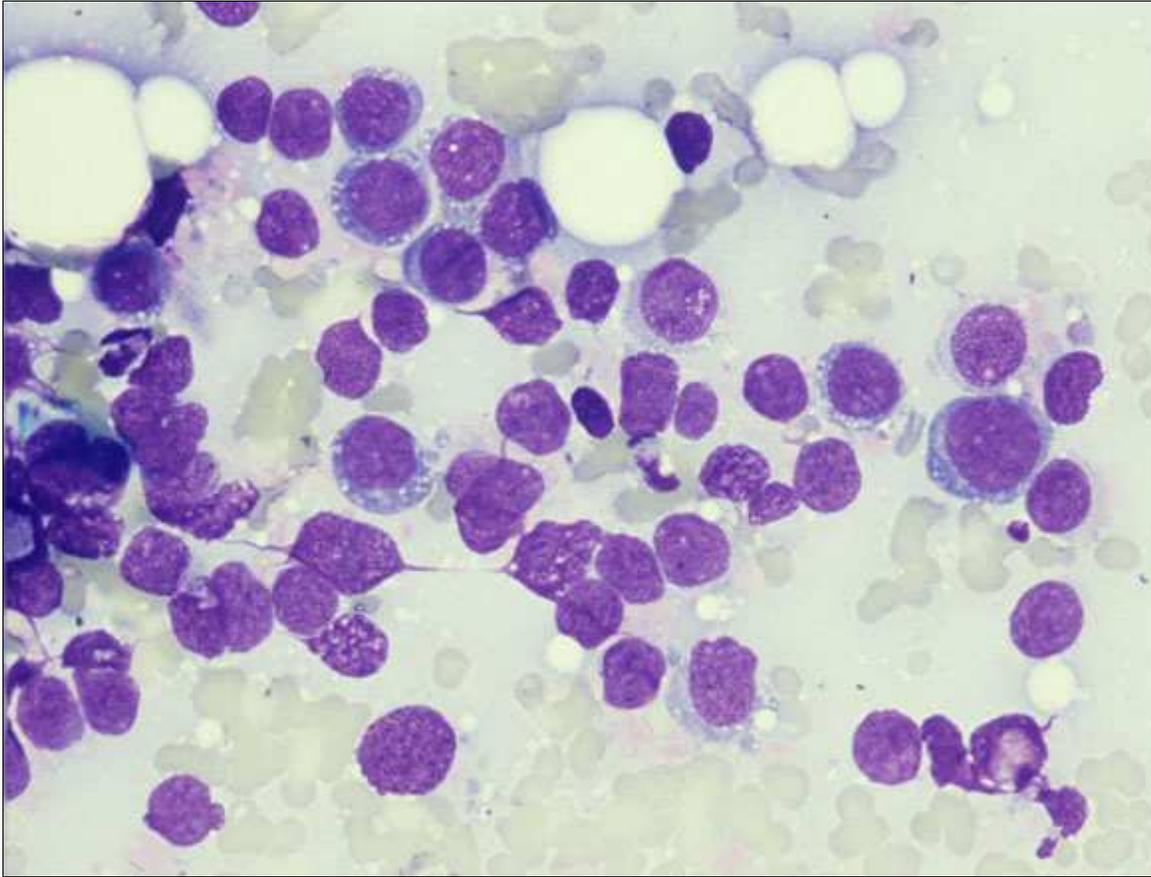
- Primary sites involving left SCLN (*Virchow's Node*) are different from those involving right SCLN
- *Cervin et al 1995*, FNA of 96 SCLN
  - Pelvic (16/19) & abdominal (6/6) malignancies → LSCLN
  - Thorax, breast, head/neck → no difference in metastatic pattern to LSCLN or RSCLN
  - Most common primaries: lung/breast > pelvis/testis > abdomen



**Case 7.** FNA biopsy of left supraclavicular lymph node. The patient is a 65 year old man with a remote previous history of malignancy

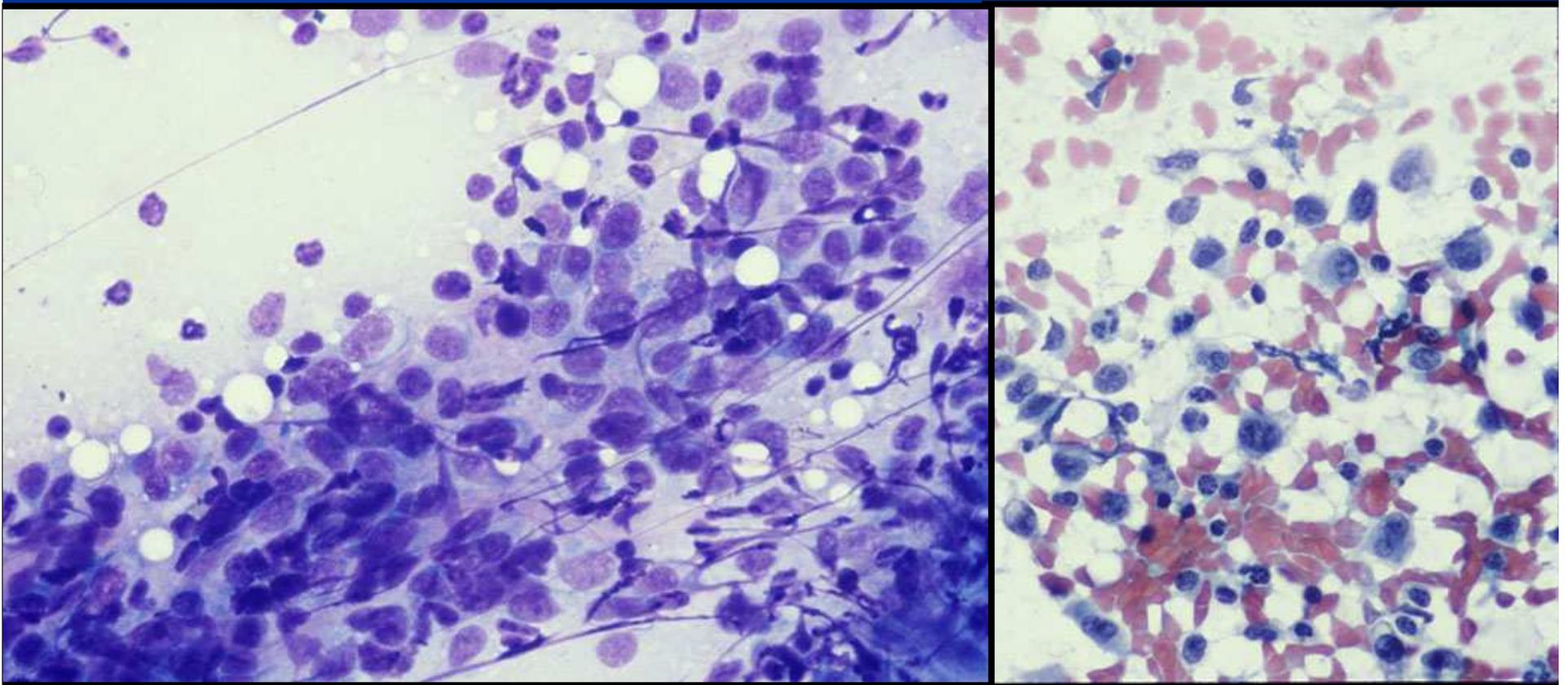


**Diagnosis:** Metastatic urothelial carcinoma. The patient had a previous history of bladder CA



- PD carcinoma may mimic lymphoma
- Diff Dx: large cell lymphoma, neuroendocrine CA, melanoma

**Dx: Metastatic large cell CA, lung 1°, involving cervical lymph node**

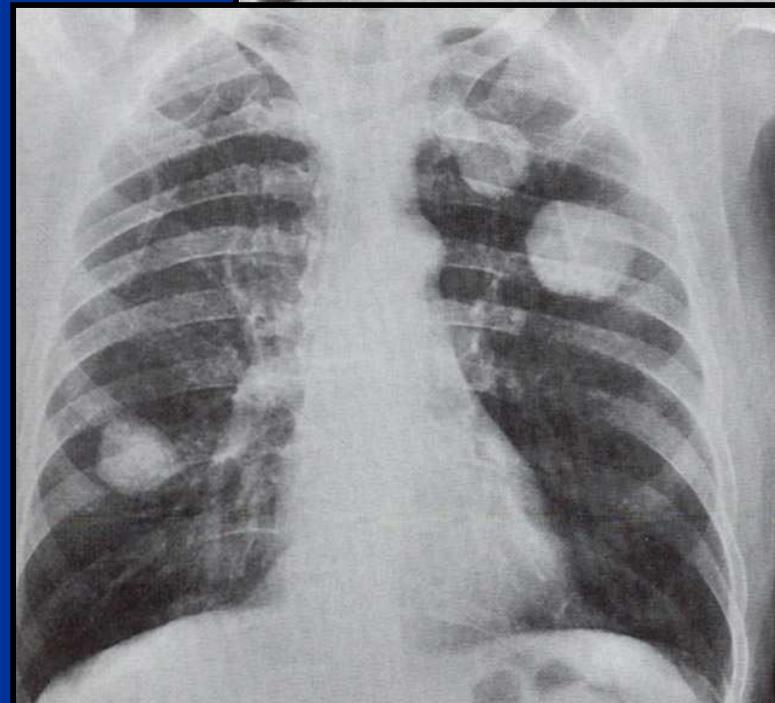
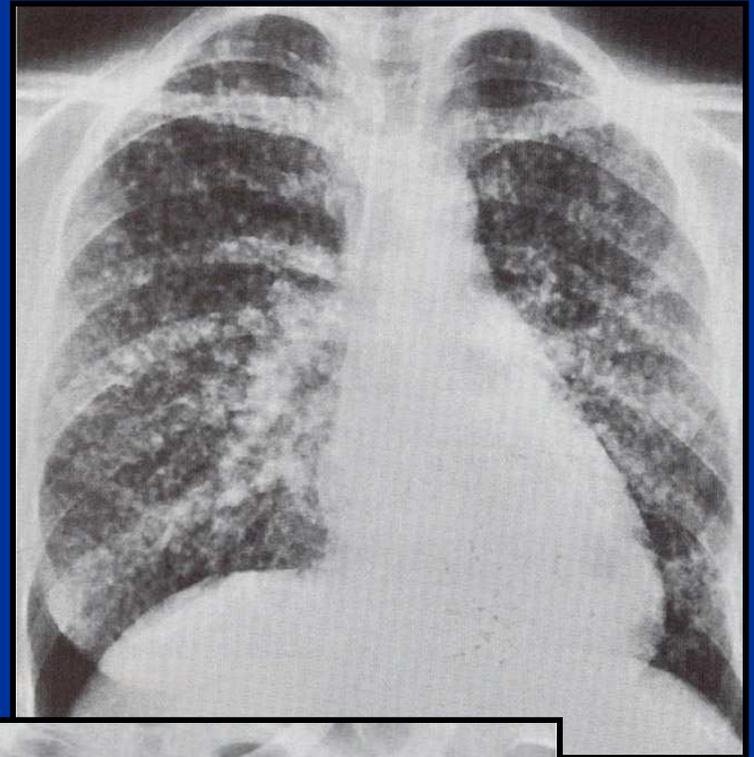


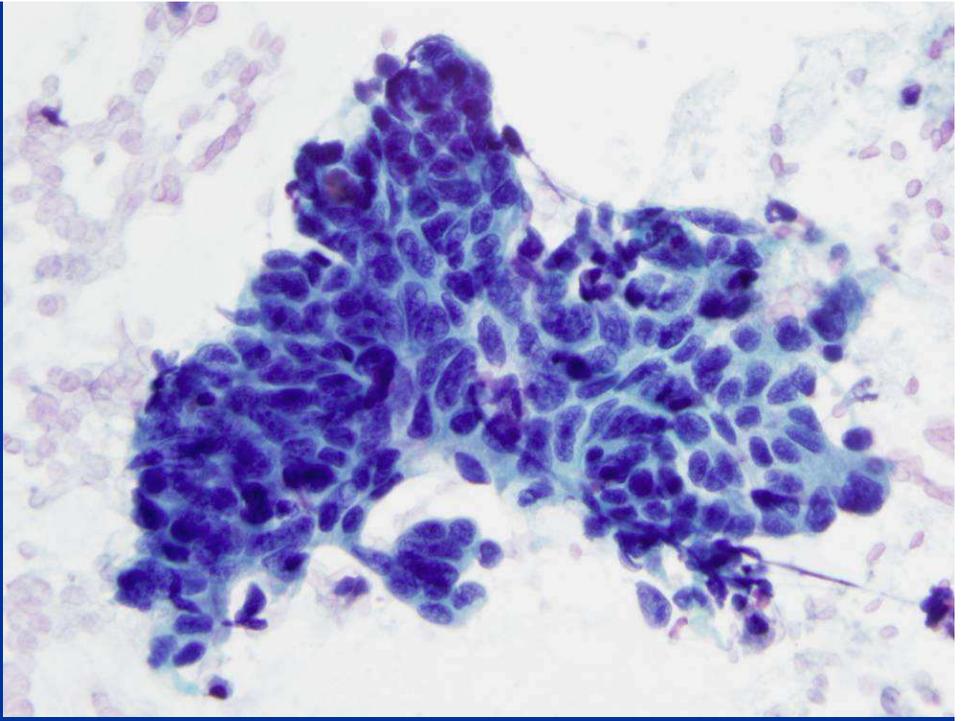
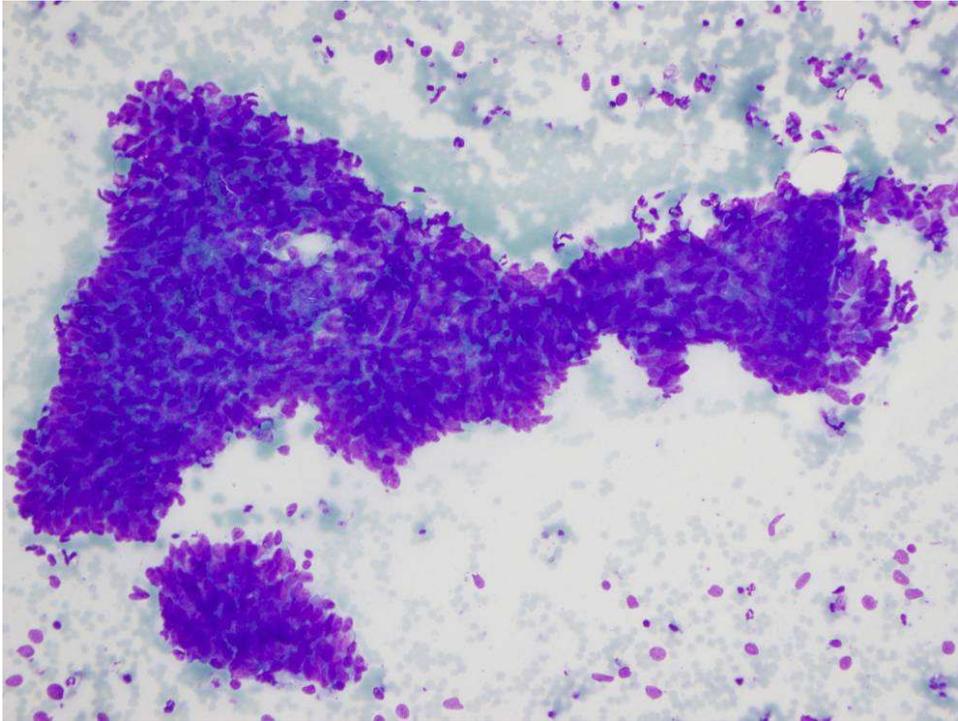
- Lymphoma may mimic carcinoma

**DX: Anaplastic large cell lymphoma (Ki-1),  
involving RSCLN**

# Lung Metastases

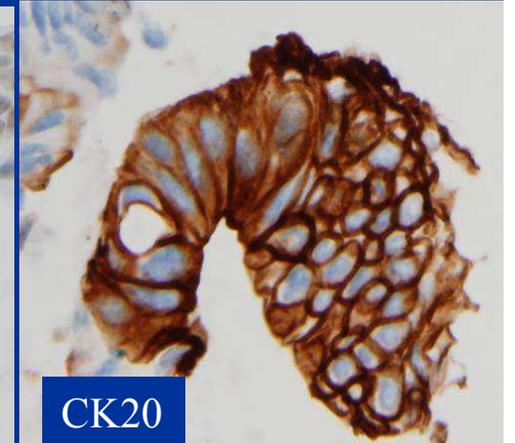
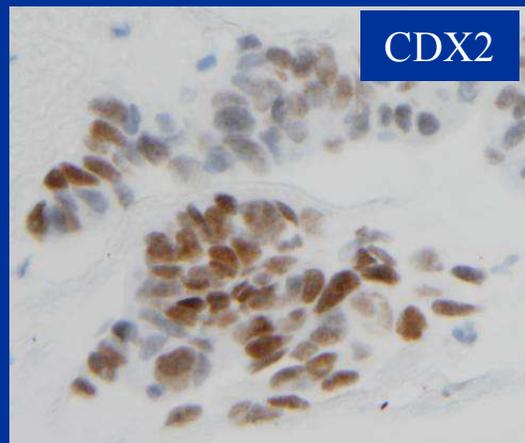
- Breast, GIT- common
- Any malignancy → lung
- Multiple nodules, most commonly
  - *Miliary*:
    - Melanoma, kidney, ovary, thyroid medullary CA
  - *Cannon ball*:
    - Sarcoma, kidney, melanoma, colorectal CA





*Multiple lung nodules (cannon ball) in 49 yr old woman.  
No previous malig.*

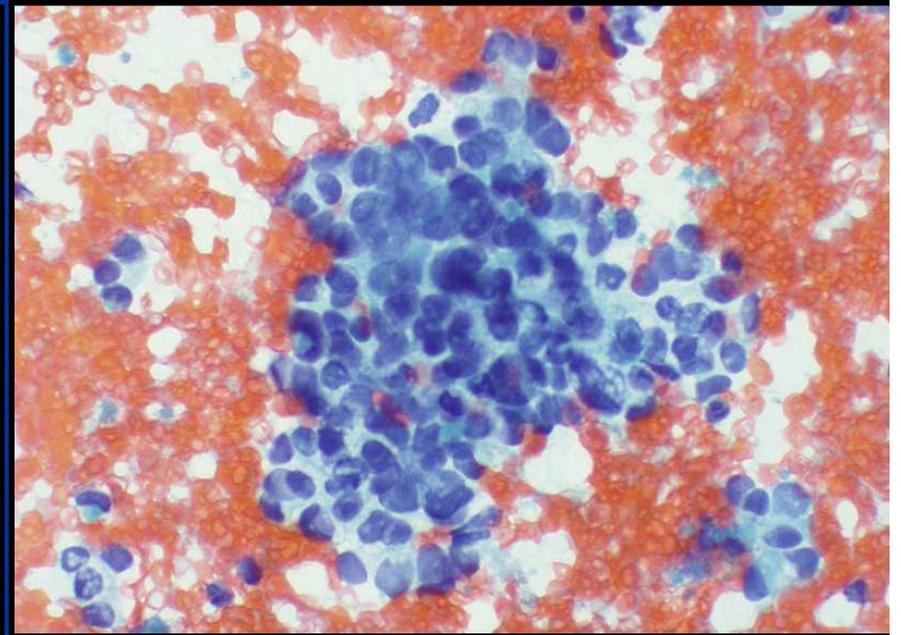
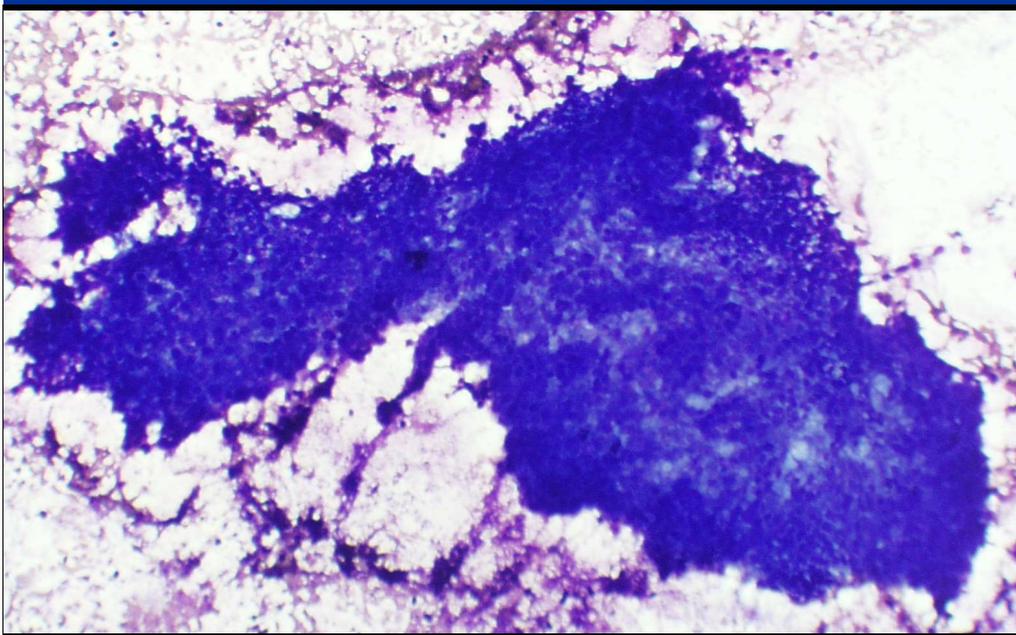
- CK7-, CK20+
- CDX2+, TTF1-



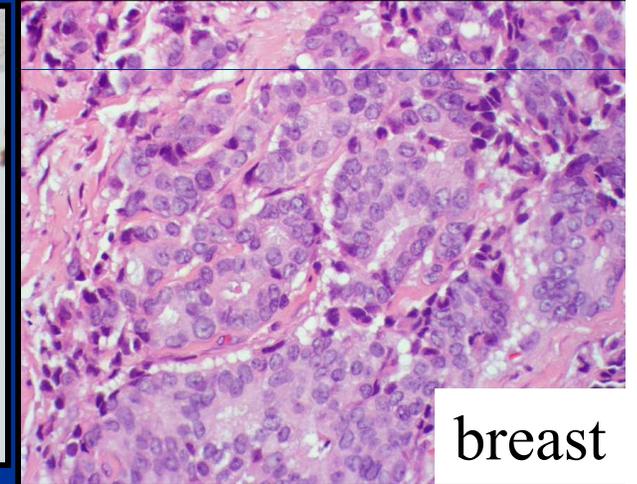
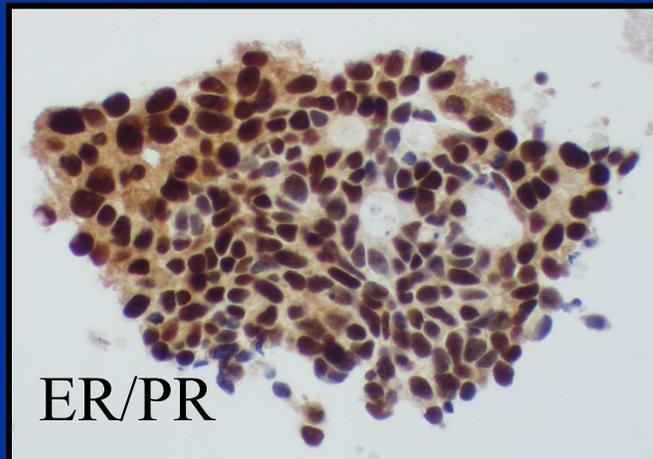
**DX: Metastatic adeno CA c/w colon 1°**

## Lung Metastases (cont.)

- Diffuse infiltrate or solitary coin lesion (more problematic) → rule out primary lung carcinoma
- Diffuse (6-8 % of pulmonary mets):
  - Lung, breast, GI tract, pancreas
- Solitary MET (3-9 % of all solitary pulmonary nodules):
  - Melanoma, breast, colon, kidney, sarcoma, non-seminomatous GCT
- FNA sensitivity =89%, specificity =96%

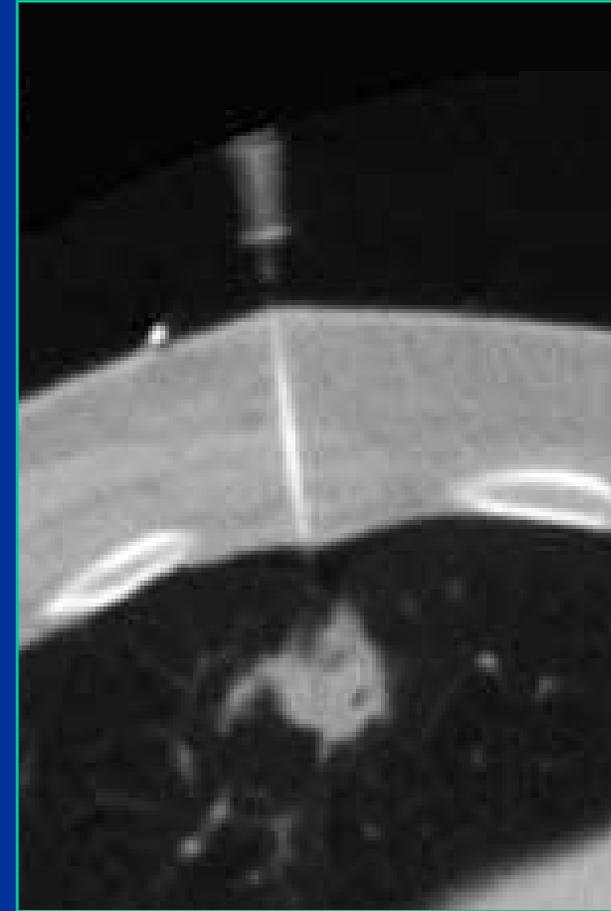
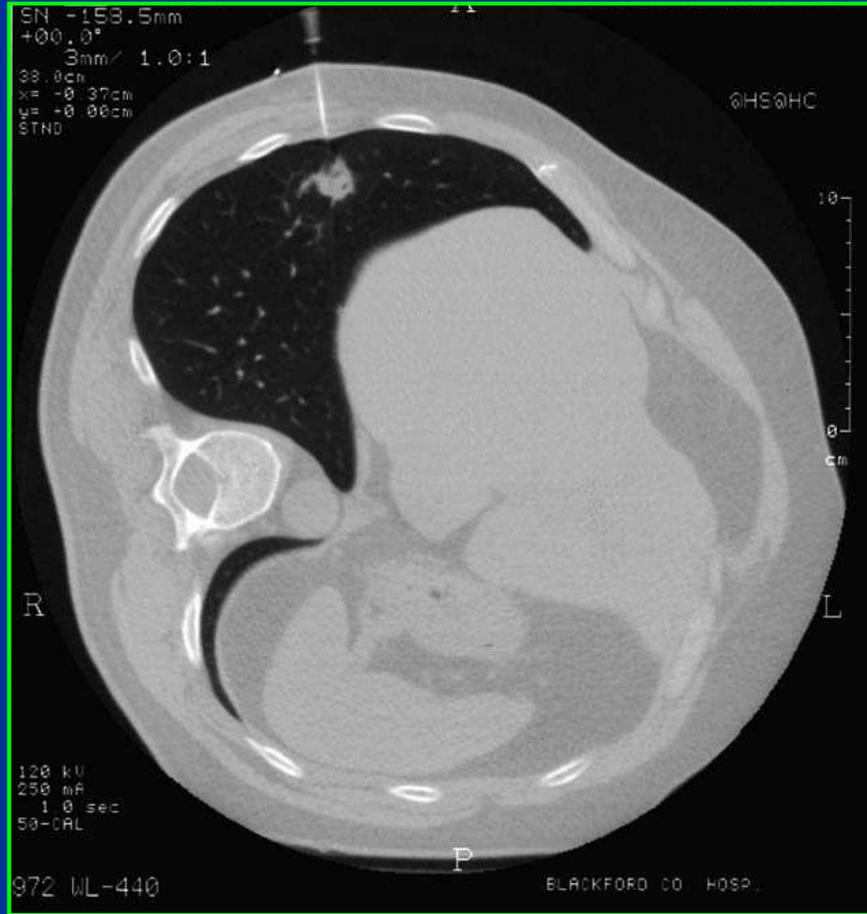


- *Solitary lung mass, 68y F*
- *Hx breast ca X 1 month, SBR I, 0/18 nodes*

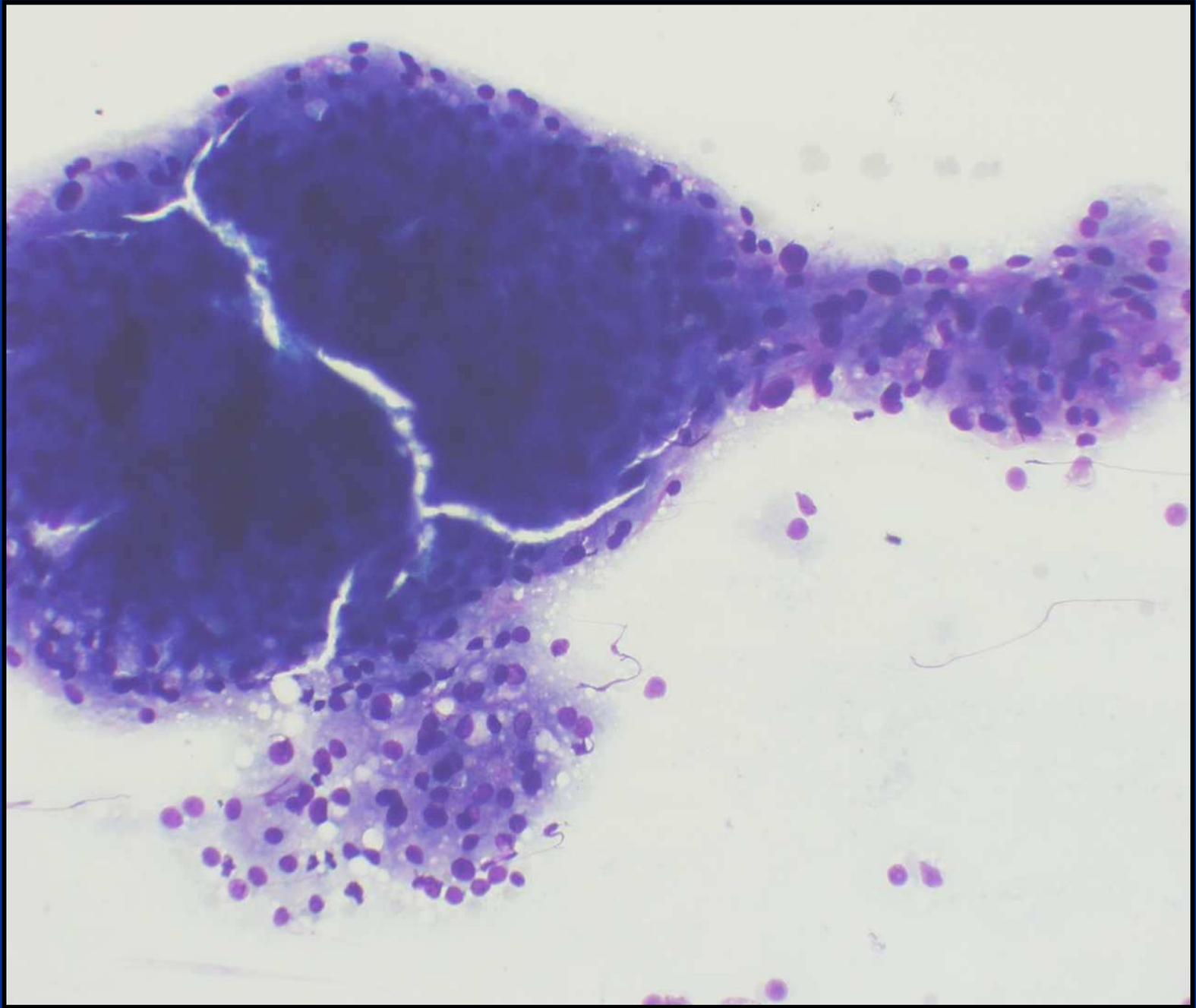


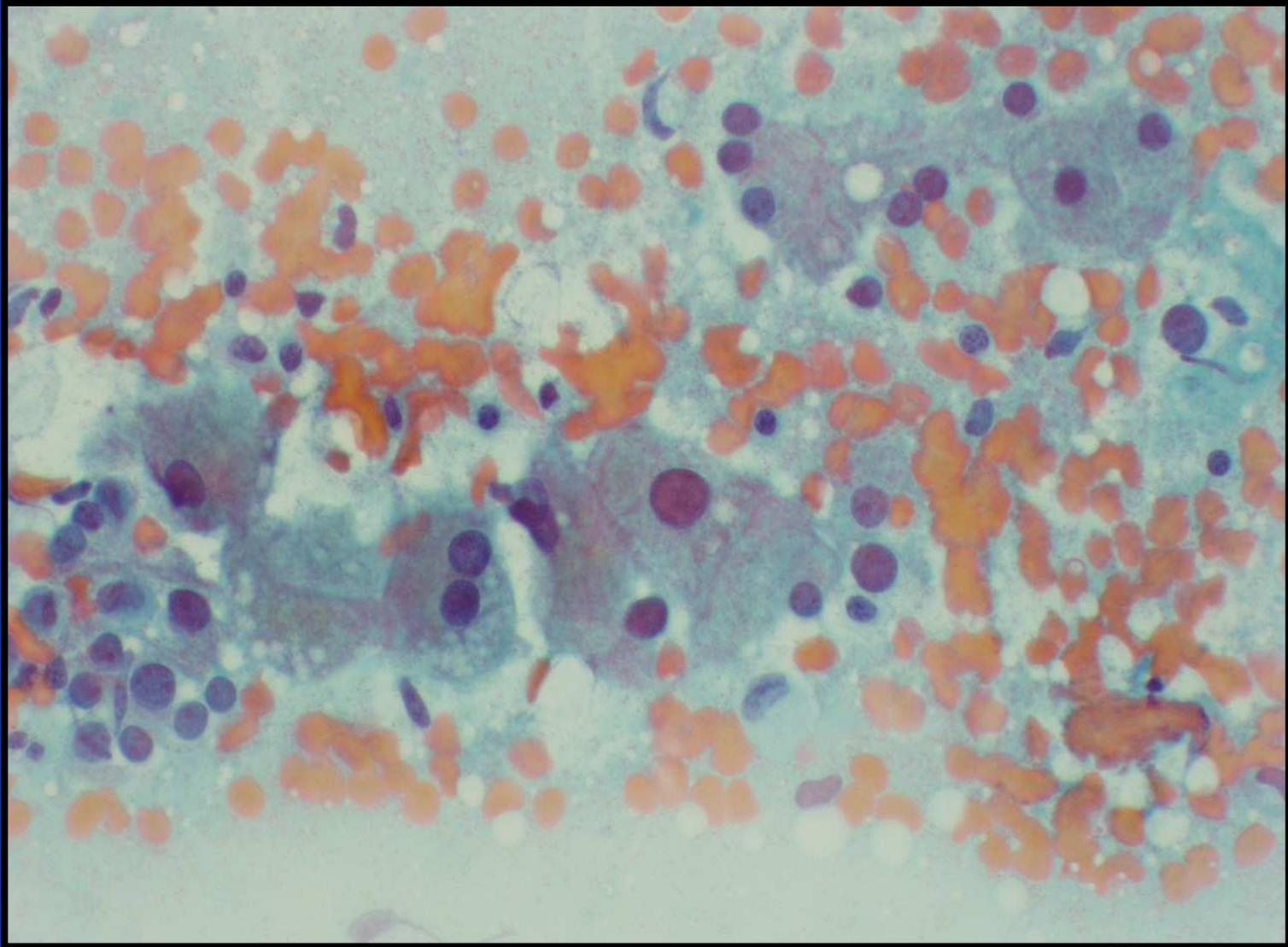
- IHC: CK 7+, CK 20-, TTF1-, ER+, PR+
- Diagnosis: Metastatic breast ca**

# Lung



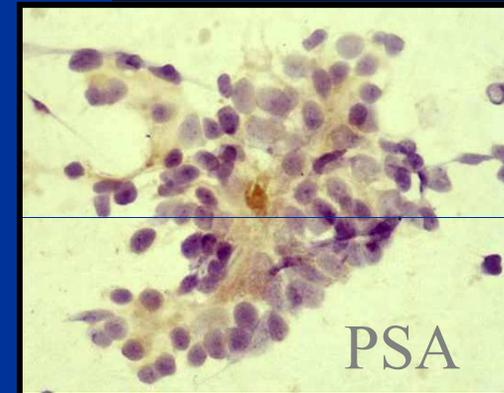
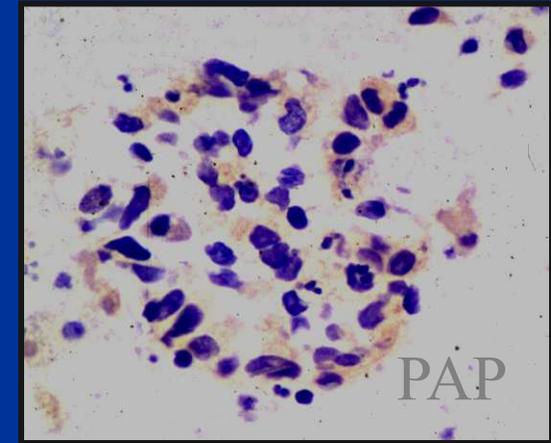
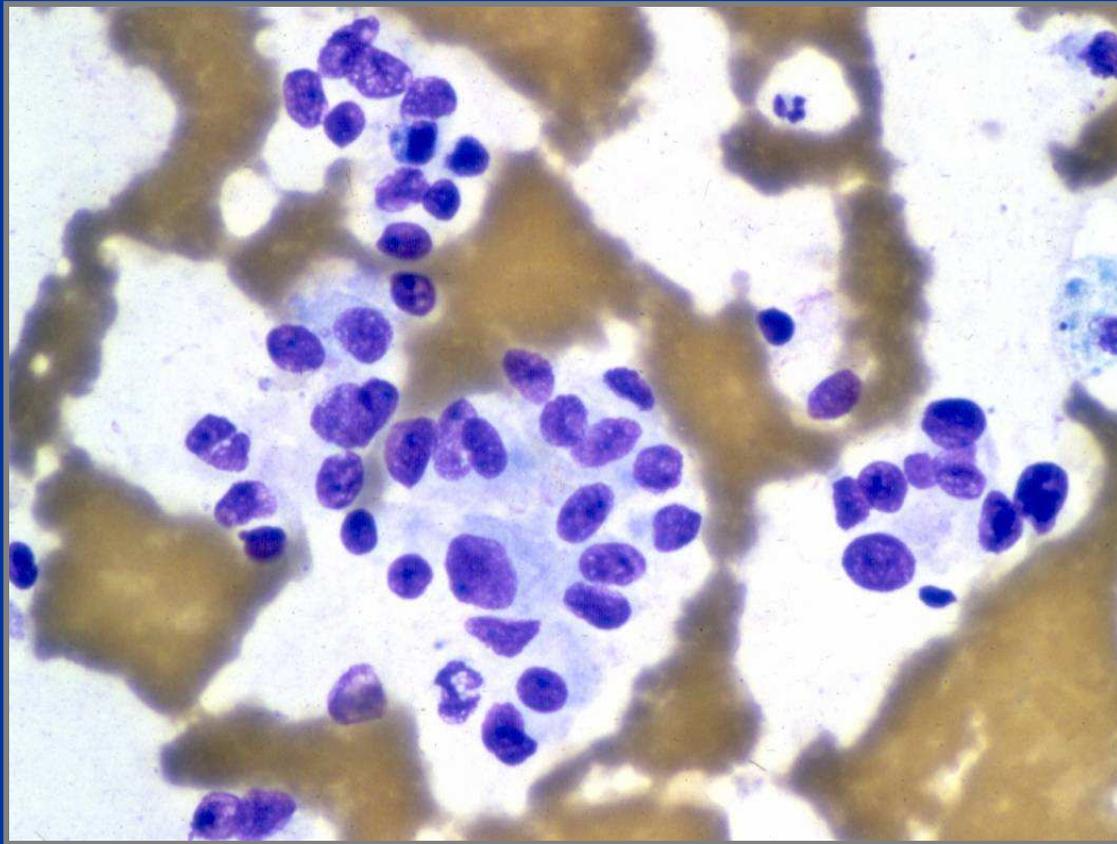
53 year old male presented with a solitary 3 cm lung mass. Patient also had an indistinct kidney mass





- FNA of right lower lobe lung masses may also inadvertently sample benign liver tissue

# Lung



- Multiple lung nodules, 76 y M
- No previous hx of malignancy

5-10% of PD prostate CA either PSA- or PAP-  
(best to use both)

# Unusual Sites of Metastasis

- Include breast, thyroid, pancreas, kidney, small bones, eye, spleen
- Uncommonly encountered
- May pose diagnostic difficulties and lead to confusion with primary neoplasms arising in these sites

# Mechanisms of Metastasis to Unusual Sites

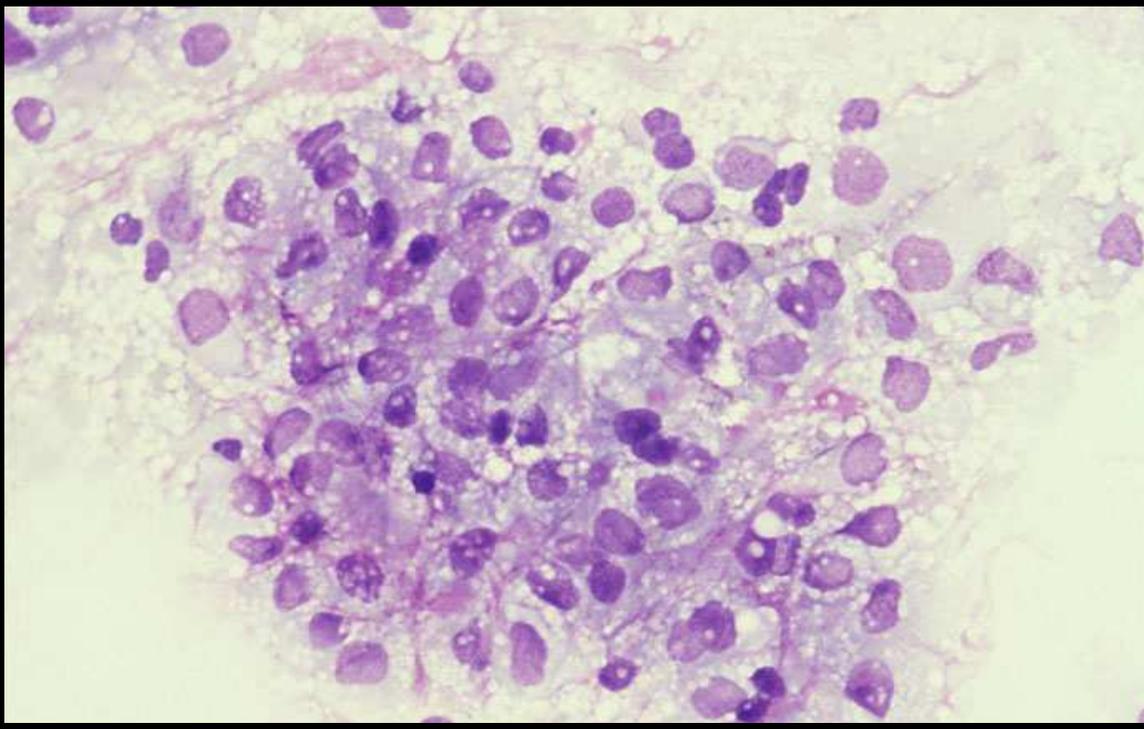
- Initial sites of metastasis → lymph nodes or venous (lung, liver)
- Subsequent (2°) widespread dissemination from initial metastatic site via arterial system  
→ brain, endocrine glands, small bones, spleen

# METS to Thyroid

- Unusual site of involvement in clinical practice; although autopsy series report 2-26% of patients with malignancy
- Solitary mass or multiple small nodules
- Direct extension – head & neck squamous cell CA, adenoid cystic CA
- Kidney > colon, lung, breast > melanoma

## METS to Thyroid (2)

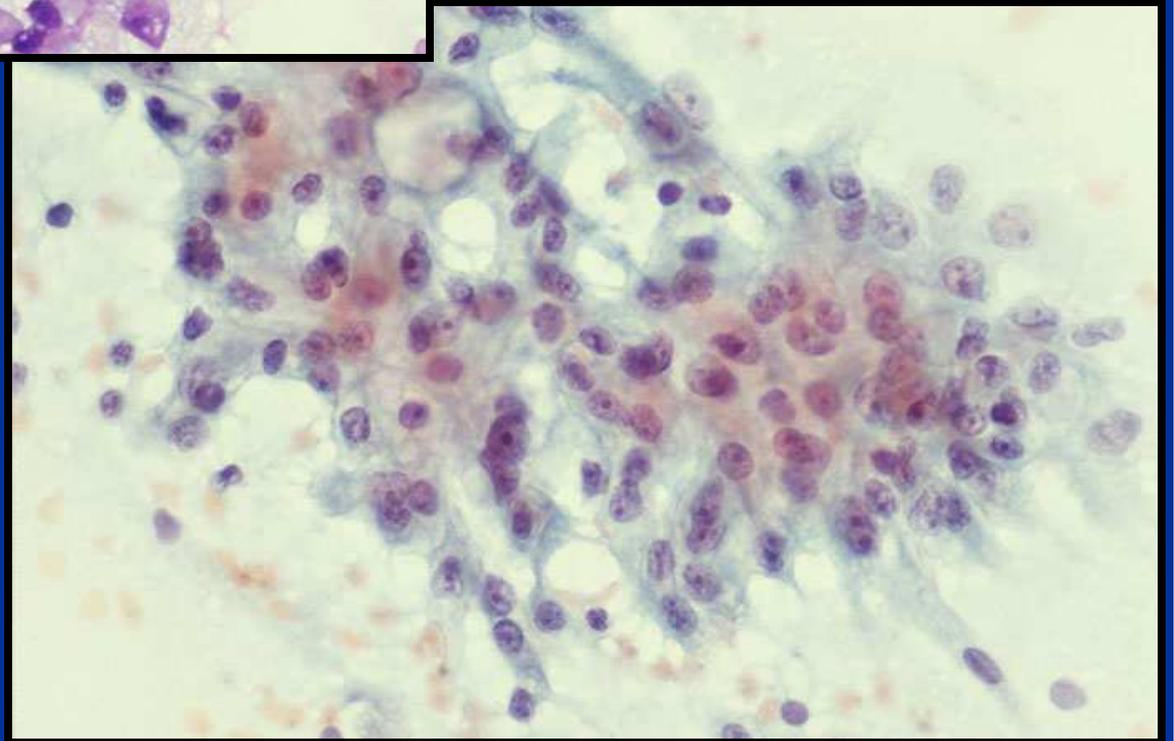
- Alien cytology
- Differential diagnosis:
  - Renal CC, clear cell type vs. thyroid CA with clear cells
  - RCC, granular type vs. Hurthle cell neoplasm
    - *RCA, TTF-1, thyroglobulin*
  - Plasmacytoma + amyloid vs. Medullary CA (*EMA, kappa/lambda, Calcitonin, CEA*)
- Dx of metastasis may prevent inappropriate thyroidectomy



*FNA right thyroid nodule,  
76 year old female.*

Patient had previous Hx  
of malignancy X 15 yrs

•Diagnosis: Metastatic  
Renal cell CA



# Summary

## Cytopathologic Workup of MUP

- Clinico-pathologic approach
  1. Cytomorphologic patterns
    - Cell lineage: adenoca, squamous, etc.
    - Cytomorphologic classification: small cell, large cell, etc.
  2. Ancillary studies – IHC
  3. Clinical patterns of metastasis
    - Common metastatic sites
    - Uncommon metastatic sites

# Gene Expression Profiling in MUP

- Confirm existing suspicions or provide new info?
  - High agreement with already available CP data
    - ? superiority to IHC + clinical info in unresolved cases: *not helpful (Personal experience w AviaraDx)*
    - Cost: \$ 3,350 - 3,750
- Prospective studies are needed to assess:
  - Effect on patient outcome
  - Which profiling methodology /gene panel is best?
- IHC remains crucial component of workup. GEP may play supportive role in unresolved cases.

Promising future

# General Principles Considered in Analysis of Suspected Metastasis

- Familiar with cytologic features of common malignancies originating in a primary site
- Unusual/alien cytology for a primary site
- Knowledge of common and unusual metastatic patterns of malignancies & possible diagnostic pitfalls
- Produce a potential short list of possible primary sites
- Cytomorphology and IHC can then help arrive at a more specific diagnosis

# General Principles Considered in Analysis of Suspected Metastasis (2)

- Clinical history of previous malignancy
- Review of previous pathology material
- Tissue confirmation in unresolved cases before definitive treatment